

The CMS Final Rule

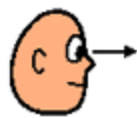
Quick Facts

As a client of Alta California Regional Center, many of the services that are available to you are “**Home and Community Based Services**”.

There are new rules that state that **YOU** have the same rights, choices and opportunities in the community and in your home as everyone else in your community.



Settings have until March 2023 to be in compliance with the new regulations, so you may start seeing some changes at day programs and care homes.



2023 MARCH			
SUNDAY	MONDAY	TUESDAY	WEDNE
		1	2

You may see a change in how activity schedules are made so that **you** get to decide what to do



You may be in the community more and have a chance to meet new people



The Final Rule is all about how **YOU** want to live your life, which means that you will start hearing about and seeing a **Person Centered Plan**.

A person centered plan is all about what the **YOU** need and want, so your circle of support can help you fulfill your plan.

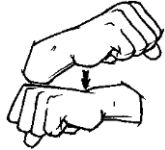


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You have the right:

To work in the community



To control your own money



To decide where and with whom
you want to live



To decide your own schedule
and activities, and make choices



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To have privacy in your
home, including
doors that lock



To have visitors when you want



To eat when you want, where
you want, with who you want

To have staff communicate to
you in a way you understand

