



Request for Proposals

Public Notice

Alta California Regional Center Community Placement Plan & Community Resource Development Plan

For Fiscal Year 2019-2020

NOTE. Due to the COVID-19 pandemic, ACRC will not schedule any in-person meetings, orientations, or interviews for this Request for Proposal (RFP) process. Please read this notice carefully as our process has been modified.

Alta California Regional Center (ACRC), serving individuals with developmental disabilities, has identified a need to develop a crisis intervention model within ACRC's catchment area (Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo, and Yuba) for ACRC clients who are at risk of losing their placement and may be placed in a higher, more restrictive level of care..

PROJECT DESCRIPTION

Alta California Regional Center (ACRC) is seeking a provider with expertise in supporting transition age youth with intellectual or developmental disabilities and co-occurring behavioral health needs, to pilot the START (Systemic, Therapeutic, Assessment, Resources and Treatment) services model developed by The Center for SMART Services (to learn more go to <https://www.centerforstartservices.org/about-us>) This model will be implemented in Sacramento and surrounding counties. Primary intervention in this model consists of strengthening the service system's ability to successfully engage individuals with IDD by focusing on quality of life, improving access to services, identifying gaps in the system, and improving competencies for all stakeholders. This model includes planning activities that focus on the individual enrolled in START services. Services include ongoing assessment of biopsychosocial factors contributing to challenges, a determination and assessment of strengths of the individual and team, systemic engagement and consultation, Cross Systems Crisis Prevention and Intervention planning, comprehensive service evaluations, clinical, medical and other interdisciplinary consultation and collaboration and all other planned clinical team activities. This model's Cross Systems Crisis Prevention and Intervention Plan, provides a road map to providing emergency response as well as working collaboratively across the system to address emergencies as they arise. This includes a 24 hour crisis response with emergency therapeutic supports as well as assisting individuals and teams with gaining access to other emergency safety net services when clinically necessary. In addition to emergency assessment, intervention and advocacy, the START team will also provide direction and support in the achievement of stabilization and a return to prior levels of functioning in individuals' home environments. ¹

¹ Summarized from Excerpt of the START Overview updated 3.8.19

RFP ORIENTATION

ACRC is hosting a Bidders' Conference (a.k.a. "RFP Orientation") via **WebEx** to introduce the project in greater detail including the targeted client profile. The RFP handout will be sent via email to those who attend the WebEx Bidders' Conference. **Attending this orientation is mandatory in order to apply.**

WebEx Bidders' Conference

Date: Friday, May 22, 2020 10:00am-11:00am

To join the orientation, go to:

<https://altarc.my.webex.com/altarc.my/j.php?MTID=mf68ee2361282fdd58cfe32a6179bff39>

Meeting number (access code): 620 171 929

Meeting password: RFP1 (7371)

****If joining by phone**, dial (408) 418-9388 and then type the meeting number and password when prompted.

Project 2: START Model Mental Health Crisis Stabilization Service:

Alta California Regional Center (ACRC) supporting individuals with Intellectual and Developmental Disabilities has identified a critical need for an evidenced based model of crisis intervention and stabilization. ACRC is looking for a provider who will work closely with and be trained in the START model for crisis intervention and stabilization. The Center for START services will pilot this model for adolescents and young adults (ages 14-25) in Sacramento and surrounding counties. "The START (Systemic, Therapeutic, Assessment, Resources and Treatment) model serves people diagnosed with intellectual/developmental and co-occurring behavioral health conditions. This comprehensive model of service supports optimizes independence, treatment, and community living for individuals with IDD and behavioral health needs. It promotes person centered approaches and training for individuals, families and caregivers by applying core principles of positive psychology, utilization of therapeutic tools, provision of multi-modal clinical assessments, promoting enjoyable therapeutic recreational experiences and optimal utilization of existing resources through: Linkages with partners, engagement of service user, family, and other circles of support involvement; promotion of improved expertise across systems of care and the utilization of services designed to fill gaps."²

We welcome your participation in the RFP process. This RFP is a solicitation to the community; therefore, if there are any individuals you know who would like to attend this orientation we encourage you to let them know. Please direct any questions to Kelsey Reyne at kreyne@altaregional.org, Dan Kilmer at dkilmer@altaregional.org, or Heather Hollingworth hhollingworth@altaregional.org, or DeDe Peters dpeters@altaregional.org or email rfp@altaregional.org.

² Excerpt from the START Overview updated 3.8.19