



Alta California

Regional Center

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Sacramento, CA 95815

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Alta California Regional Center (ACRC)
Self-Determination Advisory Committee Meeting (SDAC)
Wednesday, February 8, 2023
1 to 2 p.m.
Minutes

Members:	Present	Absent	<p align="center">Legend:</p> <p>SA – Self-Advocate FA – Family Advocate SP – Service Provider</p>
Benita Shaw, FA	x		
Carmen Delgado, FA	x		
Daniel Meadows, SA		x	
Kelsey Handcock, DRC	x		
Kenya Martinez, FA	x		
Kimberly Terrell, SA		x	
Lisa Cooley, SA (Chair)		x	
Meena Kalyanasundaram, FA	x		
Linda Thrift, Community Resource Partner	x		
Tom Hopkins, SA		x	
Tracy Ligtenberg, FA	x		
William Reed		x	
Non-members Present:			
Mechelle Johnson, ACRC Jennifer Bloom, ACRC Tracy Brown, ACRC Johnny Xiong, ACRC Kizi Smith, ACRC Cynthia Johnson, ACRC	Anne De Medeiros, SCDD Peter Mendoza, SCDD Tandra Logiudice Emily S. PEC Carol Carlson Amanda Pelaccio, PEC	Georgina Kier Joshua Kier Rachel Palmer-Teefy, PEC	

1. Call to Order by Lisa Cooley, Chair

Welcome & Introductions (1:00 p.m.) There was not a quorum of members present. Agenda items were handled as informational until a quorum was established.

2. Approval of Agenda & Minutes – Lisa Cooley

A quorum was established at 1:04. Co-Chair Benita Shaw requested the committee come back and vote on the approval of today's agenda and January 11, 2023, SDAC meeting minutes.

M/S/C (Kenya/Carmen) Made the motion to approve the agenda.

M/S/C (Kenya/Carmen) Made the motion to approve the meeting minutes of January 11, 2023.

3. Grant Funding Sub-Committee Update – Present Proposals on Pre-Transition Non Vended Supports Funded by Implementation Funds Followed by Committee Vote

- Kenya shared an update on the Supported Life Institute's proposal to hold a resource fair. At this time, the resource fair will not be held due to Supported life being unable to accommodate the time span of the proposal. However, the Supported Life Institute will be holding a Self Advocacy fair, which will take place in May, and they have proposed to have a Self Determination component inside their fair. This would include a Self Advocacy table with vendors, and other self advocates would be invited to participate.
- The Supported Life Institute requests \$15,000 in funding to include the Self Determination component in their Self Advocacy fair.
- Kenya made a motion to use the Implementation funding for the Supported Life proposal in the amount of \$15,000.
- Benita added that due to the Supported Life Institute not being able to accommodate the time span of the proposed resource fair, they will create a section in the fair in regards to Self Determination also to include speakers, which would essentially be a resource fair within the fair that would bring more people into a catchment area in regards to Self Determination.
- The Self Advocacy Fair will take place on May 11-12th, 2023.
- Mechelle noted that she has verified that the vendor would have to render the services before May 1st, 2023, before billing. Therefore, the committee can continue to move forward with this proposal but would not be able to use the 2021 fiscal year Implementation funds in the

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amount of \$45,000 and would need to use a different Implementation fund.

- Kenya inquired if Adjoin had submitted a new proposal and recalled that they submitted a partial proposal in the amount of \$88,000, which did not fit in the budget.
- Mechelle noted that we want to put out a proposal related to serving multi-lingual individuals related to training or coaching. Mechelle recommends that this be put in writing so that we can approach Adjoin or any other person interested in submitting a proposal.
- Mechelle noted that we had received a proposal from NeuroNav, but would like to get clarification on what they can provide.
- Benita asked that since we now have the Self Determination Unit created at Alta, is there a way to utilize the Implementation funds to track or survey participants that would give feedback to the committee on what areas of the program we could put funds towards?
- Mechelle noted the guidance that speaks on the different priority areas to confirm if Benita's idea would align with these areas.
- Tracy B. asked for clarification on whether the funds would be used for outside entities or to fund service coordinators to complete the surveys. Tracy confirmed that the funds could not be returned to the regional center and would need to be used on outside entities.
- Benita reminded the committee that we still have the remaining \$45,000 in Implementation funds and will continue brainstorming to determine the best way to utilize the funds.
- Mechelle agreed that the time is short to be able to coordinate and be able to deliver a quality product to our communities and expressed that we will continue to move forward with the proposals that we have at this time.
- Kenya proposed we take a vote on the upcoming year's funds for the Supported Life Institute Self Advocacy Fair.
- **M/S/C (Benita, Carmen, Tracy, Linda, Kenya) Made a motion to utilize the 2021-2022 fiscal year Implementation funds in the amount of \$15,000 towards the Supported Life Institute Self Advocacy fair to showcase Self Determination. The SDAC voted to approve the Supported Life proposal.**
- Mechelle requested that the Supported Life Institute break down the specifics for the \$15,000 in Implementation funds and develop specifics on what it will look like for the fair participants. We already have the themes, so if anything changes, the proposal must note this.

4. Public Comment Period

- Georgina Kier and her son Joshua Kier shared Joshua's experience with SDP with the committee. Joshua has been able to hire staff that he likes, including a theatre mentor, to help him pursue his dreams of being in musical theatre. Joshua has been able to receive LYFT cards to get him to the theatre and work. Joshua also shared that there have been times that he had had to pay out of pocket for transportation when the FMS did not get cards to him soon enough. Joshua shared that onboarding staff was a challenge because background checks would take longer than expected, and his staff would not receive information from the FMS that they could begin. Joshua has an Independent facilitator that helps him with all of these steps and noted that the IF has played an important role in his success in SDP. Joshua looks forward to being more independent and learning new skills in the new year.
- Kenya invited Georgina and Joshua to share their SDP story at the Supported Life Institute fair in May.
- Georgina Kier asked about the capacity for the online orientation training to begin SDP and whether or not it is still available.
 - Anne shared that there are online sessions through the State Council and shared the link [SDP Orientation | SCDD \(ca.gov\)](https://www.scdcd.ca.gov/SDP-Orientation).
- Amanda Pelaccio with Progressive Employment Concepts (PEC) shared an FMS concern that they are not receiving invoices from Aveanna. Amanda is currently working on resolving the issue with the Service Coordinator.
- Rachel Palmer-Teefy, Independent Facilitator, shared an FMS concern on behalf of a participant she works with. She expressed that FMS continues to be unresponsive to issues. Their staff has been unable to log hours or retrieve their year-end tax information. The participant received an email from the FMS that they will no longer be helping with the development or any changes to the development plan, and it is now the individual's responsibility.
- Benita thanked Rachel and Amanda for sharing their FMS concerns and noted that we could have a more in-depth conversation in hopes of addressing the concerns in a future meeting.
- Benita inquired about where PEC is sending individuals they are not able to serve.
 - Amanda is happy to address this at the March SDAC meeting.

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- Georgina Kier asked if online scheduled orientation training is available that are not live modules.
 - Anne shared that the Department of Development Services (DDS) would like the orientation training to be some component of live or in-person instead of self-guided training to ensure individuals are attending them.
 - Mechelle will reach out to DDS to clarify and confirm if they want individuals to attend the State Council live training and noted the option for the narrated version that was removed from our site because it was outdated. Mechelle will provide an update to the committee at the March SDAC meeting.

5. SDAC Member Comment Period

- Kenya proposed that the committee can take a vote or revisit what makes a quorum for the meetings.

6. Future Dates for 2022/2023 SDAC monthly meetings:

- March 8, 2023, 1-3 pm
- May 10, 2023, 6-8 pm
- July 12, 2023, 1-3 pm
- September 13, 2023, 1-3 pm
- November 8, 2023, 6-8 pm

7. Identify agenda items for the next meeting.

- **Discuss adding a by-law for voting**
- **Progressive Employment Concepts on helping individuals they are not able to serve**
- **SDP Orientation**
- **Vendorization Process for Alta**

8. Meeting adjourned at 2:01 pm