

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, February 14, 2017
Minutes

Present:

Austin Taylor, Chair & Design. Dir.
Cindy Benson
Tom Hopkins
Michelle Hulse
Romilda Jones
Kimberly Terrell

Absent: (* excused)

Lisa Cooley
Amy Lampe*
Monique Lozano
Spencer McClay
Robert Rogers*
Steven Sanchez*
Karen Young*

Facilitators:

Larry Prosser
Jana Chapman-Plon

Staff:

Alfonso Carmona, Director of Adult &
Residential Services
David Lopez, Client Advocate
Robin LeMay, Executive Assistant

Visitors:

Jessica Piegaro

The Client Advisory Committee (CAC) met at 2:09 p.m. on Tuesday, February 14, 2017, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) "Having a conversation with your doctor about abuse"; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

- *Austin Taylor read aloud Alta's Mission & Vision statements*

1. Executive Director's Report

- Alfonso Carmona shared that Alta is closely monitoring the flood areas and the clients affected.
- There are no issues now as all clients are either with their families or have found an alternative placement.
- Alta is in close contact with the Office of Emergency Services in identifying where the shelters are and letting them know what our needs are.
- Some needs will be able to be supported by Alta, and other needs (such as transportation) can be met through generic resources.
- Jason Lindo is the main contact for the evacuation and flood concerns.
- Alta's Yuba City office is open and staff are available for assistance.
- Alta's website has been updated with a contact phone number for anybody that has questions or concerns.
- Alta is also considering developing a Facebook page as a means to provide information to the community.
- Due to the recent dam issues and the potential for flooding, it is suggested to have a "Go Kit" readily available.
- Austin suggested that the committee members discuss what their personal disaster plans are.



- Michelle noted that most clients cannot afford renters insurance and would like to know what we can do to help if clients lose their possessions.
- Alfonso advised that so far, no clients have lost material possessions, but Michelle has a good point that we should think about those things.
- Kim noted that people should only take critical possessions with them when evacuating.
- Cindy stated that in Grass Valley there are sink holes and that can be dangerous.
- David commented that goals and objectives related to disaster preparedness should be included in all IPP's.
- Kim stated that she has created a contact in her phone named ICE (In Case of Emergency), where she has her emergency contact information listed.
- Austin visits his local fire stations to tell them about himself and what room of the house he's located in, so that firefighters can locate him if he's incapacitated.
- Cindy stated that she has a laminated card that lists her medications and emergency contacts.
- Romilda advised that she was able to get her cat and some items before she evacuated, and went to STEP to find out where she would be relocated to.
- STEP gave Romilda some paperwork, a key, and told her to go to the Howe Avenue Hotel, which she did.
- Romilda said that there were six other people at the hotel that were in the same situation as her.
- Romilda's SLS worker played an important role in helping to relocate her.
- Kim noted that while some may have the same disabilities, it's important to remember that disabilities can be unique for each individual.
- Kim thought it would be good to write out in detail, the needs of an individual in case an emergency situation comes up.
- Austin said that creating an emergency profile is a good idea.

2. ***"Having a conversation with your doctor about abuse"***



- Mark Starford, with the Board Resource Center, shared information about a project that he is working on that will build the capacity of primary care providers to discuss sexual abuse with women with developmental disabilities.

3. ***Updates***

- ◆ Peer Advocacy Connection
 - No update was shared.
- ◆ Regional Advisory Committee (RAC) - Sacramento
 - No update was shared.



- ◆ ARCA-CAC
 - No update was shared.

- ◆ Alta Board
 - Austin attended the Board meeting held on January 26th.
 - The board approved the contract for a home for clients coming out of the Sonoma developmental center.
 - Phil shared proposed budgets for 2017-2018 fiscal year.
 - Alta has two new positions: Cultural Diversity Specialist and an Employment Specialist.
 - The next Board meeting is scheduled for Thursday, February 23rd, at 4 p.m.

4. **Public Comments/Announcement**



- Austin announced that Zachary Miller will no longer be able to be a member of the Client Advisory Committee as he is now employed full time.
- Robin LeMay announced that the Yuba City and Marysville evacuation has been lifted.

The next CAC meeting will be on **Tuesday, March 14, 2017**, from 2 to 4 p.m. The meeting adjourned at 3:59 p.m.

Robin LeMay
Executive Assistant

cc: ACRC Board of Directors
Phil Bonnet