

Alta California Regional Center  
Client Advisory Committee Meeting  
Tuesday, November 12, 2019  
Minutes

**Present:**

Kimberly Terrell, Chair  
Michelle Rewerts, Design. Dir.  
Tom Hopkins  
Michelle Hulse  
Tiffany Johnson  
Amy Lampe  
Anthony Stone  
Patty Wallace  
Karen Young

**Board Members:**

Paul Platner

**Visitors:**

Terry Ajuria  
Jana Chapman-Plon  
Debby Dillon  
Jacie Oakley  
Nicole Patterson  
Marsha Stone  
Peggy Wakefield

**Absent:** (\* excused)

Lisa Cooley  
Romilda Jones  
Monique Lozano  
Steven Sanchez\*

**Staff:**

Phil Bonnet, Executive Director  
Lori Banales, Director of Client Services  
John Decker, Director of Community  
Services  
David Lopez, Client Advocate  
Lisa West, Executive Secretary

**Facilitators:**

Amy Fulk

The Client Advisory Committee (CAC) met at 2:01 p.m. on Tuesday, November 12, 2019, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) DDS'-CAC; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

**Without objection, Tom Hopkins made the motion to adopt the CAC meeting minutes of October 8, 2019 as submitted.**

- *Tiffany read aloud Alta's Vision*

1. ***Executive Director's Report***



- Phil asked those present what they think a vision means. He believes it's what we are looking towards as an organization with input from committee members like you. CAC members represent all of the clients that Alta serves, and Phil takes input from this committee very seriously.
- We need to increase the number of CAC members. Phil would like suggestions on how to spread the word about the CAC.
  - Transportation may be an issue; it might be a barrier for participation.
  - Use Alta's social media platforms, as well as the CAC's page on the agency's website.
- We are almost two weeks away from Thanksgiving. Those present shared their family traditions.

- Recognizing that you do have things to be thankful for is very important.
- In the past, the CAC has adopted a family for the holidays and last year we helped the victims of the Camp Fire.
- The Association of Regional Center Agencies (ARCA) will be holding a training in February 2020 – the “ARCA Academy”. Members of the Board of Directors from all 21 regional centers will be in attendance.
  - Phil will be suggesting to ARCA to possibly have members from different CAC’s share information about what they do at this training.
- “Friends Helping Friends” is a great example of Alta’s Vision.
  - Debby came to today’s meeting to schedule some visits for the four homes that would like to participate in this project. The homes are located in Rio Linda, Carmichael (2), and Elk Grove.
    - As members of the CAC, Phil shared that Alta will be able to provide transportation for those that would like to volunteer.

*\*Paul left the meeting*

## 2. **DDS’-CAC**



- Nicole Patterson, with the Department of Developmental Services (DDS), shared there is currently a vacancy on DDS’ CAC for a representative from Alta’s catchment area. She provided a brief description of what members are expected to do (e.g., share information between the DDS’ CAC and the regional center’s CAC, represent the DDS’ CAC at statewide meetings, sit on various committees, etc.). Nicole believes that this committee allows individuals to expand their advocacy skills.

## 3. **Updates**



- ◆ Peer Advocacy Network (PAN)
  - Amy L. shared that the group met today and worked on the March Regional Meeting, which will be held on March 21, 2020. The theme is “Housing, Community, and Census...Oh My!”
  - The group reviewed and approved two documents – “Speakers List” and “Information for Advisors”. These will be distributed to the Chapters.
  - The PAN will not be meeting in December.
- ◆ ARCA-CAC
  - Michelle R. attended the meeting which was held on October 25<sup>th</sup>.
    - She shared information about the Alta CAC’s “Friends Helping Friends” project, and also talked about Alta’s last remaining client moving from the developmental center (DC) in October.
    - The group discussed the picture icons that they used and their meaning. They also talked about self-advocacy and outreach.

4. ***Public Comments/Announcement***



- Amy L. is engaged – she will be getting married in 2020! She is also going to South Lake Tahoe from November 30<sup>th</sup> thru December 7<sup>th</sup>.
- David shared that DDS will be holding a meeting about the new CMS Rules on November 18<sup>th</sup>, from 3:45 to 4:45 p.m. They hope to get input from clients that are on the waiver about the changes that will be happening soon. If you are interested in attending, please let him know.
- Michelle R. is auditioning for a part in an upcoming show – “The Buddy Holly Story”.

The next CAC meeting will be on **Tuesday, January 14, 2020**, from 2 to 4 p.m. The meeting adjourned at 3:45 p.m.

Lisa West  
Executive Secretary

cc: ACRC Board of Directors  
Phil Bonnet