

COMMUNICATION CARD

My Name Is: _____

I AM... Deaf Hard of Hearing Nonverbal

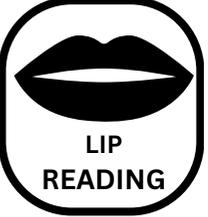
THE BEST WAY(S) I COMMUNICATE IS THROUGH:

 INTERPRETER

 TEXT

 WRITING

 LISTENING DEVICE

 LIP READING

 ID CARD OR DRIVER'S LICENSE

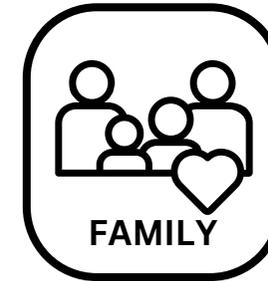
I have diabetes: **YES** or **NO** - If YES:
Type 1 or Type 2 (Injections)



I have allergies: **YES** or **NO**
If YES, I am allergic to:

Notes about me: _____

PEOPLE OF SUPPORT



MY REGIONAL CENTER / SUPPORT PROGRAM IS:

EMERGENCY CONTACT #1

EMERGENCY CONTACT #2

EMERGENCY CONTACT #3

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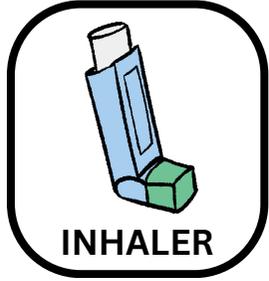
(916) 978-6400



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MEDICAL NEEDS



Mild



Moderate



Severe Pain



Worst Pain Possible

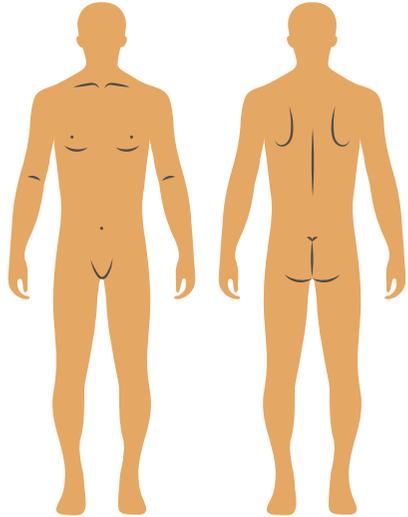
1

2

3

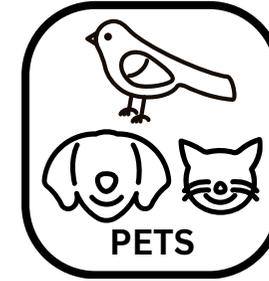
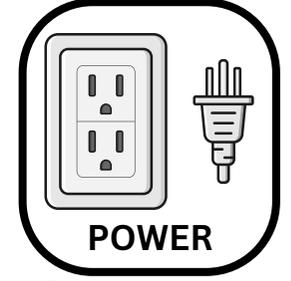
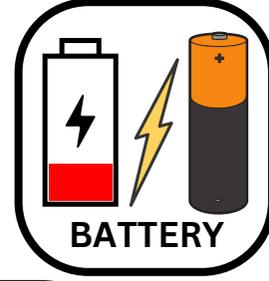
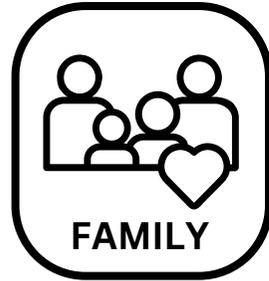
4

5



POINT TO WHERE IT HURTS

SHELTER ARRIVAL



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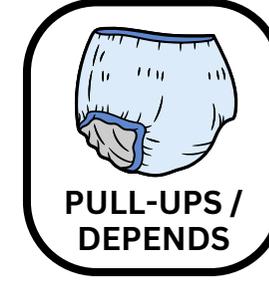
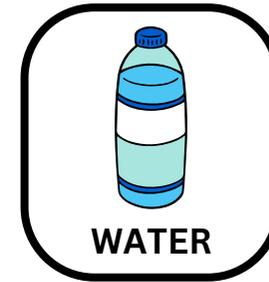
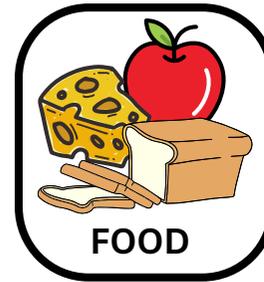


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SUPPORT NEEDS



BASIC NEEDS



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MY HOME HAS...



FEELINGS



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MY OWN PROMPTS:

HOTLINES AND EMERGENCY RESOURCES



California Hotline for Severe Winter Storms, Flooding, Mudslides and Landslides:

- Call 1(888)-382-3406



Disaster Distress Helpline:

- Call or text 1(800)-985-5990



Disaster Services Legal (DSL):

- Call 1(800)-621-3362



FEMA Shelters

- Text "SHELTER" and your Zip Code to 43362



National Alliance on Mental Illness

- Call 1(800)-845-6264
- Text "HelpLine" to 62640



RAINN National Sexual Assault Hotline

- Call 1(800)-656-4673



Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline:

- Call - 1(800)-662-4357



Suicide prevention and crisis services

- Call or text 988

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