



LOMA LINDA UNIVERSITY

School of Behavioral Health



PARTICIPANTS NEEDED!

FOR A RESEARCH STUDY ON THE EXPERIENCES OF ADULTS WITH A SIBLING DIAGNOSED WITH AUTISM SPECTRUM DISORDER (ASD)



You are invited to participate in a research study exploring the lived experiences of adults who have a sibling with Autism Spectrum Disorder. This study aims to better understand how siblings experience coping, resilience, support systems, and overall well-being.

Participation involves sharing your personal experiences and perspectives in a confidential interview.



ELIGIBILITY CRITERIA

You may qualify if you:

- ✓ Are 18 years of age or older
- ✓ Have at least one sibling diagnosed with ASD and do not have a diagnosis of ASD yourself
- ✓ Currently reside in Sacramento County or neighboring community



WHAT TO EXPECT



A one-time, 60–90 minute in-person or virtual interview



Questions about your experiences growing up and living with a sibling with ASD



Discussion of coping strategies, resilience, and sources of support



A \$20 gift card as a token of appreciation for your time



WHY PARTICIPATE?

Your voice matters. By participating, you will contribute to research that aims to:

- Improve understanding of sibling experiences
- Inform the development of sibling-focused supports and interventions
- Promote more inclusive, family-centered care and services

HOW TO PARTICIPATE

Scan the QR code or click the link below to express interest:



VOLUNTARY PARTICIPATION

Your participation is completely voluntary.



CONFIDENTIALITY

Every effort will be made to keep all information shared confidential.



IRB APPROVAL

This study has been approved by the Loma Linda University Institutional Review Board.



QUESTIONS OR MORE INFORMATION?
Please contact:



Carmen Aguilar, LCSW,
DSW Candidate
carmenaguilar@students llu.edu



Kelly Baek, PhD, MSW,
Principal Investigator
kbaek@llu.edu