



Supported Decision Making Training for the Community

What is Supported Decision Making?

A process that allows adults with disabilities to make choices about their own lives with support from a team of people they choose. Individuals with disabilities choose people they know and trust to be part of a support network to help with decision-making.



When is the training?

October 29, 2025

Virtual Training: 10:30 am - 11:30 am

In-Person Workshop

1:00 pm - 2:00 pm

Registration
is required



283 W. Court Street, Suite B
Woodland, CA 95695



Spanish and ASL Interpretation will be provided.
Additional languages available upon request.



Alta California
Regional Center