



Self-Determination Advisory Committee Minutes

| Date | Wednesday, December 16, 2015 |
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| Time | 10:00 a.m. – 12:00 p.m. |
| Location | ACRC, 2241 Harvard Street, Ste. 100, Sacramento, CA 95825 916-978-6400, Call in 916-978-6560 |

| Members present | Members absent |
|---|----------------------------------|
| Lisa Cooley SA | Nancy Libby FA |
| Joyce McNair FA | Marie Ibarra FA |
| Stacy Shaw SA | Luis Rivera FA |
| Lana Knyazev SP | Carole Watilo SP |
| Christian Griffith FA | Al Millan FA/SP |
| Kimberly Terrell SA | |
| Margaret Lamb FA | Others present |
| Brittnee Gillespie, DRC | Phil Bonnet, ACRC |
| | David Rydquist, ACRC |
| | Sonya Bingaman, SCDD |
| | Kathy Brian, SCDD |
| | Regina (support staff) |
| | Caroline Andrews (support staff) |
| Legend: SA – Self-Advocate, FA – Family | |
| Advocate, SP – Service Provider, | |
| FMS Fiscal Management Service | |

1.1 Welcome & Introductions

- 2) Approval of Agenda and Minutes (from November 18, 2015)

 <u>It was moved/seconded (McNair/Terrell and carried to approve the agenda and minutes:</u> No Abstentions.
- 3) Update on Waiver Application and Statewide DDS Workgroup Bonnet announced about the passing of a Regional Center Board Member and active self-advocate, Jon Nelson.

Bonnet spoke with The Department of Developmental Services (DDS) regarding the SD Waiver status. DDS reports the waiver is in the approval process, there are 180 informal questions the federal government has for DDS to answer and according to DDS they will be able to answer these questions but will wait until the "formal" response is requested. In the meantime, DDS and the Feds will communicate to come to an agreement on answers to these questions. The 90 day "clock" will stop when the formal questions are received.

In addition, DDS is preparing modules on SD information for Regional Centers and will have these ready for distribution by January 1, 2016. The Regional Centers will receive a training on these modules by March 31, 2015. Then the Regional Centers will train their staff statewide. Some of these modules may be adapted for use with self-advocates, family members, providers, and community members.

Bingaman gave some specific examples of questions asked by CMS.

- Community integration and employment. For example, paying for college tuition and books would not be allowed. Federal funds could not be used for these expenses.
- Providers of service FMS is the only one vendored. How would FMS do provider verification.
- Settings Rule 4 questions on settings being in compliance with new Rules.
 Requesting list of places where people live or receive services.

- Individual Budgets do people who have similar needs have similar budgets? Are individual budgets equitable. Is the budget adequate to cover services.
- Inclusion of cost for FMS and IF. How would these costs affect the budget and ability to fund needed services.
- Rates how would people receive support to determine what services to use, costs, reasonable rates, etc.

4) SDAC reports from Subcommittees

- a. Outreach, Chair Joyce McNair (FA)/Vice-Chair Stacy Shaw (SA) asked each member of subcommittee to report on what outreach activities they have participated in or planned. Rydquist reported that he has begun to reach outlying office areas to get the word out that SD will be another service available to people in the future. McNair stated that she is meeting with many of the CACs in the Sacramento region. Brian mentioned she is doing the same (throughout the 10-county area) and suggested they coordinate their efforts. McNair confirmed that the 2-page information flyer is available and ACRC provided copies to committee members to share. Rydquist reported that Patti Diamond, ACRC, is working on final updates to the "Introduction to Self-Determination" Powerpoint. When finalized, it will be available to be used in the community.
- b. Independent Facilitator Workgroup. According to Carole Watilo, Chair, No report. Next meeting IF Workgroup meeting is scheduled for January 6, 2016.

5) Public Comment Period

- a. Terrell (SA) spoke out about the 'safety assurance' concerns she has if a staff person does not show up for their shift. The committee explained that the consumer's SD person-centered planning team would discuss that topic, developing a custom 'safety net' for consumers who may be vulnerable. Traditional services such as Supported Living can be purchased as well. Several others agreed this was a concern.
- b. Christian Griffith (FA) made a motion at the meeting to be directed to the Department of Developmental Services (DDS). Proposed Motion:

"On behalf of the SD Advisory Committee for Alta California Regional Center, we urge DDS to reduce the caseload levels of Regional Center staff who manage clients who participate in the SD program to insure that these clients receive the attention and time necessary to successfully transition into this new program." Bonnet will develop a letter and forward it to DDS on behalf of the committee.

It was moved/seconded (McNair (FA)/Terrell (SA) and carried to approve the motion; No Abstentions.)

- c. Bonnet mentioned that the SDAC "interest/Sandis" list continues to grow. Rydquist thinks it is about 300.
- d. Bonnet mentioned that Alta's Santa Day is this Friday, December 18th from 10-4pm. There have been generous donations from many individuals and businesses.
- e. Knyazev (SP) stated she will translate the 2-page SD flyer into Russian and Ukrainian. Rydquist mentioned it will also be translated into Spanish. Lamb (FA) suggested it be translated into Punjabi as well.
- 6) Location and date of next meeting
 - a. Wednesday, March 9, 2016, 10am-12pm at ACRC Rydquist proposed waiting until March for the next meeting. He proposed doing a "pilot or test" SDP Introduction meeting and then determine the format for the rest of the meetings. He will work on scheduling meetings in early 2016. It was moved/seconded (Griffith (FA)/Cooley (SA) and carried to approve the next meeting date of March 9; No Abstentions.

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- 7) Develop agenda for next meeting
 - a. Rydquist suggested this be done in early Spring 2016, prior to the meeting.
- 8) Adjournment
 - a. Meeting adjourned at 11:30.