

SELF DETERMINATION PROGRAM

The Self Determination Program is an optional, alternative service delivery method that allows participants the opportunity to have more control in developing their service plans and selecting service providers to better meet their needs.



Alta California
Regional Center

WWW.ALTAREGIONAL.ORG/SELF-DETERMINATION-PROGRAM



WWW.DDS.CA.GOV/INITIATIVES/SDP/PROGRAM-DIRECTIVES/

1. ORIENTATION

To get started, you must attend a mandatory orientation at <https://scdd.ca.gov/sdp-orientation/>. Once completed, you will email your certificate of completion to your Service Coordinator.

2. INDEPENDENT FACILITATOR

An Independent Facilitator is an optional member of the planning team who can provide self-directed supports throughout the SDP process.

3. PERSON CENTERED PLAN

A Person Centered Plan is an optional document created during the initiation of SDP services that identifies a person's gifts, barriers, preferences, and goals.

4. INDIVIDUAL BUDGET

Your individual budget is the funding available to purchase services and supports based on assessment of needs toward IPP outcomes.

5. FINANCIAL MANAGEMENT SERVICE

All services and supports identified on your spending plan will be paid directly by the Financial Management Service (FMS), a required vendor funded by the Regional Center. FMS will verify all providers are HCBS compliant.

6. SERVICE PROVIDERS

In SDP, it is your responsibility to choose, locate, and begin using the services and supports that have been approved on your spending plan. These providers must be onboarded with your Financial Management Service (FMS) in order to provide services and supports.

7. SPENDING PLAN

Your spending plan will identify the allowable goods and services funded by your individual budget that will support the needs and goals you have discussed with your planning team.

8. SDP ENROLLMENT

Once you have completed all of the steps in the pre-transition process, you will confirm a start date with your FMS and service coordinator to officially 'flip the switch' into SDP!

