

California Peer Warmlines

CAMHPRO 2000 Embarcadero Cove, Suite 400 Box 80, Oakland, CA 94606

<https://camhpro.org/>

DURING THE COVID-19 PANDEMIC, PLEASE CALL FOR EXACT HOURS AS SOME MAY HAVE CHANGED

- 1. California Statewide Peer-Run Warmline** -MHA-SF <https://www.mentalhealthsf.org/peer-run-warmline/> Toll-free Call 1-855-845-7415 Or Chat via IM Hours: Sun 7am – 9pm Mon 7am – 11pm Tue 7am – 11pm Wed 7am – 11pm Thur 7am – 11pm Fri 7am – 11pm Sat 7am – 3pm
- 2. Project Return Peer Support Network Peer-Run Warmline** Los Angeles County Residents Warmline hours Mon-Fri 5pm-10pm, Sat 11am-4pm, Sun Closed (888) 448-9777 English and by text (888) 448-4055 Spanish and by text. Website: prpsn.org/support-during-covid-19/
- 3. The OC Warmline - NAMI Orange County** (714) 991-6412 Hours: 9am to 3am Monday-Friday; 10am to 3am Saturday & Sunday Languages: English, Spanish, Vietnamese and Farsi Interpreter Services available
- 4. Warm Line: Consumer to Consumer -The Meeting Place Clubhouse, Inc. for San Diego residents only** Toll Free: (800) 920-WARM (9276) and (619) 295-1055 Hours: 4:00 P.M. to 11:00 P.M., 7 days a week except Holidays.
- 5. Northern Valley Peer Run Talk Line Butte County, California**--A confidential non-crisis peer support network. You are not alone, we are here to listen. Toll Free: 1-855-582-5554 Open 4:30 pm-9:30 pm 7days/week 365 days/year
- 6. San Joaquin County BH Services Consumer Support Warm-Line (209) 468-8686** Operating 24/7 since July of 2008. For local San Joaquin County residents only.
- 7. Warmline Connection (NAMI Sonoma)** 866-960-6264 Hours: Mon-Fri 9am - 5pm