, Alta California Regional Center (ACRC) Self-Determination Advisory Committee Meeting (SDAC) Wednesday, July 8, 2020 10:00 A.M. to 12:00 P.M. Minutes

Members:	Present	Absent
Lisa Cooley, SA	X	
Joyce McNair, FA	Х	
Benita Ayala, FA	Х	
Kelsey Handcock, DRC	Х	
Cristal Cabbat, FA		Х
Daniel Meadows, SA	Х	
Kenya Martinez, FA	Х	
Kimberly Terrell, SA		Х
Luis Rivera, FA		Х
Meena Kalyanasundaram, FA	A X	
Niccole Pitz, FA		Х
Tom Hopkins, SA		Х
Teresa Schmalz, FA	Х	
Others Present:		
Lori Banales, ACRC Brittany Mangum, ACRC Mechelle Johnson, ACRC Tracy Brown, ACRC Joseph Hernandez, SP Emily S. Chelsey H. Nicole D.	Bree B., SP Bridget, SP Sonya Bingaman, SCDD Karen Mulvany, FA Carole Watilo, SP Chris W., SP Rachael Palmer, SP	
Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider		

Self-Determination Meeting Minutes 7-8-20

1. Call to Order by Lisa Cooley, Chair

• Welcome & Introductions (10:00 A.M.)

2. Approval of Agenda & Minutes (from May 13, 2020)

• It was moved/seconded and carried to approve the agenda and minutes. No Abstentions.

3. SDP General Information Update— Mechelle Johnson, Jennifer Bloom, & Tracy Brown, ACRC

There are now 3 clients in the SDP

- Person Centered Planning 5 completed, 12 in progress
- Budget 4 completed, 2 in process
- Spending Plan 4 completed, 1 in process
- Financial Management Service (FMS) 3 completed, 2 in process
- SDP Individual Program Plan (IPP) 3 completed, 2 in process

The FMS agencies are:

- Premier
- Community Interface Services (CIS)
- GT Independence
- ARCC Center

Not vendored, but on the DDS website:

- Acumen
- Accredited
- Tracy Stein
- Mains'l
- The Emelyn Group

There are 4 agencies in various stages of the vendorization process for Person Centered Planning (PCP) and 1 working on their Service Delivery Plan.

Rachael Palmer is available for Person Centered Planning via the 024 vendor code route. She can be contacted at <u>rachaelp@progressiveemployment.org</u>. We have recently learned from a Service Coordinator (SC) there are multiple (6-8) Progressive Employment staff that are available for PCP.

The 3 Associate Directors of ACRC hosted a conference call with perspective FMS vendors on May 29th. They have developed a procedure to add perspective clients to the SDP list for future selection. There will be a Vendor Advisory Committee on Thursday, July 9th with perspective PCP vendors.

There are 30 clients in the Department of Developmental Services (DDS) second pull who have gone through SDP Orientation to date. We are hosting SDP Orientations online using WebEx, a secure platform to host meetings. On June 13th, we hosted our first WebEx with in-person translation (Spanish), utilized by 1 participant. The upcoming WebEx Orientation dates are:

- July 9th
- July 21st
- (1 in English, 1 in Spanish)
- July 23rd

Of the 88 clients in the DDS 2nd pull, 38 have declined indicating current services are meeting their needs. Other reasons include "lots going on," others are waiting until it is available to everyone, 2 have not responded at all, another is focusing on a new job, and someone else has

changed their mind. 8 of the 30 who have declined are in the same family. There are 2 case closures and 2 case inactivations.

ACRC SDP Trainings: SDP SCs who have not yet attended the SDP orientation are encouraged to enroll in one of the upcoming orientations. The Client Services Managers will be adding SDP discussion topics to their monthly unit meetings across the agency to ensure the SCs are up-to-date with the latest information regarding SDP.

4. ACRC's Next Steps (A Work in Progress) – Joyce McNair

Joyce gives the following update from ACRC's Next Step:

IF, PCT, PPT Trainings

1. Independent Facilitator, Person-Centered Thinking, People Planning Together trainings begin

2. Sonya Bingaman coordinates Independent Facilitator Training(s) in collaboration with ACRC, DRC, Premier, The Arc and other organizations as needed.

3. Brittany compiles an *independent Facilitator list* to be distributed to participants/families.

5. Start Conversations about the SDP Informational Flyer- Committee (all)

There was a flyer that was created for self-advocates and families and the public to get intense, in-depth trainings.

Progressive Employment Concepts

- Person Centered Thinking training
- Person Centered Planning facilitation training
- Independent Facilitation Training

Support Development Associates, LLC

- People planning together training
- Person centered thinking training
- Person centered plan facilitation training

There is a training, People Planning Together, consisting of 98 hours within a year. Some SDAC committee members will be participating in some of the trainings well as Independent Facilitation.

Lori Banales shares that DDS had awarded each Regional Center and SDAC an allotment of money to do as they wish to meet needs of communities they serve. Our Regional Center received \$106,000.

For PCP Thinking, the SDAC wanted to have several members certified-Benita and Kenya have volunteered for this certification. There will be a Purchase of Service (POS) for clients who are going to utilize these services. Their services will be available to the committee and community. They will provide this training to people across SDP.

The 2nd contract is through Progressive Employment. They are certified and will offer trainings to the community. Their services are contracted by Supports Development Agency (SDA). Clients are receiving training to be leaders in the community among their peers. David Lopez and Lisa Cooley are going to be participants as a pair. There are 2 other positions that the committee will create. They will complete the 98 hours of training. There needs to be 2 others who will complete this. These 4 will need to figure out dates when it will work best. After these trainings are completed, there will be about \$7,000 remaining. Progressive Employment- will start training in a very short time.

6. Discussion of Roles and Responsibilities for SDAC Member- Kenya Martinez

Kenya would like to assign particular areas where people feel comfortable working. Joyce is great with putting together agendas and completing tasks.

Joyce would like if there were at least 6 or more people involved; this needs to be an active committee.

- Meetings can be held online- it was motioned and approved for there to be meetings held online. September is the agreed upon month to fulfil the Progressive portion of the contract.
- Lori suggested someone reach out to Carole Watilo to set some dates for a training calendar. Lisa volunteers to make contact with Carole Watilo, PEC.
- Karen Mulvany presented the idea to create a way to get SDAC meeting information and a link to meetings on ACRC's SDP section of their website.

8. Feedback from State-Wide SDAC regarding Barriers- Lisa Cooley

Lisa will contact the State Council on Developmental Disabilities (SCDD) and obtain Statewide SDAC minutes.

Lisa shares our SDAC barriers:

- Getting information in Plain Language
- Dealing with SDP and Covid-19 issues
- Number of statewide SDAC meetings will be increased to 4 meetings a year (do not know dates and times yet).
- The local meetings cost money and take staff time; SDAC will reserve funds to host additional meetings.

It was motioned and seconded to create an Executive Committee. No abstentions. This group will take on more responsibility and when there is a decision or action to be made, this group will be in collaboration and take action. Benita, Kenya, Daniel, and Teresa volunteer, in addition to Lisa and Joyce, which makes a group of 6 people.

9. Public Comment Period- Public

Chris Wecks introduced himself. He is the owner of Abounds Services. He works with SDP select users in the Bay Area and clients in the process. Chris plans to take on clients in the Alta catchment area. He helps people become certified within SCDD and SDAC.

David Lopez, ACRC Client Rights Advocate, introduces himself and announces he will be closely involved with SDAC from here on out.

Lisa Hooks from the North Bay SCDD regional office is compiling statewide Independent Facilitator (IF) list. Please contact Sonya if you have interest in being added to this list. This list will be released in the near future.

sonya.bingaman@scdd.ca.gov

Karen Mulvany brought up Participant Directed Services, expanded by DDS. People during COVID-19 could use non-vendored services on an interim basis. Is this being utilized?

Answered by Lori: There have been a handful of services identified. This was extended through July 28th. This enables an individual or their family to secure services who are not from a vendored agency. It looks like SDP, but is a limited amount of services. This looks LIKE SDP, but is not. This may encourage people to want to join SDP. Personal Assistant (PA) services, supported employment, and Independent Living Skills (ILS). There are existing participant services in Title 17. This is a Waiver that is being written by the Department and is on a rolling basis. We have received an extension, but this will have an expiration date. Because of that risk, the families who are moving forward with this temporary solution are prime candidates for SDP.

Kenya works for DREDF and is the Chair of the Community Advisory Committee (CAC) for Unified School District. She would like anyone whose child has experienced restraints and seclusion, to please reach out to her.

kenyamartinez95@gmail.com kmartinez@dredf.org

Benita asks if workers are trying to send out fillable paperwork. How is this taken care of?

Mechelle addresses the question: We are using email. If there are poblems, then they need to communicate with the SC to let them know and we would assist. We can use US mail- sent with an envelope with return postage on it or we have a sign-now feature that can be done on the computer or smart phone. A very large population have smart phones and/or computers.

Kenya asks if Alta and DDS work together during the initial assessment. Lori Banales answered: We adhere to the law and base our decisions on the law. We do not openly share this information unless there is a formal complaint.

10. Identify agenda items for next meeting:

• None

11. Dates for Future Meetings:

- September 9, 2020
- November 4, 2020 special time of 1-3 pm

12. Meeting adjourned at 11:42 AM