

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, June 12, 2018
Minutes

Present:

Austin Taylor, Chair
Michelle Rewerts, Design. Dir.
Cindy Benson
Lisa Cooley (via phone)
Tom Hopkins
Michelle Hulse
Romilda Jones
Amy Lampe
Steven Sanchez (via phone)
Kimberly Terrell
Patty Wallace
Karen Young

Absent: (* excused)

Monique Lozano*
Robert Rogers

Facilitators:

Amy Fulk
Larry Prosser
Cheryl Worthley

Staff:

Phil Bonnet, Executive Director
David Lopez, Client Advocate
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:08 p.m. on Tuesday, June 12, 2018, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) Outreach/Collaboration Discussion; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

Without objection, Austin Taylor made the motion to adopt the CAC meeting minutes of May 8, 2018 as submitted.

1. ***Executive Director's Report***



- Phil shared that yesterday, the Board decided to hold their upcoming annual September Retreat in Marysville, CA. They are also looking at some changes in the frequency of Board meetings.
 - Amy L. will sharing a presentation on abuse at the July Board Sponsored Training.
- In May, Phil attended a portion of the Senate Hearing at the State Capitol. He had other meetings at the Department of Developmental Services (DDS) that day, but Kimberly was there and advocated for the clients that are served by our statewide service system. Unfortunately, it looks like all of our advocacy efforts may not have brought forth our wishes. Camp and social recreation services will not be reinstated this next fiscal year (FY). The uniform holiday schedule for service providers has also been delayed a year. However, \$25 million has been approved for provider wage enhancements for those that provide services in high cost areas.
- The Self-Determination Program was officially approved last Thursday by the federal government. DDS now has to pick the clients that will be participating in the three-year pilot program; we will probably know who those individuals will be by September. Alta will have 175 clients as part of this initial program.

- For a long time now, Phil had been hoping that Alta would have moved all of our clients out of Sonoma Developmental Center (SDC). We have one remaining client residing there; his placement date has been delayed five times and now it's June 21st.
- The finalized questionnaire for the "Friends Helping Friends" project was distributed for review.
 - Alta Service Coordinators (SCs) will be distributing this form to the clients that have moved out of SDC.
 - Once we receive referrals, this group will develop a plan to move forward.

M/S/C (Austin Taylor) **To approve the "Friends Helping Friends" questionnaire as presented.** (10 in favor)

- Phil shared that Alta had its All Staff Meeting last Tuesday and he brought Miguel Lugo up from Los Angeles to share some humor with his staff.

2. ***Outreach/Collaboration Discussion***

Issue: Committee will discuss outreach and collaboration efforts.

Discussion and Action: Austin knew that Phil would point this group in the right direction. Now that the work is done for the visitations to SDC, and we are working to visit those individuals out in their own community homes, we need to figure out our next project.

These projects should strive to help other clients lives be the best that they can possibly be.

Suggestions include:

- Helping clients' access healthcare (e.g., transportation to their doctor's visits, etc.)
 - Find out what types of barriers clients experience when they try to access their doctors.
 - How can we make sure clients know what they need to do to stay healthy?
- Encourage more clients to attend our CAC meetings so that other clients can get more involved. What can we do individually and as a group to help spread the word?
 - Reach out to your People First Chapters and your day programs.
 - We can share information at job fairs, senior centers, childcare centers (My Friends), parent groups, Special Olympics, etc.



- Committee members will need to review the CAC information that we have to make sure it is current, including the CAC brochure.

- **Members will continue to discuss at the July meeting.**

3. **Updates**



- ◆ Peer Advocacy Connection
 - The Regional Meeting was held on Saturday, June 2nd, at *The Patriot*, a restaurant in Carmichael.
 - Amy L. did a presentation on abuse.
 - Daniel Meadows shared information about voting.
 - Another client talked about living independently.
 - The next Regional Meeting will be held in January 2019.
 - The next Peer Advocacy Connection meeting is scheduled for July 10th.
- ◆ ARCA-CAC
 - Cindy joined in on the ARCA-CAC teleconference on May 25th.
 - The group talked about the proposed uniform holiday schedule for service providers and social recreational services.
 - At the next meeting, members will be voting for the 2018-19 FY ARCA-CAC Chair.
 - The next in-person meeting will be held on Friday, July 13th, in Sacramento.
- ◆ Alta Board
 - Michelle R. attended the Board training/meeting held on May 24th in Woodland.
 - The Board voted on a new Board member from El Dorado County.
 - The group approved a contract for Crisis Behavioral Services.
 - Phil talked about the state budget and shared information about the one remaining Alta client at SDC. He also noted that the Self-Determination Program should be approved soon.
 - The next Board meeting is scheduled for Thursday, June 28th.
- ◆ Alta's Provider Advisory Committee
 - No update was shared.

4. **Public Comments/Announcement**



- Cindy is resigning from the CAC – today will be her last meeting and June 28th will be her last Board meeting.
 - Larry shared that it's been a privilege to work with her over the years.
- Cindy shared that in May she lost three friends in one week.

- Karen will be competing in the 2018 Summer Games of the Special Olympics Northern California. Her event is bocce ball. The games run from July 22nd to 24th, at the UC Davis Campus.
- Austin shared that Robert Rogers has resigned from this committee.
- Beginning on July 2nd, Austin will be starting a new full-time position. Because of this, he doesn't know what his Tuesday afternoons will look like, but he will keep this group informed.
- Committee members look forward to Kimberly's leadership beginning in July.

The next CAC meeting will be on **Tuesday, July 10, 2018**, from 2 to 4 p.m.
The meeting adjourned at 3:59 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet