

2 Day Person Centered Thinking Training



Person Centered Thinking is the use of critical thinking skills which keeps at the forefront what is important to a person, while also supporting that person to be healthy, safe, and living more of the life that THEY want. These two days of training provides participants with practice with the skills and frameworks that supporters can use to help bring Person Centered Thinking and Practices into use in their everyday life.

WHERE: 2241 Harvard Street, Suite 100
Sacramento, Ca 95815 (locations vary by date, please check registration for exact location)

DATES: May 20-21, 2019 Aug 14-15, 2019
Jun 17-18, 2019 Sep 9-10, 2019
Jun 19-20, 2019 Sep 11-12, 2019
Jun 21 & 28, 2019 Sep 13 & 27, 2019
Jun 24-25, 2019 Sep 23-24, 2019
Jun 26-27, 2019 Sep 25-26, 2019

TIMES: 9:00AM-4:30PM

LUNCH: *There will be an hour break for lunch on your own*

REGISTER: <https://bookwhen.com/pct28>

WHO SHOULD ATTEND

- Supporters and Direct Support Professionals who wish to learn skills and tools to enhance their understanding and relationship with those they support
- Pairs or teams of staff who want to have better conversations about the work that they do, the people they support, and what they base their work and decisions on
- Mid-level and supervisory managers that have been looking for ways of capturing essential information to better provide services to people supported and Direct Support Professionals in their ongoing efforts
- Those in Executive and Organizational Leadership roles ~ to get a better understanding of the expectation of Person Centered Practices and how the principles apply to overall culture change

Day 1 – Understand the core values and concepts. Begin your skills practice in:

- ◇ Finding out what's Important TO someone from what's Important FOR someone; and working to support the best balance possible
- ◇ Practice the listening, sorting, reflection, and recording skills needed to deepen understanding
- ◇ Hear about considerations to support decision making; including identifying relationships we use to help us with that
- ◇ Discover What is Working and Not Working, considering the importance of perspectives

Day 2

- ◇ Learn written structures that help look for and record ongoing learning
- ◇ Develop a Communication Chart to increase understanding what best support looks like
- ◇ Work with written frameworks designed to clarify roles, responsibilities, and to help support good people matches
- ◇ Practice looking at Rituals, Routines, and the things of everyday life as a rich place to start
- ◇ Use a three step process to assure that we keep person centered thinking principles in the forefront when working through challenging situations
- ◇ Use a three step process to assure that we keep person centered thinking principles in the forefront when working

Through funding provided by the Ca Department of Developmental Services, a collaboration of local providers is hosting Support Development Associates Person Centered Thinking training