

Alta California Regional Center  
Client Advisory Committee Meeting  
Tuesday, February 13, 2018  
Minutes

**Present:**

Austin Taylor, Chair  
Michelle Rewerts, Design. Dir.  
Cindy Benson  
Lisa Cooley (via phone)  
Michelle Hulse  
Amy Lampe  
Monique Lozano  
Robert Rogers  
Steven Sanchez (via phone)  
Kimberly Terrell  
Karen Young

**Absent:** (\* excused)

Tom Hopkins  
Romilda Jones\*  
Patty Wallace\*

**Facilitators:**

Amy Fulk  
Larry Prosser

**Staff:**

Phil Bonnet, Executive Director  
David Lopez, Client Advocate  
Lisa West, Executive Secretary

**Visitors:**

Sandy Bishop

The Client Advisory Committee (CAC) met at 2:05 p.m. on Tuesday, February 13, 2018, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) Informational Presentation; 3) Outreach/Collaboration Discussion; 4) Updates; and 5) Public Comments/Announcements. All present provided self-introductions.

- *Austin read aloud Alta's Mission & Vision statements*

**Without objection, Austin Taylor made the motion to adopt the CAC meeting minutes of January 9, 2018 as submitted.**

**1. *Executive Director's Report***



- Phil asked if anyone knew the difference between Alta's Mission and Vision statements. Our Mission is what we do and the reason why we exist, while our Vision is what we hope for and what we work towards. The group discussed their role in this process. Choices come with responsibility. The goal is the least restrictive environment for the individuals that the regional center serves. Per the Lanterman Act, Alta staff base client services off of their need, not necessarily what they want.
- The California Senate is looking at changing the age of onset for eligibility of regional center services for individuals from 18 to up to 21 years of age. People that experience a traumatic brain injury (TBI) before they reach 21 would then qualify for regional center services. Alta's Clinical staff work every day to determine eligibility, reviewing records sometimes from other states or countries.
- Alta will be holding our Purchase of Services (POS) Expenditure Data Public Meetings on March 14<sup>th</sup>, from 6 to 7:30 p.m., and on March 21<sup>st</sup>,

from 10:30 a.m. to noon. Everyone is welcome to attend and review the data that has been gathered.

- Phil distributed copies of a booklet entitled "Protect Yourself from Fraud". Everyone should be cautious about protecting their identity.

***\*Steven Sanchez joined the meeting***

**2. Informational Presentation**



- David shared information about the DDS Safety Net – this is a great resource to clients of the regional center system. ([www.ddssafety.net](http://www.ddssafety.net))
  - DDS is asking advocates to help spread the word about this resource; you can access the website at the library or at your day program.
    - David is available to share this information, as well as information about the CAC, at programs throughout Alta's catchment area.
  - The website has information about "Health", "Safety" and "Everyday Life".

**3. Outreach/Collaboration Discussion**

**Issue:** Committee will discuss outreach and collaboration efforts.

**Discussion and Action:** Lisa W. distributed a draft questionnaire for the "Friends Helping Friends" project. Austin read the questions aloud and gathered suggested revisions from committee members.

- **The revised questionnaire will be shared with Phil for final review at the next meeting.**

**4. Updates**



- ◆ Peer Advocacy Connection
  - Amy shared that the next Regional Meeting will be held on Saturday, March 24<sup>th</sup>, from 10 a.m. to 2 p.m. at The Patriot Restaurant in Carmichael. The theme is "Welcome Back" and the group will be inviting Phil and Lisa W. to attend. Lunch will be \$5.
- ◆ ARCA-CAC
  - Cindy participated in the February 9<sup>th</sup> teleconference.
    - The video of the ARCA-CAC was a big success.
    - DDS' \$7.3 billion proposed budget for the upcoming fiscal year will serve over 330,000 people. It includes the re-implementation of the 14-day uniform holiday schedule for providers.
    - The Self-Determination Program Waiver is expected to be approved by the Center for Medicaid Services (CMS) soon.

- ARCA is working to bring back funding for camp and recreational services.
  - ARCA is sponsoring an advocacy letter writing campaign. Samples can be found on their website at [www.arcanet.org](http://www.arcanet.org).
  - The group is planning to have a speaker on abuse and self-advocacy at their next in-person meeting which is scheduled for Friday, April 13<sup>th</sup>, in Sacramento.
- ◆ Alta Board
- Michelle R. attended the Board meeting held on January 25<sup>th</sup>.
    - The Board approved bylaw revisions concerning the Board Officer nomination process.
    - The group discussed a contract for a “step-down” home for individuals moving out of Sonoma Developmental Center (SDC\_.
    - Rita Walker shared information about the January ARCA Board meeting.
    - Phil talked about Governor Brown’s proposed budget for the 2018-19 fiscal year (FY).
    - The Board and Alta staff participated in the *2018 March for the Dream Diversity Expo* at the Sacramento Convention Center on January 15<sup>th</sup>.
  - The next Board meeting is scheduled for Thursday, February 22<sup>nd</sup>, at 4 p.m.

#### 5. **Public Comments/Announcement**



- In March, the CAC will be holding elections for Chair and designated representative position to Alta’s Board of Directors. Next year, Austin would like the designated representative to act as the Co-Chair, so that they can learn the process of running the committee meetings.
- Sandy shared that Alta’s Provider Advisory Committee (PAC) is nominating two new members to their committee.
- The Roseville People First Chapter has contacted David to ask for his assistance in spreading the word about their group. They hope that he can help them gain new members.
  - David would like to assist other Chapters. If you give him a “point person” for a particular Chapter, he will do his best to help out.
- Cindy shared that her artwork is selling very well at the Neighborhood Center of the Arts in Grass Valley.

The next CAC meeting will be on **Tuesday, March 13, 2018**, from 2 to 4 p.m. The meeting adjourned at 4:15 p.m.

Lisa West  
Executive Secretary

cc: ACRC Board of Directors  
Phil Bonnet