



# Natomas Monthly Community Walk For Autism and Disability Acceptance

Sponsored by Natomas Parents C.A.A.R.E

**Community • Autism • Acceptance • Resources • Empower**

## Natomas Regional Park

2501 New Market Dr. Sacramento, CA 95835

**8:30AM**

**3<sup>rd</sup> Sunday of each month  
July 19 – August 16 – Sep 20**

### Why We Walk

- Acceptance shouldn't be once a year
- Families deserve ongoing support
- Community grows through consistency
- Love and Acceptance every day

### What To Bring

- Comfortable shoes
- Sunscreen
- Love for all
- Your Energy
- Your Heart

### What to Expect

- FREE Parking
- FREE water/bananas
- Paved trail
- Beautiful scenery
- Great company

*Together, we're building ONE powerful Natomas community ONE STEP at a time.  
ALL abilities are welcome to join and celebrate*



@NATOMASPARENTSC.A.A.R.E

