

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, November 10, 2015
Minutes

Present:

Romilda Jones, Chair
Tom Hopkins
Michelle Hulse
Amy Lampe
Sheryl Ledford
Zach Miller
Robert Rogers
Steven Sanchez (via phone)
Kimberly Terrell
Karen Young

Facilitators:

Jana Chapman-Plon
Eloise Dixon
Amy Fulk
Ed Plon
Cheryl Worthley

Absent: (* excused)

Austin Taylor, Desig. Dir.
Cindy Benson*
Lisa Cooley
Monique Lozano
Spencer McClay*
Jon Nelson*

Visitors:

Sonya Bingaman

Staff:

Phil Bonnet, Executive Director
David Lopez, Client Advocate
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:02 p.m. on Tuesday, November 10, 2015, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) 2016 Performance Contract; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

M/S/C (Tom Hopkins) **To approve the CAC meeting minutes of October 13, 2015 as submitted.** (10 in favor)

1. ***Executive Director's Report***

- Phil shared that the letter of support that was sent to a southern California regional center's CAC last month was well received. Their CAC was grateful that our group took the time to say that we cared about them. The day after the letter was received, major changes in leadership occurred. There are several individuals who have stepped in to help our fellow regional center through this transition.
- Just prior to the next Board meeting, Alta will be hosting the Client Recognition Awards, in conjunction with Sacramento's State Council Office. Ten recipients will be receiving recognition certificates. Phil encouraged committee members to attend, if possible. The festivities begin at 2 p.m. on Thursday, November 19th.
- Phil shared that Rick Rollens' wife just passed away this last weekend. Rick, a member of our Alta family, has spent many years as an advocate for people with intellectual and developmentally disabilities, as well as a



legislative analyst for the State of California. If you are interested, please sign the card that is being passed around today.

- There has been a change in the law regarding In-Home Supportive Services (IHSS). If any support person works over 40 hours per week for an individual, they will need to receive overtime for those additional hours.
- We still do not know when the Self-Determination Program will begin. Alta Service Coordinators (SCs) are actively gathering names of those who are interested so that they are placed on the list for the initial roll-out. The Department of Developmental Services (DDS) will be choosing 175 Alta clients who will be participating in the initial phase.

2. **2016 Performance Contract**



- Copies of Alta's 2016 Performance Contract with DDS were distributed.
 - Phil reviewed the public policy measures with those present.
 - There is a new measure – "Increase awareness of the cultural diversity and improve services for all ethnic groups served by Alta using Purchase of Service data relating to age, race, language, and disability, to measure outcomes." He reviewed the activities that Alta plans to implement to meet this measure.
 - The Board of Directors will be reviewing/approving this contract at the November 19th Board meeting.

3. **Updates**



- ◆ Peer Advocacy Connection
 - Amy shared that the last meeting was held on October 14th.
 - The group continued to plan for the Regional Meeting, which was held on Saturday, October 24th, at the Lions Gate Hotel in Sacramento.
 - A legislative update was given.
 - The Supported Life Institute (SLI) website and Peer Advocacy Connection YouTube Channel are pending.
 - The next meeting will be held tomorrow, November 11th, from 10 a.m. to 12:30 p.m., at the SLI.
- ◆ Regional Advisory Committee (RAC) - Sacramento
 - The next meeting will be held on Tuesday, December 8th, from 11 a.m. to 1 p.m.
- ◆ ARCA-CAC
 - No update was shared.
- ◆ Alta Board
 - Amy shared that the Board met on October 22nd.

- SAVE THE DATE – “We Are Here to Speak for Justice” will be held on Thursday, December 10th, at 10 a.m. at the Sacramento Convention Center.
- Phil talked about the Managed Care Organization (MCO) tax that is needed to fund our statewide system.
- He provided everyone with an update on the local Self-Determination Advisory Committee.
- Alta staff continue to work hard to develop new resources to meet the needs of the clients who are moving out of Sonoma Developmental Center (SDC).
- The next Board meeting is scheduled for Thursday, November 19th, at 4 p.m.

4. **Public Comments/Announcement**



- Phil shared that Santi Rogers, Director of DDS, is retiring on December 1st.
- Tom was wondering how an individual in a wheelchair exits the building during a fire.
 - Lisa shared that Alta has a Safety Committee and plans are in place with the Fire Department to make sure that everyone exits the building in case of an emergency.
- David attended the Strategies to Empower People (STEP's) Staff Orientation and he will be working with Romilda to possibly have an Alta client come to this committee to share her story about her transition to Supported Living Services (SLS).
- On Monday, Sonya worked with an individual, Richard, who did a presentation on Down Syndrome for a regular education classroom. There was a question and answer period. The presentation was well received.
 - If anyone is interested in sharing their story with others, please contact her.
- Zach shared that he will be visiting his aunt in Oklahoma from November 21st through December 21st.
- Tom shared that Paratransit will be holding their next Board meeting on Thursday, November 12th, beginning at 6 p.m.

The next CAC meeting will be on **Tuesday, January 12, 2016**, from 2 to 4 p.m. The meeting adjourned at 3:39 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet