

The CMS Final Rule

Quick Facts

As a member of Alta California Regional Center, many of the services that are available to you are “**Home and Community Based Services**”.

There are new regulations that state that **YOU** have the same rights, choices and opportunities in the community and in your home as everyone else in your community.



Settings have until March 2022 to be in compliance with the new regulations, so you may start seeing some changes at day programs and care homes.



2022 MARCH			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY
		1	2

You may see a change in how activity schedules are made so that **you** get to decide what to do



You will be in the community more and have a chance to meet new people



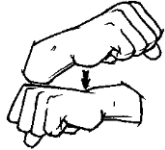
The Final Rule is all about how **YOU** want to live your life, which means that you will start hearing about and seeing a **Person Centered Plan**. A person centered plan is all about what the person (**YOU**) needs and wants, and the circle of support helps them fulfill their plan.



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You have the right:

To work in the Community



To control your own money



**To decide where and with whom
you want to live**



**To decide your own schedule
and activities, and make choices**



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**To have privacy in your
home, including
doors that lock**

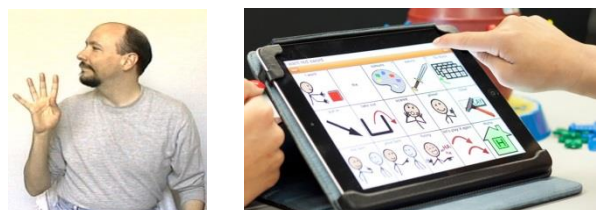


To have visitors when you want



**To eat when you want, where
you want, with who you want**

**To have staff communicate to
you in a way you understand**



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