

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, February 12, 2019
Minutes

Present:

Kimberly Terrell, Chair
Michelle Rewerts, Design. Dir.
Tom Hopkins
Michelle Hulse
Romilda Jones
Amy Lampe
Patty Wallace
Karen Young

Absent: (* excused)

Lisa Cooley
Monique Lozano
Steven Sanchez*
Austin Taylor

Facilitators:

Amy Fulk
Cheryl Worthley

Visitors:

Tiffany Johnson
Rhonda Roads
Anthony Stone
Sean Stone
Tammy Turner
Peggy Wakefield

Staff:

Lori Banales, Director of Children &
Adolescent Services
John Decker, Manager of CPP/Forensics
Unit
David Lopez, Client Advocate
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:15 p.m. on Tuesday, February 12, 2019, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) New CAC Applicant; 2) Director's Report; 3) "How to get involved in your own community"; 4) Updates; and 5) Public Comments/Announcements. All present provided self-introductions.

- *Romilda read aloud Alta's Mission & Vision*

Without objection, Tom Hopkins made the motion to adopt the CAC meeting minutes of January 8, 2019 as submitted.

1. ***New CAC Applicant***

Issue: Committee needs to review a new CAC application.



Discussion and Action: Kimberly shared that Tiffany Johnson has submitted her application to join the CAC. She has attended the last several committee meetings. Tiffany shared information about herself with those present.

M/S/C (Kimberly Terrell) **To nominate Tiffany Johnson for membership to the CAC.** (8 in favor)

2. ***Director's Report***

- Lori is filling in for Phil, who was called to a meeting downtown today.
- John shared more information about our "Friends Helping Friends" project.



- For several years, the CAC held an annual meeting at Sonoma Developmental Center (SDC). In May 2015, the Department of Developmental Services (DDS) announced its closure and SDC closed late last year.
- When people were living in the State DCs, there were people who volunteered to visit them. Now that clients have moved into their own communities, they don't get a lot of visitors.
- With Phil's assistance, this committee developed a plan for visiting the individuals that recently moved out of SDC. Alta staff will soon be completing their meetings with the clients to assist them in filling out the questionnaire that we drafted and John is hopeful that all of the clients will sign up for visits.
- The idea is to have one or two CAC members go out and visit these clients. As we move into the springtime, it might be easier to schedule the visits at their new homes or at local parks.
- A lot of these individuals may not be able to speak. We want to try to get a positive response from them.
- The Self-Determination Program (SDP) is getting underway. 179 Alta clients were chosen; one is no longer an active client so there will be another draw to replace that person. Lori believes there may be folks that don't want to participate as they learn more about the program. If this happens, DDS will pull more names. The department is starting to hold statewide meetings to train regional center staff to this new program– the first will be held here at Alta next Tuesday. Each regional center will then begin to rollout their own trainings to the participants that were chosen. Two Service Coordinators (SCs) in each unit will be trained on how SDP will work. More information will be released soon. If you have any questions, feel free to send them in.
- The Association of Regional Center Agencies (ARCA's) Grassroots Day is scheduled for Wednesday, April 3rd. This is a wonderful opportunity to share your story with our local legislators.
 - Volunteers include: Amy L., Karen, Michelle R., Patty & Tom

3. ***"How to get involved in your own community"***

- Silas Brocks, Alta's Transportation Coordinator, spoke to the group about ways to get involved with transportation issues in their own communities.
 - The Sacramento Regional Transit Mobility Advisory Council meets on the first Thursday of every month at 2:30 p.m. in the Regional Transit Auditorium at 1400 29th Street, Sacramento. Information is shared about changes that may affect you.
 - The Sacramento Regional Transit has a Customer Advocacy Line, which is strictly for questions about their Connect Cards and customer service. You can contact them about any issues that you experience while using public transportation.



- Placer County holds an Unmet Transit Needs Meeting every six months. You can voice concerns about changes that affect you.
- Yuba-Sutter Transit holds their meetings on the third Thursday of every month at 4 p.m. at the Yuba County Government Center at 915 8th Street, Marysville.
- Alta's Transportation Hotline is (916) 978-6250

4. **Updates**

◆ Peer Advocacy Connection

- Amy shared that the Regional Meeting was held on January 19th. The group talked about relationships and exercise.
- The next Regional Meeting will be held on June 22nd at the Courtyard by Marriott in Sacramento.
- Dana Faletti has been named the Interim Program Director.
- The group is talking about possibly changing their name. They will continue to discuss this topic at the April meeting.

◆ Alta Board

- Michelle R. attended the Board meeting which was held on January 24th.
 - The Board reviewed the recent independent audit report that was conducted.
 - The group reviewed the highlights of the proposed budget that Governor Newsom released for the 2019-20 fiscal year (FY).
 - Phil talked to the group about the safety net that is being developed across the state to assist those individuals that have moved out of developmental centers. Alta is excited about the resources that are being developed.

5. **Public Comments/Announcement**

- Amy is making a card for Alfonso Carmona, Alta's Director of Adult & Residential Services, who is retiring in early April.
- Michelle R. is going to Egypt in September. She is also in an upcoming play entitled "The Merry Wives of Windsor".
- Michelle H. is writing a report and is looking for people to interview so that we can spark interest in the next generation.
- David would like to suggest possibly forming a workgroup that can review and update the CAC's presentation. They would meet in April, since the CAC doesn't meet that month. Then they could bring their suggested revisions back to the full CAC for review and approval at the May CAC meeting. It's important to note that the workgroup would be making the revisions, not the entire CAC. If you want to have input, please volunteer.
- The committee expressed appreciation to Anthony for attending this committee meeting. Sean, his brother, thanked David for suggesting this to him.

The next CAC meeting will be on **Tuesday, March 12, 2019**, from 2 to 4 p.m. The meeting adjourned at 3:33 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet