

# Self-Determination Advisory Committee SDAC



**What is the  
SDAC?**





- The SDAC can also be called the Local Volunteer Advisory Committee (LVAC).
- The Department of Developmental Services (DDS) requires that each Regional Center have an SDAC or LVAC.
- The SDAC plays an important role in the implementation and oversight of the Self Determination Program (SDP).
- SDAC membership must include self advocates, community members, family members, a Family Resource Center representative, and a regional center clients' rights advocate.
- SDAC membership: 1 OCRA rep, and 6 appointed by ACRC and 6 appointed by State Council on Developmental Disabilities (SCDD).  
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- **ACRC, SCDD, and the SDAC work together to decide how to use SDP implementation funds to meet the needs of participants in our 10-county area.**
- **The SDAC members ensure the voice of self-advocates and families is #1 by sharing their ideas and experience about training, successes, and concerns.**
- **SDAC members help us to be sure that training materials are available in plain language, and accessible to all.**

# Role of Participant Choice Specialists (PCS)

- Though DDS funding for PCSs has ended, ACRC knows how important PCS support is and continues to fund these positions.
- PCSs consult with Service Coordinators (SCs) and Managers to answer questions about the SDP program.
- PCSs are available to:
  - provide SDP resources and assist in locating SDP documentation
  - attend internal meetings with SCs
  - assist in understanding SDP timelines
  - support with completing the budget worksheet
  - provide SDP training to case management teams
  - attend spending plan development meetings and to consult on DDS Directives and definitions
- PCSs provide support with spending plan reviews or revisions and reviewing the participant's funds with the FMS.
- PCSs do not have a caseload. Your assigned SC is your main point of contact and can get help from our PCS team anytime.



PCS have the same training and educational background as SCs

## 2026 Meeting Schedule

January 14<sup>th</sup> from 1-3 (in person or ZOOM)

March 11<sup>th</sup> from 1-3 (in person or ZOOM)

May 13<sup>th</sup> from 6-8pm (ZOOM only)

July 8<sup>th</sup> from 1-3 (in person or ZOOM)

September 9<sup>th</sup> from 1-3 (in person or ZOOM)

November 18<sup>th</sup> from 6-8pm (ZOOM only)



- **SDAC meetings are open to the public, and all are welcome to attend.**
- **If you require a language accommodation, including American Sign Language, please inform Kenisha Hurd by email, [khurd@altaregional.org](mailto:khurd@altaregional.org), or phone (916) 978-6464 five business days before the meeting.**
- **Please join in person: 4151 E. Commerce Way, Suite 100, Sacramento, CA 95834 OR on Zoom**
- **Here is a link to our webpage:**

**[Self-Determination Advisory Committee Meeting - Alta California Regional Center](#)**



- All SDAC meetings have an agenda, and every meeting agenda and meeting minutes are posted on our website:  
[Self-Determination Advisory Committee Meeting - Alta California Regional Center](#)
- SDAC members, SCDD, and ACRC set the agenda items.
- Public comment is an important part of our meetings. It is one way to learn what is working and what is not working.
- Public comment time is limited to 3 minutes.
- ACRC doesn't respond to public comment during the meeting, please know that we're listening and value your feedback.
- We will research your question and get back with you within 2 business days of the meeting. *Provide your contact info in the chat or verbally, please.*
  - You can also submit a public comment by email:  
[SDACPublicComments@altaregional.org](mailto:SDACPublicComments@altaregional.org)
- This email box is monitored regularly, and you will receive a reply no later than one week from your message.

## There are many ways to reach us!

Please do not wait for the next SDAC meeting to ask your questions or to share SDP questions or concerns.

**By Phone:** Call your SC or their manager. If you don't know who your SC is, call the front desk and ask (916) 978-6400.

Or call Kenisha Hurd (916) 978-6464

**By Email:** Email your SC. Your SC's manager's email and phone number is at the bottom of their signature line.

SCs have 2 business days to return your call or email. You can also email us:

[sdpquestions@altaregional.org](mailto:sdpquestions@altaregional.org)

Kenisha Hurd: [khurd@altaregional.org](mailto:khurd@altaregional.org)

Jennifer Bloom: [jbloom@altaregional.org](mailto:jbloom@altaregional.org)

Mechelle Johnson: [mjohnson@altaregional.org](mailto:mjohnson@altaregional.org)

SCDD: [sacramento@scdd.ca.gov](mailto:sacramento@scdd.ca.gov)



Please contact us  
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