

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, November 10, 2020
Minutes

Present:

Kimberly Terrell, Chair
Patty Wallace, Design. Dir.
Lisa Cooley
Tom Hopkins
Tiffany Johnson
Amy Lampe
Michelle Rewerts
Steven Sanchez
Anthony Stone
Karen Young

Facilitators:

Amy Fulk

Visitors:

Zachary Miller
Jacie Oakley
Amanda Parker
Ashley Robertson
Cindy Ruder
Alma Tucakovic

Staff:

Phil Bonnet, Executive Director
Lori Banales, Deputy Executive Director
David Lopez, Client Advocate
Lisa West, Executive Secretary

Absent: (* excused)

Michelle Hulse*
Romilda Jones*

The Client Advisory Committee (CAC) met at 2:03 p.m. on Tuesday, November 10, 2020, by Webex/teleconference to discuss: 1) Executive Director's Report; 2) Updates; and 3) Public Comments/Announcements. All present provided self-introductions.

Without objection, Lisa Cooley made the motion to adopt the CAC meeting minutes of October 13, 2020 as submitted.

1. ***Executive Director's Report***



- Phil wants to start the meeting talking about the word "aspiration". In order to aspire to do something, such as a goal, you need to put forth the effort. Sometimes it's in small steps, such as being a member of this committee. Every one of you has a story to tell and have opportunities to help and contribute.
 - David working at Alta as the Client Advocate.
 - Tom was on Alta's Board of Directors.
 - Michelle is now the Chair of the ARCA-CAC.
 - Patty is the CAC's designated director to Alta's Board.
 - Lisa C. started with Alta late in life compared to other clients. She is the Chair of the Self-Determination Advisory Committee (SDAC), and participates in the Lanterman Housing Alliance.
 - Alma is aspiring to become a CAC member and more involved with Alta.

While this group inspires Phil, participating in this group allows for an opportunity to discuss how Alta can do better to serve the folks that depend on us every day.

- Nearly one million people in the State of California have now tested positive for COVID-19. Sacramento County just went back into the purple tier (most restrictive). This situation is hard on everyone. We need to continue to wear a mask, wash our hands and try to stay six feet apart. Once the vaccine is approved, Phil understands that people with developmental disabilities may receive priority on having access to it. Even when we do get the vaccine, it's going to be a long while before we get back to some sense of normalcy. We need to continue to do everything we can to protect ourselves.
- Tomorrow, Veteran's Day, is the beginning of the holiday season. Phil shared that Alta is going to hold a drive thru Santa Day on Friday, December 11th, from 12 noon to 4 p.m., in front of our Sacramento office.

2. **Updates**

◆ Peer Advocacy Network (PAN)



- The group met this morning and talked about what each Chapter usually does during the holidays and what they plan to do this year.
- During recent meetings, Chapters have had presentations on voting, how their services have changed during COVID-19, how to keep busy during the holidays, healthy relationships, autism and sensory issues, and self-defense.
- At each PAN meeting, members receive updates on the Self-Determination Program (SDP), Alta's CAC, DDS' CAC and the ARCA-CAC.
- The group does not meet in December, so the next meeting will be held in January 2021.

◆ ARCA-CAC

- The group continues to discuss how COVID-19 is affecting everyone. They also talked about the Self-Determination Program (SDP).
- The next virtual meeting is scheduled for Friday, November 20th.

3. **Public Comments/Announcement**



- Nancy Bargmann, the Director of the Department of Developmental Services (DDS), appointed Amy L. to the DDS' CAC. The appointment is for three years, expiring on June 30, 2023.
- If you have any suggestions for spotlights for upcoming meetings, please connect with David.
- It is Michelle's birthday tomorrow – Happy Birthday, Michelle!
- Lisa C. shared that the next Statewide State Council on Developmental Disabilities (SCDD) meeting will be held on December 8th & 10th via Zoom.

The next CAC meeting will be on **Tuesday, January 12, 2021**, from 2 to 4 p.m. The meeting adjourned at 3:04 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet