



Social Recreation Activities & Non-Medical Therapies Service Coordinator Training



Social Recreation Activities & Non- Medical Therapies

Social recreational activities play an important role in the lives of all people. People with developmental disabilities may face barriers to developing relationships in social and recreational settings. ACRC promotes access to age appropriate activities for children and adults so that individuals can fully and actively participate in all aspects of life and we recognize and value the importance of family, friends and community, and commit to promoting full inclusion within our community.



Social and Recreational Opportunities

Socialization, leisure and recreational opportunities are recognized as essential for the health and well-being of all individuals. Alta California Regional Center (ACRC) promotes involvement in age appropriate activities. Participation in community activities and with organizations such as sports and hobby groups, clubs and other community service organizations is encouraged.

ACRC sees the value in children and adults participating in social and recreational activities. We want to promote positive mental health, growth and development, relationship building and encourage opportunities for inclusion.

ACRC may pay for necessary support to facilitate meaningful participation in those activities, which must relate to specific Individual Program Plan (IPP) objectives. ACRC shall not supplant the social, leisure and recreation opportunities of residential service and adult service programs.



Service Definitions

Social Recreation Activities: Leisure activities shared with other individuals for the purpose of promoting personal enjoyment, healthy lifestyles, social interaction, self-esteem, and community integration. ACRC is committed providing information on free and low-cost social and recreational opportunities with organizations in our catchment area that provide social outlets for individuals within their own communities. Examples of social recreational activities include but are not limited to participation with others at: Parks and Recreation, YMCA, Boys and Girls Clubs of America, Special Olympics, etc. Social recreational activities do not include activities vendored as community-based day programs.

Non-Medical Therapies: provide therapy and/or training to individuals and their families, for the individual to achieve an Individual Program Plan objective. Examples of non-medical therapies include, but are not limited to, specialized recreation therapy, art therapy, dance therapy, equine therapy, and music therapy.



Service Definitions



Camp Services: provide a creative experience for a limited period of hours per day and/or days per year. These services contribute to the individual's mental, physical, and social development by facilitating access to social activities in natural surroundings. Camping services and associated travel expenses must demonstrate a cost-effective measure to meet the needs of the individual within the state of California. Examples of camps include day camps and overnight camps. Camps selected are required to be American Camp Association accredited (overnight camps only) or meet equivalent standards (Title 17, section 30704).

Planning Team considerations for Camp

Service Definitions

Social Coaching allows people with developmental and intellectual disabilities to participate in fun and accessible community-based activities that are person centered and linked to physical, social and emotional well-being. Social coaching is primarily community oriented, however, some planning may take place in the home.

Self Determination Program (SDP): A service delivery model designed to provide clients and their families with more freedom, control, and responsibility in choosing services and supports to help them meet objectives in their Individual Program Plan. All services selected by an SDP participant must be compliant with the HCBS Final Rule. The regional center will work with SDP participants to ensure that their services meet these requirements.

HCBS Final Rule: The HCBS Final Rule requires that places where people receive services (settings) meet the new criteria to qualify for federal funding under the Medicaid program (called "Medi-Cal" in California). This rule supports all regional center consumers in achieving their IPP outcomes in community settings that promote inclusion. Services and supports designed for those with developmental disabilities would not automatically be excluded from the SDP. For more information, please visit CMS Home and Community-Based Services (HCBS) Regulations. All services selected by an SDP participant will need to be compliant with the HCBS Final Rule. The regional center will work with SDP participants to ensure that their services meet these requirements.



Service Settings



Full Inclusion: The setting is integrated in and supports full access of individuals receiving Medicaid HCBS to the greater community including opportunities to seek employment and work in competitive integrated settings, engage in community life, control personal resources, and receive services in the community, to the same degree of access as individuals not receiving Medicaid HCBS.

Segregated Activity or Non-Medical Therapy: Services and supports delivered exclusively in a setting with disabled peers.

Key Considerations for Services

Accessing Generic Resources: Welfare and Institutions Code 4659(a) states Regional Centers shall identify and pursue all possible funding sources for social recreation activities and nonmedical therapies, including but not limited to: (1) Government or other entities or programs required to provide or pay the cost of providing services, including Medi-Cal, Medicare, CHAMPUS, school districts, Supplemental Security Income (SSI), and the State Supplementary Program (SSP). Regional center funds shall not be used to supplant the budget of any of these generic resources. (2) Private entities, to the maximum extent they are liable for the cost of services, aid, insurance, or medical assistance to the client.

Social recreational services and non-medical therapies cannot be used to meet a day care or in-home respite need.

Social recreational services and non-medical therapies funded through the Self Determination Program must meet HCBA-Final Rule prior to the participant utilizing their spending plan to pay for the service. ACRC or its vendors may request medical clearances for recreational activities or non-medical therapies.

Note: **Socialization Skills Training (SST)** is not considered a social recreation service. SST is an ABA service that addresses the development in social and behavioral domains with the objective of enhancing age appropriate social functioning, as appropriate to the individual's potential.





Clients and Families are not Required to

Exhaust services under the In-Home Supportive Services program (Article 7 (commencing with Section 12300) of Chapter of Part 3 of Division 9) in order for their regional center to consider funding or to authorize purchasing social recreation services, camping services, and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music.

Exchange respite hours or any other service or support authorized by the regional center for service hours of social recreation services, camping services, or nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music, as a condition of service authorization by the regional center of social recreation services, camping services, and nonmedical therapies.

Pay a copayment, or a similar shared pay arrangement aimed at offsetting costs, to receive social recreation services, camping services, or nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music.

Navigating Requests

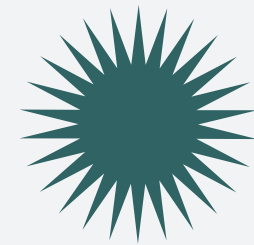
Questions for the Planning Team to explore



- What is the need? Did the client express interest?
- Is the activity related to an IPP Goal?
- Does the client need support to participate?
- Are there safety concerns?
 - Elopement? Sensory? Follow Directions?
- Does the client currently participate in school/community activities?
 - Scouts? Go to local parks? School Events?



Options for Funding



Use an ACRC vendored provider. This is a provider who is contracted with ACRC to provide services to ACRC clients. With this option, your service coordinator can make a referral to the vendored provider and submit a purchase of service (POS) for the identified service, as agreed upon by your planning team.



Use a Financial Management Service (FMS) provider when your identified social recreation provider is not vendored by the regional center. The FMS agency will pay your social recreation provider directly and on your behalf.

For a list of current vendors access this link:

<https://www.altaregional.org/post/social-recreation-activities-camp-and-non-medical-therapies-restored>

Important Things to Know

- Your social recreation provider must agree to accept payments from the FMS agency.
- If your identified social recreation provider does not want to work with the FMS agency to receive payments, you will need to select another social recreation provider.
- Parent/client/family reimbursement for social recreation activities is not allowable.
- <https://codes.findlaw.com/ca/welfare-and-institutions-code/wic-sect-4648/>
- The FMS agency shall be used to pay the provider directly and not to reimburse the client/family for the cost of the service.



ACRC is Committed to

Spreading the Word through
Community Outreach



Community & Public Meetings
Provider Advisory Committee
Client Advisory Committee
Self Determination Advisory Committee
Community Partnerships with CBO's
Parent Support Groups
Families for the Early Treatment of
Autism
UC Davis MIND Institute
Warmline FRC
Family Soup FRC
RAC/SCDD
General Outreach Presentations
Medi-Cal Managed Care Partners



Thank you

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