

Camp and Social Recreation External Resource list

Updated: 3/19/26

Description of Camp and Social recreation Service Codes (SC)

008	Sports club
084	Special Olympics
094	Creative Art Program
106	Specialized Recreational Therapy
691	Art Therapist
692	Dance Therapist
693	Music Therapy
694	Recreational Therapist
850	Camp

Vendor # and SC	Vendor name	Ratio	Location	Contact	Program Information	Website
H10711 SC 850	Camp Harmon Easter Seals	Varies	16403 Highway 9 Boulder Creek, CA 95006	(831) 684-2380	This camp offers 6–8-day sessions; Family camp is 4 days. Camp Activities: Animal Farm, Music & Performing Arts, Aquatics & Swimming, Hiking, Adaptive Sports & Games (6- or 8-day sessions)	Camp Harmon - 40 acres of fully accessible campgrounds
HA1336 SC 850	UCP Camp	Varies	Sierra Nevada Journeys 5900 Grizzly Rd, Portola, CA 956122	Lia Brown; 916-283-8304; lbrown@ucpsacto.org	Offers adult, kids, and family camp. Camp activities: swimming, hiking, arts & crafts, basketball, volleyball, kayaking and more.	https://ucpsacto.org/programs-services/ucp-camps/
PA2203 SC 008	Achieve Tahoe	Varies	2680 Alpine Meadow Rd Tahoe City, CA 96146	(530) 581-4161 Info@achievetahoe.org	Offers a variety of sports activities including snow sports, horseback riding, summer water sports and more.	Achieve Tahoe Achieve Tahoe
HA1526 SC 850	UCP Day Camp	Varies	9373 Winding Oak Drive, Fair Oaks, CA	Lia Brown (916) 283-8304 LBrown@ucpsacto.org	Camp activities include campfires, indoor/outdoor activities,	

					swimming and more	
HC1605 SC 850	Camp Krem	Varies	45895 CA-49 Ahwahnee, CA 93601-9707	(559) 641-2727 campkrem@campingunlimited.org	Camp Activities: swimming, music, dance, arts & crafts, campfires and more.	Camp Krem – Camping Unlimited – Giving exceptional people the opportunity to be themselves – since 1957.
HF0584 SC 850	Camp ReCreation	Varies	Camp Ronald McDonald at Eagle Lake, Susanville, CA	Ann Theobald; 916-988-6835 camprecreation@outlook.com	Camp activities: outdoor games, sports, arts & crafts, boating, fishing, campfires, archery, bike riding, hiking, swimming and more.	https://www.camprecreation.org/
HF0320 SC 850	Camp Ronald McDonald at Eagle Lake	Varies	Camp Ronald McDonald at Eagle Lake, Susanville, CA	Vicky Flaig; 530-825-3158 vflaig@rmhcnc.org		https://rmhcsc.org/camp/
HV0445 SC 850	Camp Tuolumne Trails	1:3	22988 Feretti Rd, Groveland, CA 95321	Jacqui Montero, Dir. Of Camp Ops; 209-962-7534 jacqui@tuolumnetrails.org	Camp activities: arts & crafts, adapted sports, fishing, archery, campfires, and more.	https://www.tuolumnetrails.org/
H15699 SC 850	Christian Berets	VARIABLES	24884 Hwy 108, Mi Wuk Village, California 95346	Kevin Vandonselaar (209) 524- 7993 KEVINV@CHRISTIANBERETS.ORG	Camp activities: archery, basketball, water games, hiking, volleyball, frisbee toss, and more.	https://www.christianberets.org/
H10685 SC 850	Via Services INC	Varies	13851 Stevens Canyon Rd Cupertino, CA 95041	Leslie Davis (408) 243-7861 LDAVIS@VIASERVICES.ORG	Offers youth and adult camps. Camp activities: swimming, art & crafts, sports, hiking, campfires, dance, and more.	Home - Camp Via West
HA1332 SC 850	Therapeutic Recreation Services (Gibson Ranch)	Varies	8556 Gibson Ranch Rd Elverta, CA 95626	Jennifer Wilson 916-484-2045 wilsonje@saccounty.gov	Camp activities: arts & crafts, nature walks, campfires, sports, and more.	Welcome to Therapeutic Recreation Services (saccounty.gov)

P49258 SC 693	Celeste A. Keith	Varies		Celeste Keith (916) 531- 1930 CELESTE@THEMUSICWORKSMTS.COM	Provides music therapy.			
PA2224 SC 008	Dancing Dolphin DBA SafeSplash Swim School (Land Park)	Varies	City Sports Land Park: 3580 Crocker Drive, Sacramento, CA 95818	Land Park Call Center: 916-250-1596	Offers year-round swimming lessons.	Land Park: Sacramento Swim Lessons SafeSplash Sacramento (Land Park)		
PA2228 SC 008	Cutting-Edge Aquatics, Inc. DBA SwimLabs El Dorado Hills	Varies	5009 Windplay Drive Ste 3, El Dorado Hills, CA 95762	Karen Bell 916-900-6550 kquijanobell@swimlabs.com	Offers swimming lessons	Swimming Lessons in El Dorado Hills SwimLabs		
PA2246 SC 008	United Martial Arts	Varies	2951 Sunrise Blvd #120 Rancho Cordova, CA 95742	Jeff Llera-Johnson (916) 586-6131 JEFF.LLERAJOHNSON@YAHOO.COM	Offers weekly martial arts classes.	United Martial Arts Academy Taekwondo and Ninja Trix in Rancho Cordova		
PA2225 'SC 008 *NOT ACCEPTING REFERRALS*	Dolphin Swim School Inc Dolphin Scuba Center	Varies	1530 El Camino Ave Sacramento, CA 95815	Stacey Magdaleno (916) 929-8188 STACEY.MAGDALENO@DOLPHINSCUBA.COM	Offers swimming lessons.	Buy Scuba Diving Gear Online Snorkeling Equipment Dive Gear Shop (dolphinscuba.com)		
PA2187 SC 106 *NOT ACCEPTING REFERRALS*	Therapeutic Riding and Off-Track Rehabilitation (T.R.O.T.R.)	2.5+		1:1	22408 Country Rd 102, Woodland, CA 95776	Shannon Personeni 530-867-3866 shannon@trotr.org	Offers weekly riding lessons and adaptive riding.	Trotr – Therapeutic Riding and Off-Track Rehabilitation
PA2191 SC 693	Music To Grow On	Varies		1:1	19 Jackson Street, Woodland, CA 95695	Bessie Barth 916-435-6766 BESSIE@MUSICTOGROWON.NET	Offers music therapy.	www.musictogrowon.net
PA2413 SC 008	Velez Martial Arts	3+		Varies	Riverside Blvd, Sacramento, CA 95831	Joseph & Aileen Velez (916)529-7581 Velezmartialarts@gmail.com	Offers weekly martial arts and kick boxing classes.	Home Velez Martial Arts
PA2356 SC 106	Liv Rec Therapy	3+		1:1	Clients Natural Environment	Alivia Elder-Gok (916)600-4264 Alivia@livrt.com	Provider therapeutic recreation services tailored to client's individual needs.	Liv RecTherapy (livrt.com)
PA2295 SC 062	24 Hour Home Care- Social Rec Coaching	3+		1:1	Varies	Socialrec@24hrcares.com (916) 749-4078	Offers social rec coaching.	http://referrals.24hrcares.com/
PA2294 SC 008	Valor Fit Society	12+		Varies	1117 Windfield Way El Dorado Hills, CA 95762	Johnna Epps (530)313-8378 Johnnaepps87@icloud.com	Valor Fit Society offers private and semi-private personal training with the goal of clients transitioning into a group class. The two classes offered are No	

						Contact Boxing and Group Circuit Training	
PA2415 008	Creative Families Inc DBA Newsongs	5+	Varies	10481 Grantline Rd #100 Elk Grove, CA 9562 3159 Dwight Rd #100 Elk Grove, CA 95624 8089 Madison Ave #6 Citrus Heights, CA 95624	info@newsongsmusic.com (916) 280-0329	Offers 1 on 1 music lessons and group music lessons.	Private & Group Music Lessons Elk Grove & Citrus Heights (newsongsmusic.com)
PA2421 008	Sacramento Performing Arts Company	Varies	Varies	2791 24 th St Sacramento, CA 95816	Kim Cyrus (916) 541-5473 SACPERFORMINGARTS@GMAIL.COM	Offers group musical theatre classes and private lessons (dance, singing, acting)	Home Sacramento Performing Arts Company (sacperformingarts.com)
PA2436 008	YMCA - Rollingwood	Varies	Varies	9373 Winding Oak Dr Fair Oaks, CA 95628	MemberRetentionDirector@ymcasuperiorcal.org	YMCA membership offers access to all local YMCA branches. Each branch has different amenities available to members. Additional services at Rollingwood include swimming lessons, water exercise classes, lap swim, personal training, and group exercise classes.	Home YMCA of Superior California (ymcasuperiorcal.org)
PA2435 008	YMCA- Yolo	Varies	Varies	2001 East Street, Woodland CA 95776	MemberRetentionDirector@ymcasuperiorcal.org	YMCA membership offers access to all local YMCA branches. Each branch has different amenities available to members. Additional services include group exercise classes, personal training.	Home YMCA of Superior California (ymcasuperiorcal.org)
PA2425 008	YMCA- Sacramento	Varies	Varies	2021 W Street, Sacramento, CA 95818	MemberRetentionDirector@ymcasuperiorcal.org	YMCA membership offers access to all local YMCA branches. Each branch has different amenities available to members. Additional services at	Home YMCA of Superior California (ymcasuperiorcal.org)

						Sacramento include swimming lessons, water exercise classes, lap swimming, personal training, and group exercise classes.	
PA2434 008	YMCA- Grass Valley	Varies	Varies	350 Race Street, Grass Valley, CA 95945	MemberRetentionDirector@ymcasuperiorcal.org	This YMCA location offers swimming lessons and water exercise classes.	Home YMCA of Superior California (ymcasuperiorcal.org)
HA1501 850	Therapeutic Riding and Off-Track Rehabilitation (T.R.O.T.R.)	3+	Varies	22408 Country Rd 102, Woodland, CA 95776	Office@trotr.org	Offers winter and spring after school camp. During the summer a day camp is offered to ages 3-12.	Trotr – Therapeutic Riding and Off-Track Rehabilitation
PA2448 008	Mother of Pearls Corp DBA Yogasix Land Park	10+	Varies	4700 Freeport Blvd, Sacramento, CA 95822	Kia Vue vuekia@gmail.com (916) 502-4152	Offer's yoga classes.	YogaSix Land Park Sensory Yoga Class
PA2450 008	Fika Arts Studio- Roseville	Varies	Varies	1000 Melody Ln. Roseville, CA 95678	fikaartstudio@gmail.com (916) 969-8858	Offers dance, gymnastics, and self-defense classes.	FIKA ARTS STUDIO (taplink.cc)
PA2449 094	Fika Arts Studio – Roseville	Varies	Varies	1000 Melody Ln. Roseville, CA 95678	fikaartstudio@gmail.com (916) 969-8858	Offers art, clay, music, STEM, chess, and sewing classes.	FIKA ARTS STUDIO (taplink.cc)
PA2446 008	Mirror Image Dance Company	3+	Varies	2121 2 nd St, Suite C-105, Davis, CA 95618	Marlaina Spivey (530) 400-5144 marlaina@mirrorimagedancecompany.com	Offers recreation dance classes. Referrals can be completed here Pure Joy Assessment Form 2024 (google.com)	Mirror Image Dance Company
PA2226 106 *Not accepting referrals*	His Mountaintop Ministries	3+	Varies	80 Lyles Ln, Lincoln Ca 95648	Doc Livingston (530) 561-4321 horsesdoctor@ymail.com	Offers therapeutic horseback riding.	His Mountaintop Ministries
PA2466 008	Freeform Aquatics DBA Safesplash	3+	Varies	6633 Auburn Blvd Citrus Heights, CA	Katy Sherer (916) 559-5454 ksherer@safesplash.com	Offers weekly swimming lessons.	Citrus Heights Swim Lessons SafeSplash Citrus Heights Swim Lessons Rancho Cordova SafeSplash Sacramento (Rancho Cordova)
PA2476 008	GBJJ INC	4+	Varies	9705 Village Center Drive, Granite Bay, CA 95746	Ken Kuykendall info@gbji.org CC: Ryan@gbji.org (916) 587- 1411	Offers group, private, and semi-private Brazilian Jiu-Jitsu classes.	granite bay jiu-jitsu self-defense for all ages (gbji.org)
PA2471 094	Pathways to Employment	15+	Varies	9813 Fair Oaks Blvd Ste A, Fair Oaks, CA 95628	Kim (916) 784-9809 kimchristensen@pathwaystoemploymentgb.org	Offers classes centered on developing vocational and job readiness skills.	Services - Pathways to Employment Granite Bay, CA pathwaystoe (pathwaystoemploymentgb.org)

PA2470 008	Embellish Kickboxing Academy	13-30	Varies	9154 E Stockton Blvd #120, Elk Grove, CA 95624	Fred Estrada (916) 360-0758 EMBELLISHKBA@GMAIL.COM	Offers group kickboxing classes.	Best Martial Arts - Kickboxing - Strength Training Classes in Elk Grove, CA (embellishkickboxingacademy.com)
PA2353 106 Only serves clients in Colusa, Sutter, and Yuba Counties. *	Sutter County Parent Network DBA Family Soup	5-25	Varies	3384 S Butte Rd, Yuba City, CA 95993 *Only serves clients in Colusa, Sutter, and Yuba Counties. *	ambers@familysoup.org (530) 751-1925 Ext 106	Offers therapeutic horseback riding.	Able Riders : What We Do : Family SOUP
PA2497 094	Game U Enterprises LLC	6+	Varies	Online	accinfo@game-u.com (516) 265-7555	Offers online STEAM based classes teaching skills related to coding, gaming design, creative writing, and more. Classes are offered on a 1:1 or 1:3 ratio.	GameU Online Coding, Game Development & Digital Art Classes (game-u.com)
PA2488 094	Skips Music	6+	Varies	4614 Madison Ave, Sacramento, CA 95841	School@skipsmusic.com (916) 708-7547	Offers music lessons.	Skip's Music : Serving Musicians Since 1973 (skipsmusic.com)
PA2525 008	Sacramento Youth Soccer League DBA Top Soccer	4-21	Varies	6115 Riverside Blvd, Sacramento, CA 95831	jainobrien@yahoo.com (916) 204-7162	Noncompetitive soccer for individuals between the ages 4-21.	
PA2491 693	Music Speaks LLC	3+	1:1	Services are provided in the client's natural environment.	altareferrals@musicspeakstherapy.com 563-249-5781	Offers music therapy.	Music Speaks Therapy
PA2522 008 *Currently has a waitlist*	Hoopers University LLC	4-18	Varies	Services are provided in the community.	Thomas Murphy hoopersuniversity916@gmail.com (707) 301-5516	Offers personal and small group basketball training.	Hoopersuniversity.org
PA2302 008 *ONLY ACCEPTING REFERRALS FOR MORNING SESSIONS*	Sea Otter Inc	3+	Varies	6151 Brace Rd, Loomis, CA 95650	Office.seaotterswim@gmail.com	Offers swimming lessons.	Sea Otter Swim Lessons - Swim Lessons for All Ages
HA1573 850	Cosumnes Community Services District	3+	Varies	9014 Bruceville Rd, Elk Grove, CA 95758	Rad@cosumnescsd.gov (916) 405-5373	Offers a variety of camps for youth, kids, and teens. Camps under this vendorization are	Cosumnes CSD Elk Grove & Galt, CA Official Website

						held at Wackford Community & Aquatic Complex.	
PA2451 008	Cosumnes Community Services District	Varies	Varies	Location varies by activity, but all are in Elk Grove.	Rad@cosumnescsd.gov (916) 405-5373	Offers a variety of activities including swimming, sports league, yoga, dance, and more.	Cosumnes CSD Elk Grove & Galt, CA Official Website
PA2526 094	Cosumnes Community Services District	3+	Varies	9014 Bruceville Rd, Elk Grove, CA 95758 (Wackford) 3020 Renwick Ave, Elk Grove, CA 95758 (Laguna Town Hall)	Rad@cosumnescsd.gov (916) 405-5373	Offers a variety of activities including art classes, chess club, teen afterschool program and more.	Cosumnes CSD Elk Grove & Galt, CA Official Website
PA2541 008	Sunshine Sensory Gym	3+	Varies	1059 Court Street, Suite 121, Woodland, CA 95695	Rachel De La Torre Play@sunshinesensorygymtc.com (530) 908-4143	Sunshine Sensory Gym is an indoor play space.	Sunshine Sensory Gym Therapy Clinic LLC (sunshinesensorygymtc.com)
PA2540 008	Fox Fitness	8+	1:1	8935 Greenback Ln, Suite 120, Orangevale, CA 95662	Matthew Fox foxfitness.orangevale@gmail.com (530) 736- 6718	Offers private personal strength and mobility training.	Fox Fitness Personal Training and Workouts 8934 Greenback Lane, Suite 120, Orangevale, CA, (foxfitnessorangevale.com)
HA1851 850	Cosumnes Community Services District	3+	Varies	3020 Renwick Ave, Elk Grove, CA 95758 (Laguna Town Hall)	Rad@cosumnescsd.gov (916) 405-5373	Services offered at this location include Youth Summer Camp ages 3-12.	Cosumnes CSD Elk Grove & Galt, CA Official Website
HA1852 850	Cosumnes Community Services District	3+	Varies	8830 Sharkey Ave, Elk Grove, CA 95624 (Gil Albiani Recreation Center)	Rad@cosumnescsd.gov (916) 405-5373	Services offered at this location are Youth Summer Camp ages 3-12 and RAD Kids Camp ages 6-12.	Cosumnes CSD Elk Grove & Galt, CA Official Website
HA1853 850	Cosumnes Community Services District	3+	Varies	9922 Elk Grove Florin RD, CA 95624 (Elk Grove Youth Center)	Rad@cosumnescsd.gov (916) 405-5373	Services offered at this location are Youth Summer Camp ages 3-12 and Off-Track School camp ages 5-12.	Cosumnes CSD Elk Grove & Galt, CA Official Website
PA2547 008	Space to Play	3-8	Varies	9683 Elk Grove Florin Rd, Elk Grove, CA 95624	Hello@spacetoplayeg.com (916) 546-7988	Space to Play is an indoor playground designed for children between the ages of 3-8. Clients can also participate in their open-ended art studio.	Home Space To Play Elk Grove Indoor Playground
PA2559 008	Tumblebuddies LLC	3-10	Varies	5493 Carlson Drive, ste G, Sacramento, CA 95819	tumblebuddies916@gmail.com (916) 667- 2113	Tumblebuddies is a gymnastics program designed for children between the ages of 3-10.	Home Mysite

PA2562 008	Aqua-Tots Swim School Roseville	3-12	Varies	1850 Douglas Blvd #210 Roseville, CA 95661	Cara Garry cara.garry@aquatots.com (480) 324-6173	Provides swimming lessons in private, semi-private, or group settings.	Swimming Lessons in Roseville, CA: Aqua-Tots Swim School for Kids
PA2570 008	AMPT Fitness	8+	Varies	9171 Elk Grove Florin Rd, Suite 1, Elk Grove CA 95624	Bryan Boggs letsgetampt@gmail.com (916) 471- 9459	Provides individual and small group fitness training.	Personal Training AMPT United States
PA2572 094	Expressive Arts with Jennifer	3+	1:1	1500 Cypress Ln Davis, CA 95616	Jennifer Abbanat jenniferabbanat@crownsnestadvocacy.com (530) 574-6662	Provides expressive arts utilizing areas of art, music, dance and movement.	https://www.crownsnestadvocacy.com/
PW8815 063	Arabesque Music LLC	3+	1:1	Services are provided in client's home.	Estee Kessler: (424) 352-2946 Vanessa Coto (805) 328-2641 (Spanish)	Offers in home music lessons.	Arabesque Conservatory of Music Los Angeles Music Lessons RC Referral Form
ZN0221 106	Serenity Saddles Therapeutic Riding Program	3+	Varies	7778 Nunes Road Dixon, CA. 95620	Amee Jenkins serenitysaddles@gmail.com 707-392-0775	Offers horseback riding sessions to children and adults.	About Us Serenity Saddles
PA2591 008	Kidisthenics Fitness Company	4+	1:1 1:2	Various locations throughout the community.	Ryan Bigelow Ryan@kidisthenics.org (619) 992-2753	Movement program offering individual and small group training. Specializes working with individuals diagnosed with autism but open to accepting all clients.	
PA2607 008	Special Strong Folsom	6+	Varies	Services are provided at Any time Fitness Folsom (9500 Greenback Lane Folsom, CA 95630), Anytime Fitness Roseville (1850 Douglas Rd, Unit 204 Roseville, CA 95661), and Self Made Training Facility (9580 Oak Ave Parkway Suite 12B/C Folsom, CA 95630)	Tracy Furrey Tracy.furrey@specialstrong.com (480) 262- 9688	Adaptive fitness program providing 1:1 and group training sessions.	
PA2609 008	Sci-Fit Sacramento	3+	1:1	2404 Del Paso Rd Ste 100, Sacramento, CA 95834	Kayla Robertson (916) 928-3736 robertson.scifit@outlook.com	Offers Individualized 1:1 strength training. Specialized equipment available.	SCI-FIT: Activity Based Therapy for Paralysis Recovery

PA2605 693	Ned Hammad Music Therapy Services	3+	Varies	Services are provided in the client's home or in the community (*Family must have covid 19 vaccine) Virtual Sessions available to families who are not covid 19 vaccinated.	Ned Hammad (916) 804-7057 ned@nhmts.com	Offers 1:1 and group music therapy. Clients receiving virtual sessions must provide their own instruments. In person session clients do not need to provide their own instruments unless the client is requesting a guitar.	
PA2549 094	The Spaut	18+	Varies	6234 Greenback Lane, Citrus Height, CA 95621	Shaun-Teka Bossett (916) 622-6395 getsocial@thespaut.com	The Spaut is a program that offers socialization opportunities through various activities. To access this program clients must be able to participate on their own without supervision or support.	
PA2606 008	My JAMM	12+	Varies	2536 Clearlake Way Sacramento, CA 95826	Wendy Welsher (916) 591- 1582 wendy@myjamm.rocks	Offers private and group inclusive fitness strength and wellness training.	Body Positive Training My Joyous Adaptive Momentous Movement body positive personal trainer sacramento Sacramento, CA, USA
PA2633 094	The Kinship Center	7+	Varies	151 N Sunrise Ave, Suite 1105 Roseville, CA 95661	Mandy Tapia (916) 932-5155 info@thekinshipcenter.org	Offers socialization opportunities through various activities including but not limited to video games, board games, art, and more.	www.thekinshipcenter.org https://form.jotform.com/250348413938057
PA2628 008	Quinn's Gym	7+	Varies	5917 Sutter Avenue Carmichael, CA 95608	Kevin Quinn (916) 993-9133 quinnsqymstaff@gmail.com	Offers personal and group strength and movement training.	Quinn's Gym Personal Training and Rock Steady Boxing for Parkinson's in Carmichael, CA
HA1646 850	Sunshine Sensory Gym	4+	Varies	1059 Court Street, Suite 121, Woodland, CA 95695	Rachel De La Torre (530) 908-4143 Play@sunshinesensorygymtc.com	Offers a weekly summer camp program for 3 hours per day.	Sunshine Sensory Gym Therapy Clinic LLC (sunshinesensorygymtc.com)
HA1648 850	Velez Martial Arts	5+	Varies	6425 Riverside Blvd, Sacramento, CA 95831	Joseph & Aileen Velez (916)529-7581 Velezmartialarts@gmail.com	Offers a 6-hour summer day camp.	Home Velez Martial Arts
PA2642 008	Fika Arts Studio- Fair Oaks	Varies	Varies	8536 Madison Ave, Fair Oaks, CA 95628	fikaartstudio@gmail.com (916) 969-8858	Offers dance and gymnastics classes.	FIKA ARTS STUDIO (taplink.cc)
PA2637 094	Fika Arts Studio- Fair Oaks	Varies	Varies	8536 Madison Ave, Fair Oaks, CA 95628	fikaartstudio@gmail.com (916) 969-8858	Offers art, clay, music, and sewing classes.	FIKA ARTS STUDIO (taplink.cc)

PA2630 094	The Rockstar Music Academy	4+	Varies	945 Orchard Creek Lane, Lincoln, CA 95648	Steven Pagano letsrock@therockstarmusicacademy.com (916) 409-2166	Offers music, theater, and dance program with various performance opportunities throughout the year.	Home – Rock Star Music Academy
PA2649 094	Newsongs School of Music	5+	Varies	225 30 th ST #201, Sacramento, CA 95816	info@newsongsmusic.com (916) 280-0329	Offers 1 on 1 music lessons and group music lessons.	Private & Group Music Lessons Elk Grove, Citrus Heights & East Sac
HA1627 850 *Camp 2025 cancelled *	TRS Camp Monte Toyon	16+	Varies	220 Cloister Ln, Aptos, CA 95003	trs@saccounty.gov (916) 484-2044	Camp activities: arts & crafts, nature walks, campfires, sports, and more.	Welcome to Therapeutic Recreation Services (saccounty.gov)
PW9188 693	Arabesque Music LLC	3+	1:1	Services are provided in client's home.	Estee Kessler: (424) 352-2946 Vanessa Coto (805) 328-2641 (Spanish)	Offers in home and virtual music therapy.	Arabesque Conservatory of Music Los Angeles Music Lessons RC Referral Form
ZN0285 094	On Stage Vacaville	3+	Varies	1010 Helen Power DR #107, Vacaville, CA 95687	ABBY@ONSTAGEVACAVILLE.ORG (707) 470-3733	Offers adaptive theatre, music, and art classes.	https://onstagevacaville.org/contact/ NBRC/ALTA POS Request - On Stage Vacaville
HA1691 850	NoLimitz Recreation	18+	Varies	8929 Emerald Park Dr, Elk Grove, CA 95624	Keith Lewis NOLIMITZREC@GMAIL.COM (916) 541- 6397	Offers various camps throughout the year.	NoLimitz Recreation
PA2680 008	Dancing Dolphin LLC DBA Safe Splash Swim School (Natomas)	Varies	Varies	Natomas: 4726 Natomas Blvd, Suite 4710-100 Sacramento, CA 95835	natomasinfo@safesplash.com (916) 287-1259	Offers year-round swimming lessons.	Sacramento Swim Lessons SafeSplash Natomas
PA2691 008	CrossFit Roseville	5+ *Must be 13+ to attend group classes*	Varies	8413 Washington Blvd STE 120, Roseville, CA 95747	Jesse Phillips jesse@rosevillecrossfit.com (916) 390- 1919	Offers private, semi-private, and group personal training.	Home Page - CrossFit Roseville
PA2664 008 *NOT ACCEPTING REFERRALS*	Flip 2 it Sports Center	3 Years old- Teens	Varies	10556 Industrial Ave #130, Roseville, CA 95678	officemanager@flip2itsportscenter.com (916) 772-3547	Offers a variety of gymnastics, ninja, and aerial courses.	Flip 2 It Sports Center Gymnastics Roseville CA
PA2692 SC 094	Funny Team LLC	3-18 *Languages served are Russian and English	1:1, 1:2- 1:4.	5800 Madison Ave, Suite I Sacramento, CA 95841	Dmitry Rygalin funnyteamsac@gmail.com (279) 944-5024	Offers personal, semi-private, and small group creative art classes including dance and arts and crafts.	
PA2695 SC 008	Playzeum Yuba Sutter	12 and under	Varies	1980 S Walton Ave, Yuba City, CA 95993	Staci Howell info@yubasutterplay.org (530) 763- 5134	Children's museum offering open play, workshop, and enrichment classes.	home playzeum

PA2665 008	NoLimitz Recreation	18+	Varies	8929 Emeral Park Dr, Elk Grove, CA 95624	Keith Lewis NOLIMITZREC@GMAIL.COM (916) 541- 6397	Offers 1 on 1 or small group fitness training.	NoLimitz Recreation
PA2700 008 *NOT ACCEPTING REFERRALS*	Action Ninja	3 Years old-Teens	Varies	10556 Industrial Ave #100, Roseville, CA 95678	officemanager@flip2itsportscenter.com (916) 772-3547	Offers a variety of gymnastics, ninja, and aerial courses.	Flip 2 It Sports Center Gymnastics Roseville CA
PA2701 008 *NOT ACCEPTING REFERRALS*	Flip n Fly	3 Years old-Teens	Varies	233 Technology Way Ste #2 Rocklin, CA 95765	officemanager@flip2itsportscenter.com (916) 772-3547	Offers a variety of gymnastics and aerial courses.	Flip 2 It Sports Center Gymnastics Roseville CA
PA2689 094	Kwinta Center	5+ RUSSIAN and English	Varies	6371 Auburn Blvd Suite B Citrus, Heights, CA 95621	Kashirskaia Marharita kwintacenter@gmail.com (279) 289-9813	Offers a variety of enrichment, art, dance, and music classes.	Kwinta Center
PA2690 106	UCP Saddle Pals	4+	1:1	3200 Longview Drive, Sacramento, CA 95821	Saddlepals@ucpsacto.org (279)465-6487	Offers therapeutic horseback riding.	Saddle Pals – UCP
PA2738 094	Mr. Kevin's Guitar & Piano Lessons	7+	1:1	137 Birch Street Roseville, CA 95678 *Can provide virtual lessons via zoom*	Kevin Lopez kalmuzikman@gmail.com (916) 230-9889	Offers private guitar and piano lessons	Mr. Kevin's Guitar & Piano Lessons
PA2739 008	Prime Fitness Plus LLC	13+	1:1 and small group (2-4)	Various locations throughout the community.	primefitnessplusllc@gmail.com	Offers 1 on 1 and small group fitness training	