## NCI Adult Consumer Survey Outcomes

Alta California Regional Center
2011-2012 Data

NATIONAL CORE INDICATORS

## Table of Contents

Quality Assessment Project and National Core Indicators .....  .7
What is the NCI Adult Consumer Survey? .....  7
What topics are covered by the survey? .....  7
TABLE 1. NCI ADULT CONSUMER SURVEY INDICATORS - DOMAINS AND SUB-DOMAINS .....  8
How were people selected to participate? .....  9
Proxy Respondents .....  9
Limitations of Data ..... 9
What is contained in this report? ..... 10
Results: Demographics ..... 11
GRAPH 1. GENDER ..... 12
GRAPH 2. AGE ..... 12
GRAPH 3. RACE AND ETHNICITY* .....  .13
GRAPH 4. PRIMARY LANGUAGE ..... 13
GRAPH 5. PRIMARY MEANS OF EXPRESSION ..... 14
GRAPH 6. CA QUALIFYING CONDITIONS* ..... 14
GRAPH 7. LEVEL OF ID ..... 15
GRAPH 8. OTHER DISABILITIES*. .....  15
GRAPH 9. TYPE OF RESIDENCE .....  .16
Choice ..... 17
GRAPH 10. CHOSE HOME* .....  .18
GRAPH 11. CHOSE ROOMMATES* .....  .18
GRAPH 12. CHOSE HOME STAFF. ..... 19
GRAPH 13. CHOSE PAID COMMUNITY JOB* ..... 19
2|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012
GRAPH 14. CHOSE JOB STAFF* ..... 20
GRAPH 15. CHOSE DAY ACTIVITY OR PROGRAM .....  20
GRAPH 16. CHOSE DAY ACTIVTY OR PROGRAM STAFF .....  21
GRAPH 17. CHOOSES HOW TO SPEND FREE TIME. ..... 21
GRAPH 18. CHOOSES WHAT TO BUY .....  .22
GRAPH 19. CHOOSES DAILY SCHEDULE ..... 22
GRAPH 20. CHOSE SERVICE COORDINATOR ..... 23
Work ..... 24
GRAPH 21. HAS A PAID JOB IN THE COMMUNITY ..... 25
GRAPH 22. TYPE OF COMMUNITY EMPLOYMENT: INDIVIDUALLY-SUPPORTED ..... 25
GRAPH 23. TYPE OF COMMUNITY EMPLOYMENT: COMPETETIVE ..... 26
GRAPH 24. TYPE OF COMMUNITY EMPLOYMENT: GROUP-SUPPORTED ..... 26
GRAPH 25. WORKED 10 OF THE LAST 12 MONTHS IN COMMUNITY EMPLOYMENT ..... 27
GRAPH 26. AVERAGE MONTHS EMPLOYED AT CURRENT COMMUNITY EMPLOYMENT ..... 27
GRAPH 27. RECEIVED BENEFITS FROM COMMUNITY EMPLOYMENT ..... 28
GRAPH 28. WANTS A JOB IN THE COMMUNITY* ..... 28
GRAPH 29. HAS INTEGRATED EMPLOYMENT AS A GOAL IN IPP ..... 29
GRAPH 30. DOES VOLUNTEER WORK ..... 29
Community Inclusion ..... 30
GRAPH 31. WENT OUT SHOPPING IN THE PAST MONTH ..... 31
GRAPH 32. AVERAGE TIMES WENT SHOPPING IN THE PAST MONTH ..... 31
GRAPH 33. WENT OUT ON ERRANDS IN THE PAST MONTH ..... 32
GRAPH 34. AVERAGE TIMES WENT OUT ON ERRANDS IN THE PAST MONTH ..... 32
GRAPH 35. WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH. ..... 33
GRAPH 36. AVERAGE TIMES WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH ..... 33
GRAPH 37. WENT OUT TO EAT IN THE PAST MONTH ..... 34
GRAPH 38. AVERAGE TIMES WENT OUT TO EAT IN THE PAST MONTH ..... 34
GRAPH 39. WENT OUT FOR EXERCISE IN THE PAST MONTH ..... 35
GRAPH 40. AVERAGE TIMES WENT OUT FOR EXERCISE IN THE PAST MONTH ..... 35

[^0]GRAPH 41. WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH ..... 36
GRAPH 42. AVERAGE TIMES WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH ..... 36
GRAPH 43. WENT ON VACATION IN THE PAST YEAR ..... 37
GRAPH 44. AVERAGE TIMES WENT ON VACATION IN THE PAST YEAR ..... 37
Relationships ..... 38
GRAPH 45. HAS FRIENDS ..... 39
GRAPH 46. HAS A BEST FRIEND ..... 39
GRAPH 47. ABLE TO SEE FRIENDS ..... 40
GRAPH 48. ABLE TO SEE FAMILY. ..... 40
GRAPH 49. ABLE TO GO ON A DATE ..... 41
GRAPH 50. FEELS LONELY* ..... 41
GRAPH 51. GETS TO HELP OTHERS ..... 42
Satisfaction ..... 43
GRAPH 52. LIKES HOME. ..... 44
GRAPH 53. LIKES NEIGHBORHOOD ..... 44
GRAPH 54. WANTS TO LIVE SOMEWHERE ELSE ..... 45
GRAPH 55. LIKES PAID COMMUNITY JOB* ..... 45
GRAPH 56. WANTS TO WORK SOMEWHERE ELSE ..... 46
GRAPH 57. LIKES DAY ACTIVITY OR PROGRAM.. ..... 46
GRAPH 58. WANTS TO DO SOMETHING ELSE DURING THE DAY ..... 47
Service Coordination ..... 48
GRAPH 59. HAS MET SERVICE COORDINATOR ..... 49
GRAPH 60. SERVICE COORDINATOR ASKS WHAT PERSON WANTS. ..... 49
GRAPH 61. SERVICE COORDINATOR HELPS GET WHAT PERSON NEEDS ..... 50
GRAPH 62. SERVICE COORDINATOR CALLS BACK RIGHT AWAY ..... 50
GRAPH 63. HELPED MAKE IPP ..... 51
Health ..... 52
GRAPH 64. HAS A PRIMARY CARE DOCTOR ..... 53
4|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012
GRAPH 65. POOR HEALTH* ..... 53
GRAPH 66. HAD AN ANNUAL PHYSICAL EXAM IN THE PAST YEAR .....  54
GRAPH 67. HAD A DENTAL EXAM IN THE PAST YEAR .....  54
GRAPH 68. HAD A VISION SCREENING IN THE PAST YEAR ..... 55
GRAPH 69. HAD A HEARING TEST IN THE PAST 5 YEARS ..... 55
GRAPH 70. HAD A PAP TEST IN THE PAST 3 YEARS (WOMEN) ..... 56
GRAPH 71. HAD A MAMMOGRAM IN THE PAST 2 YEARS (WOMEN 40 AND OVER) ..... 56
GRAPH 72. HAD A PSA TEST IN THE PAST YEAR (MEN 50 AND OVER) ..... 57
GRAPH 73. HAD A COLORECTAL CANCER SCREENING (PEOPLE 50 AND OVER) .....  .57
GRAPH 74. HAD A FLU VACCINE IN THE PAST YEAR ..... 58
GRAPH 75. EVER HAD A PNEUMONIA VACCINE ..... 58
Medication ..... 59
GRAPH 76. TAKES MEDICATION FOR MOOD DISORDERS, ANXIETY, BEHAVIORAL PROBLEMS AND/OR PSYCHOTIC DISORDERS ..... 60
Wellness ..... 61
GRAPH 77. ENGAGES IN MODERATE PHYSICAL ACTIVITY. .....  62
GRAPH 78. OVERWEIGHT OR OBESE .....  .62
GRAPH 79. USES TOBACCO ..... 63
Respect and Rights ..... 64
GRAPH 80. HAS ENOUGH PRIVACY AT HOME .....  .65
GRAPH 81. BEDROOM ENTERED WITHOUT PERMISSION ..... 65
GRAPH 82. HOME ENTERED WITHOUT PERMISSION ..... 66
GRAPH 83. CAN BE ALONE AT HOME WITH VISITORS. ..... 66
GRAPH 84. MAIL OR EMAIL OPENED WITHOUT PERMISSION ..... 67
GRAPH 85. CAN USE PHONE AND INTERNET WITHOUT RESTRICTIONS ..... 67
GRAPH 86. STAFF AT HOME ARE NICE AND POLITE. ..... 68
GRAPH 87. STAFF AT PAID COMMUNITY WORK ARE NICE AND POLITE* ..... 68
GRAPH 88. STAFF AT DAY PROGRAM OR ACTIVITY ARE NICE AND POLITE ..... 69
GRAPH 89. PARTICIPATED IN A SELF-ADVOCACY GROUP OR MEETING ..... 69
Safety ..... 70
5|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012
GRAPH 90. NEVER FEELS SCARED AT HOME .....  .71
GRAPH 91. NEVER FEELS SCARED IN NEIGHBORHOOD .....  71
GRAPH 92. NEVER FEELS SCARED AT WORK OR DAY PROGRAM OR ACTIVITY ..... 72
GRAPH 93. HAS SOMEONE TO GO TO FOR HELP IF AFRAID OR SCARED ..... 72
Access. ..... 73
GRAPH 94. HAS ADEQUATE TRANSPORTATION .....  .74
GRAPH 95. GETS NEEDED SERVICES ..... 74
GRAPH 96. STAFF HAVE ADEQUATE TRAINING .....  .75

## Quality Assessment Project and National Core Indicators

This report contains regional center level results from California's second statewide National Core Indicators (NCI) Adult Consumer Survey conducted in Fiscal Year (FY) 2011-2012 (CS2), in accordance with Welfare and Institutions Code (WIC), Section 4571. WIC, Section 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as consumer outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance. ${ }^{1}$ This report compares findings between CS2 to the Adult Consumer Survey conducted in FY 2010-2011(CS1) which is considered baseline data. Regional centers can use this report to help guide strategic planning and monitor systemic changes.

## What is the NCI Adult Consumer Survey?

The NCI Adult Consumer Survey is an interview conducted with a person who is receiving services from a regional center. The NCI Survey is used to gather data on approximately 60 consumer outcomes and is regularly refined and tested to ensure it is valid and reliable. In California, interviewers hired by the area boards met with individuals and asked them questions about where they live and work, the kinds of choices they make, the activities they do in the community, their relationships with friends and family, and their health and well-being. Interviews were conducted between July 2011 and June 2012.

## What topics are covered by the survey?

The National Core Indicators are organized by "domains" or topics. These domains are further broken down into sub-domains, each of which has a statement that indicates what concerns are being measured. Each sub-domain includes one or more "indicators" of how the state is performing in this area. The table on the following page lists the domains and sub-domains covered by the NCI Adult Consumer Survey indicators.

[^1]TABLE 1. NCI ADULT CONSUMER SURVEY INDICATORS - DOMAINS AND SUB-DOMAINS

| Domain | Sub-Domain | Outcome Statement |
| :---: | :---: | :---: |
| Individual Outcomes | Work | People have support to find and maintain community integrated employment. |
|  | Community Inclusion | People have support to participate in everyday community activities. |
|  | Choice and DecisionMaking | People make choices about their lives and are actively engaged in planning their services and supports. |
|  | Self Determination | People have authority and are supported to direct and manage their own services. |
|  | Relationships | People have friends and relationships. |
|  | Satisfaction | People are satisfied with the services and supports they receive. |
| Health, Welfare, and Rights | Safety | People are safe from abuse, neglect, and injury. |
|  | Health | People secure needed health services. |
|  | Medications | Medications are managed effectively and appropriately. |
|  | Wellness | People are supported to maintain healthy habits. |
|  | Respect/Rights | People receive the same respect and protections as others in the community. |
| System Performance | Service Coordination | Service coordinators are accessible, responsive, and support the person's participation in service planning. |
|  | Access | Publicly-funded services are readily available to individuals who need and qualify for them. |

$\mathbf{8 | N C I A d u l t}$ Consumer Survey Regional Center Outcomes 2011-2012

## How were people selected to participate?

Based on the total number of adults (age 18 and over) who are receiving regional center services, it was determined that a target number of 400 surveys per regional center would provide a valid sample for this analysis. ${ }^{2}$ People who were presently living in a developmental center were not part of the sample.

An additional group of people who had moved from developmental centers to the community in the past five years was selected so that their results could be looked at separately. ${ }^{3}$ Overall, the total number of surveys completed across the State of California was 8,691.

## Proxy Respondents

Proxy responses are allowed only for the background information and Section II of the survey, which are based on objective measures: Community Inclusion, Choices, Rights, and Access to Needed Services. Proxy respondents are used only when the individual cannot complete the survey or chooses to have a proxy respondent. Only people who know the individual well (such as family, friends, or staff) are acceptable proxy respondents, and to avoid conflict, service coordinators are not allowed to respond for individuals on their caseloads.

## Limitations of Data

The NCI Adult Consumer Survey tool is not intended to be used for monitoring individuals or providers, but rather for assessing systemwide performance. The NCI Statewide Average should not be interpreted to necessarily define "acceptable" levels of performance or satisfaction, nor does it provide benchmarks for acceptable or unacceptable levels of performance for each indicator. Instead, it describes average levels of performance or satisfaction across the State. It is up to public managers, policy-makers, and other stakeholders to decide whether the differences in results suggest that quality improvement efforts or further investigations are necessary.

[^2]
## What is contained in this report?

This report illustrates CS2 demographic and individual outcome results from Alta California Regional Center (ACRC) compared to the CS2 California Statewide NCI Average, and the Alta California Regional Center average from CS1. All results are shown in chart form along with descriptive text to the right of each chart. Statewide results for the NCI Adult Consumer Survey can be found online at http://www.dds.ca.gov/QA/index.cfm.

Please Note: Items marked with an asterisk (*) were analyzed differently for the CS2 data collection cycle. Year-to-year comparisons should be made with caution.

## Results: Demographics

ILLUSTRATES THE DEMOGRAPHIC PROFILE OF SURVEY PARTICIPANTS
$\mathbf{1 1} \mid$ NCI Adult Consumer Survey Regional Center Outcomes 2 0 1 1 - 2012

GRAPH 1. GENDER


This graph illustrates of people surveyed in Alta California Regional Center in CS2, $55 \%$ were males and $45 \%$ were females.

GRAPH 2. AGE


This graph illustrates that in Alta California Regional Center the average age of people surveyed in CS2 was 39.3 years old.

GRAPH 3. RACE AND ETHNICITY*


This graph illustrates the race of people surveyed in Alta California Regional Center in CS2 was: 1\% American Indian or Alaska Native, 2\% Asian, 13\% Black or African American, 0\% Pacific Islander, 73\% White, $9 \%$ other, $1 \%$ two or more, and $1 \%$ don't know; $8 \%$ were identified as Hispanic.

GRAPH 4. PRIMARY LANGUAGE


This graph illustrates the primary language of people surveyed in Alta California Regional Center in CS2 was: 97\% English and 3\% other.
*In the California data, Hispanic is considered a race category. NCI uses the U.S. Census model, which defines ethnicity separately as Hispanic vs. Non-Hispanic.
$\mathbf{1 3}$ |NCI Adult Consumer Survey Regional Center Outcomes 2 011-2012

## GRAPH 5. PRIMARY MEANS OF EXPRESSION



This graph illustrates the primary means of expression of people surveyed in Alta California Regional Center in CS2 was: 77\% spoken, $21 \%$ gestures or body language, $1 \%$ sign language, $0 \%$ communication aid or device, $0 \%$ other; $0 \%$ did not know.

GRAPH 6. CA QUALIFYING CONDITIONS*


This graph illustrates of people surveyed in Alta California Regional Center in CS2, who were diagnosed with conditions that qualify them for services - intellectual disability (ID) 59\%, autism spectrum disorder (ASD) 19\%, cerebral palsy (CP) 29\%, and/or epilepsy $34 \%$.
*CA Qualifying Conditions and Other Disabilities are not mutually exclusive
$\mathbf{1 4 | N C I} A d u l t$ Consumer Survey Regional Center Outcomes 2011-2012

GRAPH 7. LEVEL OF ID


This graph illustrates levels of intellectual disability (ID) of people surveyed in Alta California Regional Center in CS2 was: $41 \%$ had no ID diagnosis, $27 \%$ mild, $14 \%$ moderate, $10 \%$ severe, $4 \%$ profound ID, $5 \%$ unspecified or unknown.

GRAPH 8. OTHER DISABILITIES*


This graph illustrates the types of disability of people surveyed in Alta California Regional Center in CS2, other than ID were: mental illness $28 \%$, brain injury $3 \%$, chemical dependency $0 \%$, limited or no vision 3\%, hearing loss 2\%, Alzheimer's or dementia 1\%, Down Syndrome 9\%, Prader-Willi Syndrome 0\%, other 9\%, and 5\% had no other disability.
*Individuals with results reflected in the graph and table above may have been diagnosed with a Qualifying Condition as well (see proceeding Graph: CA Qualifying Conditions)


This graph illustrates the types of residences of people surveyed in Alta California Regional Center in CS2 was: 5\% intermediate care facility, $30 \%$ community care facility, $26 \%$ independent living skills (ILS)/supported living services (SLS), 38\% parent or relative's home, $0 \%$ family home agency, $1 \%$ skilled nursing facility (SNF), $0 \%$ other.

## Choice

PEOPLE MAKE CHOICES ABOUT THEIR LIVES AND ARE ACTIVELY ENGAGED IN PLANNING THEIR SERVICES AND SUPPORTS.
$\mathbf{1 7}$ | NCIAdult Consumer Survey Regional Center Outcomes 2 0 1 1-2 012

GRAPH 10. CHOSE HOME*


GRAPH 11. CHOSE ROOMMATES*


This graph illustrates 56\% of respondents from CS1 compared to 72\% of respondents from CS2 reported they chose or had some input in choosing their where they live. The CS2 statewide average was $52 \%$.

This graph illustrates 58\% of respondents from CS1 compared to 52\% of respondents from CS2 reported they chose or had some input in choosing their roommates. The CS2 statewide average was $37 \%$.
*CS2 survey did not ask this question to individuals living in the family home

18|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012


GRAPH 13. CHOSE PAID COMMUNITY JOB*


This graph illustrates 73\% of respondents from CS1 compared to 61\% of respondents from CS2 reported they chose or were aware they could request to change their home staff. The CS2 statewide average was $56 \%$.
*CS2 results based on those determined to have a job in the background information section

19|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012


GRAPH 15. CHOSE DAY ACTIVITY OR PROGRAM


This graph illustrates 71\% of respondents from CS1 compared to 55\% of respondents from CS2 reported they chose or were aware they could request a change in job staff. The CS2 statewide average was 55\%.

This graph illustrates 84\% of respondents from CS1 compared to 76\% of respondents from CS2 reported they chose or had some input in choosing their day activity or program. The CS2 statewide average was $54 \%$.
*CS2 results based on those determined to have a job in the background information section

20|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012

GRAPH 16. CHOSE DAY ACTIVTY OR PROGRAM STAFF


GRAPH 17. CHOOSES HOW TO SPEND FREE TIME


This graph illustrates 72\% of respondents from CS1 compared to 55\% of respondents from CS2 reported they chose or could request a change in day activity or program staff. The CS2 statewide average was $49 \%$.

This graph illustrates $96 \%$ of respondents from CS1 compared to $98 \%$ of respondents from CS2 reported they choose or have input in choosing how to spend free time. The CS2 statewide average was $90 \%$.

GRAPH 18. CHOOSES WHAT TO BUY


GRAPH 19. CHOOSES DAILY SCHEDULE


This graph illustrates 93\% of respondents from CS1 compared to 92\% of respondents from CS2 reported they choose or have input in choosing how to spend their money. The CS2 statewide average was 85\%.

This graph illustrates 88\% of respondents from CS1 compared to 89\% of respondents from CS2 reported they choose or have input in choosing their daily schedule. The CS2 statewide average was $84 \%$.


This graph illustrates 72\% of respondents from CS1 compared to 62\% of respondents from CS2 reported they chose or were aware they could request to change their service coordinator. The CS2 statewide average was $58 \%$.

## Work

PEOPLE HAVE SUPPORT TO FIND AND MAINTAIN COMMUNITY INTEGRATED EMPLOYMENT.


This graph illustrates 8\% of respondents from CS1 compared to 12\% of respondents from CS2 were reported to have a paid job in the community. The CS2 statewide average was $13 \%$.

GRAPH 22. TYPE OF COMMUNITY EMPLOYMENT: INDIVIDUALLY-SUPPORTED


This graph illustrates 12\% of respondents from CS1 compared to 17\% of respondents from CS2 were reported to be in individuallysupported community employment. The CS2 statewide average was $24 \%$.

GRAPH 23. TYPE OF COMMUNITY EMPLOYMENT: COMPETETIVE


This graph illustrates 55\% of respondents from CS1 compared to 54\% of respondents from CS2 were reported to be in competitive community employment. The CS2 statewide average was $33 \%$.

GRAPH 24. TYPE OF COMMUNITY EMPLOYMENT: GROUP-SUPPORTED


This graph illustrates 33\% of respondents from CS1 compared to 29\% of respondents from CS2 were reported to be in group-supported community employment. The CS2 statewide average was $43 \%$.

GRAPH 25. WORKED 10 OF THE LAST 12 MONTHS IN COMMUNITY EMPLOYMENT


GRAPH 26. AVERAGE MONTHS EMPLOYED AT CURRENT COMMUNITY EMPLOYMENT


This graph illustrates of people employed in the community, $63 \%$ of respondents from CS1 compared to $69 \%$ of respondents from CS2 were reported to have a paid job in the community and worked 10 of the last 12 months at their current job. The CS2 statewide average was 83\%.

This graph illustrates of people employed in the community, people from CS1 worked in their current job for an average of 50.6 months compared to CS2 who worked for an average of 58.6 months. The CS2 statewide average was 64.5 months.

GRAPH 27. RECEIVED BENEFITS FROM COMMUNITY EMPLOYMENT


GRAPH 28. WANTS A JOB IN THE COMMUNITY*


This graph illustrates of people employed in the community, $20 \%$ from CS1 compared to 36\% CS2 were reported to receive benefits (sick or vacation time) from their job. The CS2 statewide average was $32 \%$.

This graph illustrates of those not in community employment, $41 \%$ of respondents from CS1 compared to 43\% of respondents from CS2 reported they wanted a job in the community. The CS2 statewide average was $39 \%$.
*CS2 results based on those determined not to have job in the Background Information (BI) section.

28|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012

GRAPH 29. HAS INTEGRATED EMPLOYMENT AS A GOAL IN IPP


This graph illustrates 28\% of respondents from CS1 compared to $31 \%$ of respondents from CS2 have integrated employment as a goal in their IPP. The CS2 statewide average was $27 \%$.

GRAPH 30. DOES VOLUNTEER WORK


This graph illustrates 23\% of respondents from CS1 compared to 23\% of respondents from CS2 reported they do volunteer work. The CS2 statewide average was $24 \%$.

## Community Inclusion

PEOPLE HAVE SUPPORT TO PARTICIPATE IN EVERYDAY COMMUNITY ACTIVITIES.


GRAPH 32. AVERAGE TIMES WENT SHOPPING IN THE PAST MONTH


This graph illustrates $94 \%$ of respondents from CS1 compared to $92 \%$ of respondents from CS2 reported they went out shopping in the past month. The CS2 statewide average was $88 \%$.

This graph illustrates, on average, respondents from CS1 reported shopping 4.4 times in the past month, and respondents from CS2 reported they went shopping 4.4 times in the past month. The CS2 statewide average was reported as 3.9 times during the past month.

GRAPH 33. WENT OUT ON ERRANDS IN THE PAST MONTH


GRAPH 34. AVERAGE TIMES WENT OUT ON ERRANDS IN THE PAST MONTH


This graph illustrates 75\% of respondents from CS1 compared to 77\% of respondents from CS2 reported they went out on errands in the past month. The CS2 statewide average was $76 \%$.

This graph illustrates on average, respondents from CS1 reported they went on errands 2.1 times in the past month, and respondents from CS2 reported they went 2.2 times in the past month. The CS2 statewide average was reported as 2.2 times during the last month.

GRAPH 35. WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH


This graph illustrates 76\% of respondents from CS1 compared to 69\% of respondents from CS2 reported they went out for entertainment during the past month. The CS2 statewide average was 70\%.

GRAPH 36. AVERAGE TIMES WENT OUT FOR ENTERTAINMENT IN THE PAST MONTH


This graph illustrates on average, respondents from CS1 reported they went out for entertainment 2.2 times in the past month, and respondents from CS2 reported they went an average of 2.2 times during the past month. The CS2 statewide average was reported as 2.3 times during the past month.

GRAPH 37. WENT OUT TO EAT IN THE PAST MONTH


GRAPH 38. AVERAGE TIMES WENT OUT TO EAT IN THE PAST MONTH


This graph illustrates 87\% of respondents from CS1 compared to 84\% of respondents from CS2 reported they went out to eat in the past month. The CS2 statewide average was $83 \%$.

This graph illustrates on average, respondents from CS1 reported they went out to eat 4.0 times in the past month, and respondents from CS2 reported they went 4.1 times during the past month. The CS2 statewide average was reported as 3.6 times in the past month.


GRAPH 40. AVERAGE TIMES WENT OUT FOR EXERCISE IN THE PAST MONTH


This graph illustrates 50\% of respondents from CS1 compared to 45\% of respondents from CS2 reported they went out for exercise during the past month. The CS2 statewide average was $41 \%$.

This graph illustrates on average, respondents from CS1 reported they went out for exercise 6.0 times in the past month, and respondents from CS2 reported they went 6.2 times during the past month. The CS2 statewide average was reported as 5.2 times during the past month.

GRAPH 41. WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH


GRAPH 42. AVERAGE TIMES WENT OUT TO A RELIGIOUS OR SPIRITUAL SERVICE IN THE PAST MONTH


This graph illustrates $38 \%$ of respondents from CS1 compared to $33 \%$ of respondents from CS2 reported they went out to a religious or spiritual service during the past month. The CS2 statewide average was $38 \%$.

This graph illustrates on average, respondents from CS1 reported they went out to a religious or spiritual service 1.4 times in the past month, and respondents from CS2 reported they went 1.3 times during the past month. The CS2 statewide average was reported as 1.4 times during the past month.


This graph illustrates $44 \%$ of respondents from CS1 compared to $43 \%$ of respondents from CS2 reported they went on vacation during the past year. The CS2 statewide average was $40 \%$.

GRAPH 44. AVERAGE TIMES WENT ON VACATION IN THE PAST YEAR


This graph illustrates on average, respondents from CS1 reported they went on vacation 0.8 times in the past year and respondents from CS2 reported they went an average of 0.7 times during the past year. The CS2 statewide average was reported as 0.7 times in the past month.

## Relationships

PEOPLE HAVE FRIENDS AND RELATIONSHIPS.


This graph illustrates 85\% of respondents from CS1 compared to 86\% of respondents from CS2 reported they have friends other than staff and family. The CS2 statewide average was 74\%.

GRAPH 46. HAS A BEST FRIEND


This graph illustrates 77\% of respondents from CS1 compared to 75\% of respondents from CS2 who reported they have a best friend (who may be staff or family). The CS2 statewide average was $75 \%$.


This graph illustrates 89\% of respondents from CS1 compared to $91 \%$ of respondents from CS2 reported they are able to see their friends when they wanted. The CS2 statewide average was $85 \%$.

GRAPH 48. ABLE TO SEE FAMILY


This graph illustrates $84 \%$ of respondents from CS1 compared to $81 \%$ of respondents from CS2 reported they are able to see their family when they wanted. The CS2 statewide average was $81 \%$.


This graph illustrates 95\% of respondents from CS1 compared to 95\% of respondents from CS2 who reported they are able to go on a date, or date with some restrictions, if they choose. The CS2 statewide average was $90 \%$.

GRAPH 50. FEELS LONELY*


This graph illustrates $30 \%$ of respondents from CS1 compared to $28 \%$ of respondents from CS2 who reported they feel lonely at least half of the time. The CS2 statewide average was $34 \%$.
*Lower percentages indicate a positive outcome (fewer people reported feeling lonely)

## GRAPH 51. GETS TO HELP OTHERS



This graph illustrates 70\% of respondents from CS1 compared to 88\% of respondents from CS2 reported they get to help others. The CS2 statewide average was $87 \%$.

## Satisfaction

PEOPLE ARE SATISFIED WITH THE SERVICES AND SUPPORTS THEY RECEIVE.


This graph illustrates $86 \%$ of respondents from CS1 compared to $91 \%$ of respondents from CS2 reported they like where they live. The CS2 statewide average was $90 \%$.

GRAPH 53. LIKES NEIGHBORHOOD


This graph illustrates 85\% of respondents from CS1 compared to 88\% of respondents from CS2 reported they like their neighborhood. The CS2 statewide average was $86 \%$.


This graph illustrates $21 \%$ of respondents from CS1 compared to $20 \%$ of respondents from CS2 reported they want to live somewhere else. The CS2 statewide average was $19 \%$.

GRAPH 55. LIKES PAID COMMUNITY JOB*


This graph illustrates $87 \%$ of respondents from CS1 compared to $89 \%$ of respondents from CS2 reported they like their paid community job. The CS2 statewide average was $93 \%$.
*CS2 results on those determined to have a job in the background information section

45 $\mathbf{N C I}^{\text {C }}$ Adult Consumer Survey Regional Center Outcomes 2011-2012


This graph illustrates $30 \%$ of respondents from CS1 who have a paid community job compared to $9 \%$ of respondents from CS2 who have a community job reported they want to work somewhere else. The CS2 statewide average was $20 \%$.

GRAPH 57. LIKES DAY ACTIVITY OR PROGRAM


This graph illustrates $91 \%$ of respondents from CS1 compared to $90 \%$ of respondents from CS2 reported they like their day activity or program. The CS2 statewide average was $92 \%$.

GRAPH 58. WANTS TO DO SOMETHING ELSE DURING THE DAY


## Service Coordination

SERVICE COORDINATORS ARE ACCESSIBLE, RESPONSIVE, AND SUPPORT THE PERSON'S PARTICIPATION IN SERVICE PLANNING.

48|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012


This graph illustrates 98\% of respondents from CS1 compared to 98\% of respondents from CS2 reported they have met their service coordinator. The CS2 statewide average was $95 \%$.

GRAPH 60. SERVICE COORDINATOR ASKS WHAT PERSON WANTS


This graph illustrates $89 \%$ of respondents from CS1 compared to $92 \%$ of respondents from CS2 reported their service coordinator asks what they want. The CS2 statewide average was $84 \%$.

GRAPH 61. SERVICE COORDINATOR HELPS GET WHAT PERSON NEEDS


This graph illustrates 85\% of respondents from CS1 compared to 88\% of respondents from CS2 reported their service coordinator helps get what they need. The CS2 statewide average was $81 \%$.

GRAPH 62. SERVICE COORDINATOR CALLS BACK RIGHT AWAY


This graph illustrates 76\% of respondents from CS1 compared to 72\% of respondents from CS2 reported their service coordinator calls back right away. The CS2 statewide average was 63\%.

GRAPH 63. HELPED MAKE IPP


## Health

PEOPLE SECURE NEEDED HEALTH SERVICES.


This graph illustrates 98\% of respondents from CS1 compared to 94\% of respondents from CS2 were reported to have a primary care doctor. The CS2 statewide average was $96 \%$.

GRAPH 65. POOR HEALTH*


This graph illustrates $2 \%$ of respondents from CS1 compared to $2 \%$ of respondents from CS2 were reported as being in poor health. The CS2 statewide average was $4 \%$.
*A lower percentage indicates a positive outcome (fewer people were reported to be in poor health)

GRAPH 66. HAD AN ANNUAL PHYSICAL EXAM IN THE PAST YEAR


GRAPH 67. HAD A DENTAL EXAM IN THE PAST YEAR


This graph illustrates 77\% of respondents from CS1 compared to 73\% of respondents from CS2 were reported as having an annual physical exam in the past year. The CS2 statewide average was $85 \%$.

This graph illustrates 62\% of respondents from CS1 compared to 67\% of respondents from CS2 were reported as having a dental exam in the past year. The CS2 statewide average was 70\%.

## GRAPH 68. HAD A VISION SCREENING IN THE PAST YEAR



GRAPH 69. HAD A HEARING TEST IN THE PAST 5 YEARS


This graph illustrates $45 \%$ of respondents from CS1 compared to $42 \%$ of respondents from CS2 were reported as having a vision screening in the past year. The CS2 statewide average was $47 \%$.

This graph illustrates $43 \%$ of respondents from CS1 compared to $36 \%$ of respondents from CS2 were reported as having a hearing test in the past five years. The CS2 statewide average was $50 \%$.

## GRAPH 70. HAD A PAP TEST IN THE PAST 3 YEARS (WOMEN)



GRAPH 71. HAD A MAMMOGRAM IN THE PAST 2 YEARS (WOMEN 40 AND OVER)


This graph illustrates of female respondents, $63 \%$ from CS1 compared to $58 \%$ from CS2 were reported as having a pap test in the past three years. The CS2 statewide average was $58 \%$.

This graph illustrates of female respondents 40 and over, $64 \%$ from CS1 compared to 75\% from CS2 were reported as having a mammogram in the past two years. The CS2 statewide average was 73\%.

GRAPH 72. HAD A PSA TEST IN THE PAST YEAR (MEN 50 AND OVER)


GRAPH 73. HAD A COLORECTAL CANCER SCREENING (PEOPLE 50 AND OVER)


This graph illustrates of male respondents 50 and over, $48 \%$ from CS1 compared to $15 \%$ from CS2 were reported as having a PSA Test in the past year. The CS2 statewide average was $34 \%$.

This graph illustrates of respondents 50 and over, $15 \%$ from CS1 compared to $15 \%$ from CS2 were reported as having a colorectal cancer screening in the past year. The CS2 statewide average was 14\%.

GRAPH 74. HAD A FLU VACCINE IN THE PAST YEAR


GRAPH 75. EVER HAD A PNEUMONIA VACCINE


This graph illustrates 66\% of respondents from CS1 compared to 64\% of respondents from CS2 were reported as having a flu vaccine in the past year. The CS2 statewide average was $67 \%$.

This graph illustrates $31 \%$ of respondents from CS1 compared to $34 \%$ of respondents from CS2 were reported as ever having a pneumonia vaccine. The CS2 statewide average was $27 \%$.

## Medication

MEDICATIONS ARE MANAGED EFFECTIVELY AND APPROPRIATELY.

GRAPH 76. TAKES MEDICATION FOR MOOD DISORDERS, ANXIETY, BEHAVIORAL PROBLEMS AND/OR PSYCHOTIC DISORDERS


This graph illustrates 37\% of respondents from CS1 compared to 39\% of respondents from CS2 were reported to take at least one type of medication for mood disorders, anxiety, behavioral problems, and/or psychotic disorders. The CS2 statewide average was $38 \%$.

## Wellness

PEOPLE ARE SUPPORTED TO MAINTAIN HEALTHY HABITS.

61|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012

GRAPH 77. ENGAGES IN MODERATE PHYSICAL ACTIVITY


This graph illustrates $43 \%$ of respondents from CS1 compared to $32 \%$ of respondents from CS2 were reported to engage in moderate physical activity. The CS2 statewide average was $37 \%$.

GRAPH 78. OVERWEIGHT OR OBESE


This graph illustrates 60\% of respondents from CS1 compared to 60\% of respondents from CS2 were reported to be overweight or obese. The CS2 statewide average was $60 \%$.


This graph illustrates $11 \%$ of respondents from CS1 compared to 8\% of respondents from CS2 were reported to chew or smoke tobacco. The CS2 statewide average was $6 \%$.

## Respect and Rights

PEOPLE RECEIVE THE SAME RESPECT AND PROTECTIONS AS OTHERS IN THE COMMUNITY.


GRAPH 81. BEDROOM ENTERED WITHOUT PERMISSION


This graph illustrates $94 \%$ of respondents from CS1 compared to $96 \%$ of respondents from CS2 reported they have enough privacy at home. The CS2 statewide average was $93 \%$.

This graph illustrates $13 \%$ of respondents from CS1 compared to $16 \%$ of respondents from CS2 reported their bedroom is entered without permission. The CS2 statewide average was $13 \%$.

GRAPH 82. HOME ENTERED WITHOUT PERMISSION


This graph illustrates 7\% of respondents from CS1 compared to 3\% of respondents from CS2 who reported people enter their home without their permission. The CS2 statewide average was $5 \%$.

GRAPH 83. CAN BE ALONE AT HOME WITH VISITORS


This graph illustrates 88\% of respondents from CS1 compared to $95 \%$ of respondents from CS2 reported they can be alone at home with visitors. The CS2 statewide average was $87 \%$.

GRAPH 84. MAIL OR EMAIL OPENED WITHOUT PERMISSION


This graph illustrates 7\% of respondents from CS1 compared to 5\% of respondents from CS2 reported their mail or email is opened without permission. The CS2 statewide average was $8 \%$.

GRAPH 85. CAN USE PHONE AND INTERNET WITHOUT RESTRICTIONS


This graph illustrates $93 \%$ of respondents from CS1 compared to $96 \%$ of respondents from CS2 reported they can use the phone and internet without restrictions. The CS2 statewide average was $96 \%$.


This graph illustrates 95\% of respondents from CS1 compared to 97\% of respondents from CS2 reported their staff at home are nice and polite. The CS2 statewide average was $96 \%$.

GRAPH 87. STAFF AT PAID COMMUNITY WORK ARE NICE AND POLITE*


This graph illustrates $91 \%$ of respondents from CS1 compared to $97 \%$ of respondents from CS2 reported their staff at their paid community work are nice and polite. The CS2 statewide average was $94 \%$.
*CS2 results based on those determined to have a job in the background information section

GRAPH 88. STAFF AT DAY PROGRAM OR ACTIVITY ARE NICE AND POLITE
Staff At Day Program Or Activity Are Nice and Polite


GRAPH 89. PARTICIPATED IN A SELF-ADVOCACY GROUP OR MEETING


This graph illustrates $92 \%$ of respondents from CS1 compared to $95 \%$ of respondents from CS2 reported their staff at their day program or activity are nice and polite. The CS2 statewide average was $95 \%$.

This graph illustrates $28 \%$ of respondents from CS1 compared to $28 \%$ of respondents from CS2 reported they participated in a self-advocacy event, or had the opportunity but chose not to. The CS2 statewide average was $18 \%$.

## Safety

PEOPLE ARE SAFE FROM ABUSE, NEGLECT, AND INJURY.


This graph illustrates $86 \%$ of respondents from CS1 compared to $88 \%$ of respondents from CS2 reported they never feel scared in their home. The CS2 statewide average was $87 \%$.

GRAPH 91. NEVER FEELS SCARED IN NEIGHBORHOOD


This graph illustrates $86 \%$ of respondents from CS1 compared to $85 \%$ of respondents from CS2 reported they never feel scared in their neighborhood. The CS2 statewide average was 85\%.


This graph illustrates 89\% of respondents from CS1 compared to 93\% of respondents from CS2 reported they never feel scared at their work or day program or activity. The CS2 statewide average was $92 \%$.

GRAPH 93. HAS SOMEONE TO GO TO FOR HELP IF AFRAID OR SCARED


This graph illustrates $95 \%$ of respondents from CS1 compared to $97 \%$ of respondents from CS2 reported they have someone to go to if they feel scared. The CS2 statewide average was $92 \%$.

## Access

PUBLICLY-FUNDED SERVICES ARE READILY AVAILABLE TO INDIVIDUALS WHO NEED AND QUALIFY FOR THEM.


This graph illustrates $93 \%$ of respondents from CS1 compared to $91 \%$ of respondents from CS2 reported they always have access to adequate transportation. The CS2 statewide average was $87 \%$.

GRAPH 95. GETS NEEDED SERVICES


This graph illustrates 68\% of respondents from CS1 compared to 69\% of respondents from CS2 reported they get all needed services. The CS2 statewide average was 77\%.

GRAPH 96. STAFF HAVE ADEQUATE TRAINING


This graph illustrates $93 \%$ of respondents from CS1 compared to $97 \%$ of respondents from CS2 reported their staff have adequate training. The CS2 statewide average was $93 \%$.


[^0]:    3|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012

[^1]:    ${ }^{1}$ Refer to the California Adult Consumer Survey Report FY 2011-2012 for detailed information about Quality Assessment Project implementation, the NCI, and California's Statewide results.
    7|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012

[^2]:    ${ }^{2}$ A randomly selected group of 400 people meets the accepted standard for a representative sample with a $+/-5 \%$ margin of error and a $95 \%$ confidence level. For additional details on sampling and administration methods, please see the California Adult Consumer Survey Report FY 2011-2012.
    ${ }^{3}$ A supplemental Movers report will be produced by UC Davis and made available on the DDS website.
    9|NCI Adult Consumer Survey Regional Center Outcomes 2011-2012

