



CalFresh Assistance

Qualifying families can receive up to **\$1224 a month!**

Family Size	Gross Monthly Income	Maximum Allotment
1	\$2,128	\$204
2	\$2,874	\$374
3	\$3,620	\$535
4	\$4,368	\$680
5	\$5,114	\$807
6	\$5,860	\$969
7	\$6,608	\$1071
8	\$7,354	\$1224
<i>Additional Person add:</i>		<i>\$153</i>



Need extra food?

Lighthouse can help.

- CalFresh is free.
- CalFresh is good nutritious food.
- CalFresh helps our local economy.

SSI recipients are now eligible.

To apply please make an appointment at

Lighthouse Counseling & Family Resource Center,
or go to www.getcalfresh.org/s/lhfrc

110 Gateway Drive, Suite 210

Lincoln, CA 95648

Phone 916-645-3300

Website: www.lighthousefrc.org



Lighthouse is a non-government nonprofit organization dedicated to helping people living in Placer County.