

A Health Experience Designed for You!

Cherry Island Soccer Complex
2429 U St, Rio Linda, CA 95673

Saturday, November 4, 2023
11:30 a.m. – 4:00 p.m.



Join us for Special Olympics Northern California's Health Fair! The Healthy Athletes fair will be an adaptive and welcoming environment open to all people with intellectual disabilities and their families.

Free screenings and resources will be available for all participants along with no-cost equipment – including prescription glasses, mouth guards, sun-safety gear and more – if the screening recommends it. Referrals may also be offered if needed.

Learn more about:

- Body Mass Indexing
- Bone Density
- Blood Pressure
- Dental Hygiene
- Stress Management Techniques
- Vision Health

Registration is Required!
https://bit.ly/HA_FALL23

Special Olympics
Northern California

