



# Supported Decision Making Training for Clients and Families

## What is Supported Decision Making?

A process that allows adults with disabilities to make choices about their own lives with support from a team of people they choose. Individuals with disabilities choose people they know and trust to be part of a support network to help with decision-making.

## When is the training?

Tuesday, February 25 from  
**10:30 am - 11:30 am virtually**

**1:00 pm - 2:00 pm *in person*\***

*\*In person workshop limited  
to 10 participants.*

**Address: 950 Tharp Road, Suite 202  
Yuba City, CA 95993**

**Registration  
is required**



*Spanish and ASL  
Interpretation will be provided.  
Additional languages  
available upon request.*



*Additional in person workshops will be offered later this year at our offices  
in: Roseville (May), Grass Valley (August) and Woodland (October).*

