



## **Learn About the Alta California Regional Center (ACRC) Board of Directors Frequently Asked Questions**

### **1) What is the ACRC Board of Directors?**

The Board is the body that ultimately governs ACRC and oversees its operations.

### **2) How are Board members chosen?**

Individuals in the regional center's 10 county service area (Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo, and Yuba), with an interest in services to individuals with developmental disabilities and their families may submit an application.

The ACRC Board members have an interest in, or knowledge of, developmental disabilities and reflect the ethnic and geographic composition of the northern California counties ACRC serves. They may have legal, management, or public relations experience or developmental disabilities program skills. In addition, the board includes representatives of the various categories of disabilities served. A minimum of 50% of the governing board members are persons with developmental disabilities or their family members.

New members are seated based on a vote of the Board of Directors. The initial term of appointment is a two year commitment.

### **3) When does the Board meet?**

Board meetings are held 9 months of the year on the fourth Thursday of the month, commencing at 4 p.m. These meetings are most typically conducted at ACRC's Sacramento office. Board meetings are not held during the months of April, August, and December.

Subcommittee meetings are held on the second Monday of the month, commencing at 4 p.m. and are conducted at ACRC's Sacramento Office.

#### **4) What is the time commitment?**

Generally speaking, members spend 2 hours in full Board meetings and anywhere from 1-2 hours in Subcommittee meetings depending on their Subcommittee appointments. Board members may also participate in training sessions and additional meetings as representatives of the Board.

#### **5) How do I apply to become a Board member?**

Additional information about ACRC and the Board, as well as the Board Member Application, can be found at [www.altaregional.org](http://www.altaregional.org).