



# Supported Decision Making Training for Clients and Families

## What is Supported Decision Making?

A process that allows adults with disabilities to make choices about their own lives with support from a team of people they choose. Individuals with disabilities choose people they know and trust to be part of a support network to help with decision-making.



## When is the training?

Tuesday, May 27 from

**10:30 am - 11:30 am virtually**

**1:00 pm - 2:00 pm *in person*\***

*\*In person workshop limited to 10 participants.*

**Address: 516 Gibson Drive, Suite 150  
Roseville, CA 95678**

**Registration  
is required**

*Spanish and ASL  
Interpretation will be provided.  
Additional languages  
available upon request.*



**Alta California**  
Regional Center

*Additional in person workshops will be offered later this year at our  
offices in: Grass Valley (August) and Woodland (October).*