

Recruitment Email

Hello,

My name is Carmen Aguilar, and I am a Doctor of Social Work (DSW) Candidate at Loma Linda University School of Behavioral Health. I am conducting a research study exploring the lived experience of adults who have a sibling diagnosed with Autism Spectrum Disorder (ASD).

I am currently recruiting participants who:

- Are 18 years of age or older
- Have at least one sibling diagnosed with ASD and do not have a diagnosis of ASD yourself.
- Reside in Sacramento County or a neighboring community

Participation involves a one 60-90 minute interview focused on experiences related to coping, resilience, support systems, and overall well-being. Participants may choose to complete the interview in person in a private, enclosed office or virtually via Zoom. Participants will receive a \$20 gift card only after the completion of the interview as a token of appreciation for their time.

The purpose of this study is to better understand sibling experiences and contribute to the development of more inclusive, sibling-focused supports and services.

Participation is completely voluntary, and every reasonable effort will be made to protect the confidentiality of the information you provide. However, confidentiality cannot be guaranteed when disclosure is required by law. This study has been approved by the Loma Linda University Institutional Review Board (IRB).

If you are interested in participating, please scan the QR code on the attached flyer or contact me directly for additional information.

Thank you for your time and consideration. I would also greatly appreciate it if you could share this opportunity with others who may be interested.

Sincerely,

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