Alta California Regional Center (ACRC) Self-Determination Advisory Committee Meeting (SDAC) Wednesday, November 13, 2019 10:00 A.M. to 12:00 P.M. Minutes

Members:	Present	Absent
Lisa Cooley, SA	X	
Joyce McNair, FA		X
Benita Ayala, FA		Х
Brittnee Gillespie, DRC		X
Cristal Cabbat, FA		X
Daniel Meadows, SA	X	
Kenya Martinez, FA	X	
Kimberly Terrell, SA	X	
Luis Rivera, FA		Х
Meena Kalyanasundaram, FA	X	
Niccole Pitz. FA		X
Tom Hopkins, SA	X	
Others Present:		
Lori Banales, ACRC	Karen Mulvany, SCDD	
Jason Lindo, ACRC	Rob L., SP	
Brittany Mangum, ACRC	Jason V., SP	
Mechelle Johnson, ACRC	Breeanne B., SP	
Jennifer Bloom, ACRC	Pete S., SP	
Katherine Weston, ACRC	Sonya Bingaman, SCDD	
Legend:		
SA – Self-Advocate, FA – Family Advocate, SP – Service Provider		

Self-Determination Meeting Minutes 9-11-19

1. Call to Order by Lisa Cooley, Chair

• Welcome & Introductions (10:00 A.M.)

2. Approval of Agenda & Minutes (from January 9, 2019)

• It was moved/seconded and carried to approve the agenda and minutes. No Abstentions.

3. SDP General Information Update— Jason Lindo & Lori Banales

There are 67 of the 179 selected participants who have gone through orientation and would like to continue, there are 73 who have declined services. Most reasons why people would like to opt out are because they would like to see how the roll-out goes and try SDP in the future.

There are only two more orientations scheduled- December 6th is the cut-off. There is a huge effort to get people to attend, but this is the last chance before they are dropped from the list.

Jason will need help from the SDAC; DDS is asking for those committee members who are family members were on the list but were not selected. Any clients who are members who were not selected, please see Jason following the meeting so he is able to accurately report this back to DDS. From our understanding, in the consideration, those members who have been involved will have more weight in the next draw.

Beginning in December, we will do more training with our service coordinators and host drop-in clinics for those involved with SDP.

Jason Vice and Rob Lewis from GT Independence, are here to speak regarding the FMS process.

There are 5 FMS agencies listed on the DDS website and only 3 have been through the vendor process: Premier, Community Interface Services, and GTI.

Jason introduces Carmen Delgado, a family advocate who has a family member who is going through the SDP Process. Carmen shared her testimony with the group.

At first, Carmen was overwhelmed by the process. She experienced frustration when she would go ahead and do the steps she was asked to do, but she was told they were not yet ready for her. She now understands that the more information we receive, the better this process will be. Carmen has just worked ahead on her own. She was hiring people, but lost them because the process was not yet ready for her. After this happened multiple times, she decided to just get the paperwork and have her employees fill it out. The information Carmen submitted, the Regional Center mirrored the IPP. Carmen was not able to attend the Independent Facilitator training over the weekend, but was able to find the information online. Carmen has already seen a huge difference since starting the process. She encourages everyone to attend as many trainings as possible since there is a wealth of information to take in. Another frustration is the process is not fluid and there is a lot of back and forth. The FMS person she contacted, did not call back, but then she contacted another agency that was very helpful. Meeting with Jason and Mechelle was helpful and she was able to re-write her daughter's Person Centered Plan in more Person Centered language. There were many hours spent researching and finding the right person for this. She was able to find a few generic models and make them into her own.

We are learning a new vocabulary while navigating through SDP. There are new ways to phrase things that allow most people to understand and follow what is being talked about.

4. Letter Sent to those Selected for SDP Regarding Orientation Completion—Lori Banales

The department has extended the deadline to December 6th for those who were selected. Should they not go through the orientation, there will be no more extensions. Those who were in the original draw will be reconsidered and those who are affiliated with SDAC will have more weight. There have not yet been orientation dates set.

5. ACRC's Next Steps (A Work in Progress) – Joyce McNair

Joyce absent from meeting, but discussed among committee members and attendees.

Katherine Weston, ACRC: We have three existing vendors going through the vendorization process to add Person Centered Planning Facilitation to the services that they offer. All three plan to obtain their PCP Certification in December.

6. Begin Identifying Building a List of Non-Vendored Service Providers—Joyce

Joyce absent from meeting, but discussed among committee members and attendees.

The list would be too broad as there are many people in the community who provide these kind of services. This is not a requirement the Regional Center has to put together. This would be up to families to create to help each other out.

Mandated background checks are for those providing direct care (respite, etc.). If the person has a misdemeanor, they could get permission from DDS. If the person has a felony, they are not eligible as it is a health and safety concern. The cost of background check falls on the provider. Only those able to work legally in the United States can be an SDP provider.

7. Update of How Many ACRC Clients Have Completed PCP, Budgets, Started SDP, etc.—Sonya Bingaman

Item dismissed.

8. Summary/Update of 11/9 Independent Facilitator Training—Sonya Bingaman

The workshop was organized right after the last meeting. There was donated breakfast, lunch, and snacks, as well as speakers from service providers. The majority of the people who signed up for the training needed an overview of SDP. There were 100 people who signed up from all over the state; 70 came to the meeting. There is a lot of interest, so there will be a follow-up on December 4th 5:30- 7:30 PM - a mixture of FA, SA, and SPs. Those who have attended the training will have a follow-up on the Independent Facilitator. This will not be recorded as we are constantly improving the material. The flexibility is the message we are trying to get across.

Sonya would like to host more 2 hour trainings before the 2021 date. Please contact her if you have any questions.

9. Public Comment Period- Public

The trainings on November 16th (1-4 pm) and December 6th (9 am-12 pm) are the remaining SDP orientations that are required to continue the SDP process. It is encouraged that people attend as many orientations as needed to help them understand the process.

GT Independence is a family-owned and operated business for FMS. They currently serve 21,000 individuals across the US. They educate them on the forms and process as well as guide them. They assist in purchasing workers compensation insurance and assist with a set cost. There are 2 families they are issuing payroll to in California and several others set to begin soon. There is a call center for those they serve in California. There is a tiered rate for FMS providers (\$110-150). The tiers rates can also be found in the orientation and FMS trainings. The sole employer budgeted dollars can allocate how they would like the remaining to be spent. Benefit packages can be tailored to their employees. There are not benefits through them, but the employer could look into getting a benefits package to provide to their employees.

10. Open discussion on Self-Determination- Committee/All

Will these trainings be recorded so they can be available to other? No, the training already happened, and since things are evolving, we do not want to provide outdated information. It is important for people to attend in-person so they can as questions as well as meet others who are also going through process. This ensures that the participants are independent and held accountable.

We need more PCP trainings- it is up to those in the community to hold and organize these meetings.

These SDAC meetings are open to the public, but they are held at inconvenient times. It is suggested that we have alternate times the meetings can be held. The co-chairs are the decision makers, so it will be up to them to make any changes. It is asked to add an additional meeting quarterly or bi-annually

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Daniel shares that he is featured on DDS's website.

11. Dates for Future Meetings:

- January 8, 2020
- March 11, 2020
- May 13, 2020
- July 8, 2020
- September 9, 2020
- November 11, 2020

12. Identify agenda items for next meeting:

Vote for adding an additional meeting or SDP update for the public who are unable to attend.

Discuss an event for those who are participating in SPD for updates.

13. Meeting adjourned at 11:43 AM