

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, November 8, 2016
Minutes

Present:

Austin Taylor, Chair & Design. Dir.
Lisa Cooley (via phone)
Tom Hopkins
Romilda Jones
Amy Lampe
Monique Lozano
Robert Rogers
Steven Sanchez (via phone)
Kimberly Terrell (via phone)
Karen Young

Facilitators:

Jana Chapman-Plon
Amy Fulk
Ed Plon
Cheryl Worthley

Visitors:

Kathy Brian
Rhonda Rhoades
Patty Wallace

Staff:

Phil Bonnet, Executive Director
David Lopez, Client Advocate
Lisa West, Executive Secretary

Absent: (* excused)

Cindy Benson*
Michelle Hulse*
Spencer McClay
Zach Miller*

The Client Advisory Committee (CAC) met at 2:03 p.m. on Tuesday, November 8, 2016, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) Outreach Discussion; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

- *Austin read aloud Alta's newly revised Mission & Vision statements; this committee will start to read them before every meeting beginning in January 2017.*

M/S/C (Lisa Cooley) **To approve the CAC meeting minutes of October 11, 2016 as submitted.** (10 in favor)

1. Executive Director's Report



- Phil asked everyone if they went out and voted today. One of the ways to make a difference in the world is to make sure your elected officials know that you vote.
- Part of life is the journey that we take... Sheryl Ledford passed away on Saturday, November 5th. Phil shared that Sheryl may be the only regional center client in the State of California who has served on two different regional center Boards (Redwood Coast Regional Center & Alta's).
 - We will be hosting a "Celebration of Life" for Sheryl on Thursday, November 17th, from 2 to 3 p.m. here at Alta's Sacramento office.
 - This committee will collect donations, in honor of Sheryl, to sponsor a family for the Christmas holiday.

- Those present watched a slide show from Alta's **LA50** celebration. When you think about how many people's lives have been touched over the last 50 years, it's pretty amazing!
- We now have 22,000 individuals served by Alta. Each member on this committee has a huge responsibility to speak up for those clients and families – young and old.
- Outreach is key; we may want to consider holding some upcoming meetings in our outlying counties.

2. **Outreach Discussion**



- Austin would like committee members to think about what outreach means to them.
- Alta serves a ten county catchment area; there is a wide net that we can cast to reach out to clients that may not know about us. Austin would like to propose holding our committee meetings in a different county twice a year.
 - If you live in an outlying county, please let Austin know why this group should come see you; what is going on in your community?
- Members would like to talk about putting together a quarterly or semi-annual newsletter so that we can get the word out about our CAC and what we are doing.
 - An outreach workgroup will be created to discuss this option. The content needs to be gathered and edited.
 - Austin & David will Co-Chair this workgroup.
 - Volunteers include: Karen, Lisa C., Monique, Robert, and Romilda
- We need to make a point to reach out to every client served by Alta. This will give the workgroup a purpose.
 - A suggestion was made to send out a survey to clients in other counties to find out what is important to them.
 - **Committee will continue to discuss the outreach workgroup at the next meeting.**

3. **Updates**

◆ Peer Advocacy Connection

- Amy L. shared that the group met on October 12th.
 - The group was provided a legislative update.
 - Preparations for the Regional Meeting scheduled for Saturday, October 29th, were finalized.
 - Presentations included: "18 Ballot Measures" & a legislative advocacy role-play
 - Book event: presentation on Michael Long's book entitled *If Your Dreams Are Big Enough the Facts Don't Count*



- Costume contest - Karen Young & Amy Lampe won 1st & 2nd prize (Starbucks gift cards)
 - Members provided updates on local events.
 - The next meeting will be held tomorrow, November 9th, from 10 a.m. to 12:30 p.m., in Sacramento.
- ◆ Regional Advisory Committee (RAC) - Sacramento
- The State Council's Sacramento office has had a busy month:
 - They gave an Emergency Preparedness and Self-Determination presentation at the Supported Life Conference.
 - They hosted an information table at the APSE Conference.
 - They assisted with and attended the **LA50** celebration at Alta on October 15th.
 - They participated in the Department of Social Services Employment Fair.
 - They held three Special Education Workshops in Sacramento and Yolo Counties.
 - They attended the Regional Peer Advocacy Connection meeting, and the SELPA and CAC meetings in Nevada & Yuba Counties, and the San Juan Unified School District.
 - They held a HCBS Training at DDSO.
 - They attended the Housing Now Board meeting, the Business Advisory Committee Job Fair, and the Statewide Self-Determination Advisory Committee meeting.
 - All are welcome to attend the next RAC meeting, which is scheduled for Tuesday, December 6th, from 11 a.m. to 1 p.m. at the SCDD Sacramento office located at 2033 Howe Avenue, Suite 160.
- ◆ ARCA-CAC
- No update was shared.
- ◆ Alta Board
- Austin attended the Board meeting held on October 27th.
 - As mentioned earlier, the Board made revisions to Alta's Mission and Vision statements.
 - The group reviewed the dashboard indicators, which indicated that our regional center is now serving over 22,000 clients.
 - Phil shared information on the new CalABLE law which will allow individuals with disabilities to save up to \$14,000 per year, and \$100,000 in a lifetime.
 - The next Board meeting is scheduled for Thursday, November 17th, at 4 p.m.

4. **Public Comments/Announcement**



- Austin shared that Patty is interested in becoming a CAC member, so she will be attending the next several meetings before the committee takes a vote on her membership.
- David shared that Alta staff met with visitors from Japan in October and they were able to share differences in our systems – institutions are being built in Japan, while we are trying to close them. The visitors are trying to make life better for individuals with developmental disabilities and that is why they came to see what the State of California is doing.
- Tom has persimmons available for everyone to take home.
- The Marysville People First Chapter will be holding their meeting on Friday, November 18th, from 5 to 8 p.m. at RoundTable Pizza.
- Amy L. asked for prayer for three people in her life who are having surgery.
- Lisa C. shared that the next Self-Determination Advisory Committee is scheduled for Wednesday, December 14th, from 10 a.m. to noon at Alta's Sacramento office.

The next CAC meeting will be on **Tuesday, January 10, 2017**, from 2 to 4 p.m. The meeting adjourned at 3:56 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet