



**ATTN: Supervisors, Managers & Directors**

**Register now: Finding Balance**

**Thur., July 29, 2021 9:30a - 4:00p**

**Supported Life One-Day Virtual Workshop**



*~ Morning Keynote Speaker ~*

**Nancy Bargmann, Calif. Department of Developmental Services**

**"Finding Balance: A Statewide Perspective"**

- Statewide Facts & Figures (overview)
- Pandemic adaptations that should continue
- Continuity: reclaiming what we do well when there is not a pandemic

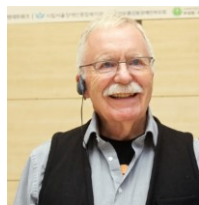


*~ Afternoon Keynote Speaker ~*

**Michael Smull, Partner, Support Development Associates**

**"The Evolution of Person Centered Planning"**

- A brief look at person centered planning - how it has evolved over time



*~ Musical Stylings ~ Peter Leidy*

**"Witty", "Touching", "Meaningful", "Thought-Provoking"**

- ~ "Walkin' Through a Person Centered Plan" {tune of "Winter Wonderland"}
- ~ "Cog World" {System-Challenging} ~ The Bowel Song (back to basics)
- 3 NEW Musical Videos
- ~ "Our Way" {thought-provoking} ~ "Hey DSP's" {affirming}
- ~ "Difference in Me" {us all learning from each other}



### ***Sessions:***

**"The Challenges of Person Centered Planning"**

A review of the Core Principles of Person Centered Planning and what we have been Learning about the Challenges of developing good plans and implementing them.

**Michael Smull, Annapolis, Maryland**

**"The Post Pandemic Workplace: Incorporating Mental Well-being and Self-Care"**

**StarPointe Consulting, Carmichael, CA**

**"I Am Enough: Loving Myself before Finding Love from Others"**

**Raúl Muñoz, East Los Angeles, CA**



**INFO**

To **Register/Pay online:** [www.supportedlife.org](http://www.supportedlife.org)

Info? Supported Life Institute: 530-753-8215 [info@supportedlife.org](mailto:info@supportedlife.org)