

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, May 9, 2023
Minutes

Present:

Amy Lampe, Chair
Patty Wallace, Design. Dir.
Lisa Cooley
Tiffany Johnson
Jacie Oakley
Michelle Rewerts
Steven Sanchez
Anthony Stone
Kimberly Terrell
Karen Young

Visitors:

Robert Levy
Ashley Robertson

Absent: (* excused)

Barbara Crow
Tom Hopkins
Romilda Jones*

Staff:

Lori Banales, Executive Director
Jennifer Bloom, Director of Client Services
Tracy Brown, Associate Client Services Director
John Decker, Director of Community Services
Camelia Houston, Director of Intake & Clinical Services
Mechelle Johnson, Director of Client Services
Reyva Johnson, Client Advocate
Herman Kothe, Training Manager
David Lopez, Client Advocate
Faye Tait, Associate Client Services Director
Johnny Xiong, Associate Client Services Director
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met on Tuesday, May 9, 2023, at 2:01 p.m. to discuss: 1) Executive Director's Report; 2) Client Friendly IPP – Discussion; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

Without objection, Amy Lampe made the motion to adopt the CAC meeting minutes of March 14, 2023 as submitted.

1. ***Executive Director's Report***



- Lori expressed appreciation to committee members. As an advisory committee to Alta's Board of Directors, your voice is important.
- At the March CAC meeting, we discussed hosting a "Meet & Greet" prior to the CAC meetings, twice a year, to increase interest and participation in this committee.
 - Lori would like to suggest possibly holding the first "Meet & Greet" on September 12th. This would allow for volunteers to work with Lori and Lisa W. to update the CAC's PowerPoint that was put together several years ago to share the work of this committee. The updated PowerPoint presentation can be shared at the "Meet & Greet" and then we can move to socializing, with refreshments.

- Any committee members that are interested in volunteering, please contact Lisa W. Volunteers include: Lisa C. and Michelle.
- As a result of ABC News 10's exposé on conservatorships, regional centers came under some scrutiny. One of the good things that came from this was for regional centers to look at how they could support clients/families in ways that are more person-centered. Conversations about Supported Decision-Making (SDM) began. The Department of Developmental Services (DDS) has not provided guidance on this yet, but Alta has partnered with the State Council on Developmental Disabilities (SCDD) to develop a training on this option for Alta staff, clients/families and community partners.
 - The first meeting will be on Wednesday, May 24th, from 3 to 5 p.m. here at Alta's Sacramento office. This meeting will be held in-person. Volunteers from the CAC include: Lisa C., Amy L. and Kimberly.
 - This group will work to pave the way forward.

2. **Client Friendly IPP – Discussion**



- Herman shared that approximately 15 years ago, the CAC developed a client friendly Individual Program Plan (IPP) signature page that is still used to this day. However, over the years, Alta has modified its IPP signature page.
- Alta values the voice and input from this committee. We are requesting volunteers for a small workgroup to assist with updating this document. Interested individuals could meet after the CAC meetings conclude over the next several months.
 - Volunteers include: Amy L., Michelle & Karen.
- Herman will share the original client friendly IPP signature page, as well as the IPP signature page that Service Coordinators (SCs) are currently using so that both documents can be reviewed prior to the first meeting of the workgroup.
 - Lori shared that this work underscores the importance of an advisory committee. We need to work together to best serve the client of our regional center.

3. **Updates**



- ◆ Peer Advocacy Network
 - Amy shared that the group met this morning.
 - The group discussed in-person and Zoom meetings. Some Chapters will have in-person Chapter meetings but will keep their Officer meetings on Zoom. Other Chapters would like to meet in-person but their old meeting locations are not available so they have to find a new meeting place.

- They are starting to work on the September Regional Meeting, which will include a presentation about Judy Heumann and another entitled "Tools for Chapters", which will help Chapters grow stronger.
- ◆ ARCA-CAC
 - Amy shared that the next meeting is scheduled for Friday, May 26th, from 10 to 11 a.m. The group will be watching an Affordable Housing video.
- ◆ DDS-CAC
 - The next meeting is scheduled for November.

4. **Public Comments/Announcement**



- Michelle auditioned for another play, "Daisy's Dilemma". They are still choosing the cast, but she will be the Assistant to the State Manager. Michelle may be chosen for a role, as well.
- Amy L. won second place in the Bocce Ball Tournament this last Saturday.
- Robert will be presenting at the 27th Supported Life Institute's (SLI's) California Statewide Self-Advocacy Conference on Friday. Jacob Miller and Reyva, Alta's Client Advocates, will also be presenting at this conference on Saturday.

The next CAC meeting will be on **Tuesday, June 13, 2023**, from 2 to 4 p.m. The meeting adjourned at 2:46 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Lori Banales