

## Alta California Regional Center Invites you to attend Self-Determination Parent Training Workshops

All families are welcome to learn about Self- Determination with experienced Independent Facilitators and Coaches, Felicia Ford, Elizabeth Cuevas and Tamra Pauly. These meetings will be via videoconference help you understand why Self- Determination is a game-changing way to help Regional Center clients get the services they need to live their best lives.

### Thursday, Feb. 3, 2022 Session 1

### 12:00 pm – 1:00 pm

Register in advance for this meeting: https://us02web.zoom.us/meeting/register/tZ0ud-yqqTojG9cgDrCXd-g6CKjxLl-iE7Gm

After registering, you will receive a confirmation email containing information about joining the meeting.

# Session 2

#### 5:00pm -6:00 pm

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZ0tdu-prj0oGdA8sEgirN0K\_wpNPZMyofX3

After registering, you will receive a confirmation email containing information about joining the meeting.

#### These sessions will be provided in Spanish and English

