

## Cov Ntaub Ntawv Xwm Txheej Txog Tus Kit Kuaj Kab Mob COVID-19 Rau Tom Tsev

### **Yuav Khoom Kuaj Mob COVID-19 Dawb**

Pib rau hnuv no, Hli ib hnuv tim 18, 2022, nom tsoom hwm tus vev xaij [www.covidtests.gov](http://www.covidtests.gov) tso cais rau txhua tus neeg mus yuav khoom txog li 4 tus kit kuaj kab mob rau hauv tsev rau ntawm ib lub tsev neeg chaw nyob. Tus kit yuav xa tuaj los ntawm Meskas Lub Khoom Hauj Ua Hauj Lwm Xa Ntawv siv sij hawm ntev mus lis 7 txog kaum hnuv, yog tia koj tau raug muaj tus kab mob COVID-19, koj tuaj yeem [ua kiag cov hauj lwm ntawd](#) los tiv thaiv lwm tus neeg thiab pab koj tus kheej kom rov qab zoo log li qub.

### **Lwm Cov Ntaub Ntawv**

California tus vev xaij COVID-19 tseem ceeb yog [COVID19.CA.GOV](http://COVID19.CA.GOV). nws muab cov ntaub ntawv txog tshuaj txhaj tiv thaiv kab mob, tshuaj txhaj txhab ntxiv, kev noj qab haus huv, tej ntaub ntawv ntawm lub nroog thiab luv xeev, cov lus qhi mus ncig teb chaw ua si, cov tsev kawm ntawv, chaw ua hauj lwm nyab xeeb, thiab lwm qhov chaw ntxiv. Saib xyuas nws txhua txhua lub sij hawm rau cov kev hloov pauv lig tshaj!