

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, October 9, 2018
Minutes

Present:

Kimberly Terrell, Chair
Michelle Rewerts, Design. Dir.
Lisa Cooley
Tom Hopkins
Amy Lampe
Karen Young

Absent: (* excused)

Michelle Hulse
Romilda Jones*
Monique Lozano
Steven Sanchez*
Austin Taylor*
Patty Wallace*

Facilitators:

Amy Fulk

Board Members:

Jackie Armstrong

Visitors:

Rick Hodgkins
Tiffany Johnson
Melissa Kelly
Dana Wentz
Lori Wentz

Staff:

Phil Bonnet, Executive Director
David Lopez, Client Advocate
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:07 p.m. on Tuesday, October 9, 2018, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) "What does the DDS-CAC do?"; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

Without objection, Kimberly Terrell made the motion to adopt the CAC meeting minutes of September 11, 2018 as submitted.

- *Lisa C. read aloud Alta's Mission & Vision*

1. ***Executive Director's Report***



- Phil asked what Alta's Vision means to those present. Committee members believe it means that people aren't rude, but respectful. That all of us have equality in what we say and in our lives. Phil shared that one of the reasons that regional centers exist is to live this vision. The goal is for everyone to be treated equally, regardless of their abilities. One of the great equalizers is work or volunteering.
 - Karen has worked at several jobs (e.g., as a dishwasher, at a daycare, and now at Easter Seals – the best job she has ever had!).
 - Lisa C. does a lot of volunteer work.
 - Amy L. and Michelle volunteer at church and work with children.
- The CAC's presentation, entitled *Our Sonoma Journey*, at the Supported Life Conference last Thursday was well attended and greatly appreciated.

David, Amy L., Austin and Kimberly enjoyed sharing this committee's story with everyone in attendance.

- We need to move forward with the "Friends Helping Friends" idea. This is what it's all about – living in the community. We need to make sure that everyone feels valued.
- The Department of Developmental Services (DDS) chose the clients that would be participating in the initial three-year phase in of the Self-Determination Program on October 1st, and we have one of those participants sitting here at our table today. A total of 179 clients from Alta were chosen, and those individuals will be receiving a letter from DDS to share "next steps".
- Phil would like to know what this group would like to do to celebrate the holidays. Committee members discussed adopting an adult client for the holidays.
 - Phil will bring five client profiles to the November meeting to choose from.
 - Amy L. and Karen volunteered to collect the money and do the shopping this holiday season.

2. **"What does the DDS-CAC do?"**

- Those present received a presentation from Rick Hodgkins, Alta's DDS-CAC representative, about what the DDS-CAC does.



3. **Updates**

◆ Peer Advocacy Connection

- Amy L. shared that the committee met on September 11th.
 - Sharon Perry facilitated the meeting and asked how members would like to proceed with the committee meetings.
 - Everyone was happy that they worked as a group and spoke up. They realized that working together would benefit the whole advisory committee the most.
 - Amy L. will continue to chair the meetings.
 - The group will continue to work as a team.
 - Agendas and typed minutes will be available at each meeting.

◆ ARCA-CAC

- No update was shared.

◆ Alta Board

- Michelle R. attended the Board meeting which was held on Thursday, September 27th.
 - The Board held their meeting in Yuba City.
 - The group reviewed and approved Alta's 2019 Performance Contract with DDS.



- They revised a section of the bylaws; deleting the term limit for Board Officers.
- The Board updated Alta's Board Input Policy and approved the agency's line of credit with U.S. Bank.
- Phil talked about the Self-Determination Program which will be rolling out soon.
- Alta staff are being trained on "Person Centered Thinking".
- The next Board meeting is scheduled for Thursday, November 15th, at 4 p.m.

4. **Public Comments/Announcement**



- Amy L. shared that a Special Needs Halloween Dance is scheduled for Monday, October 29th, from 5 to 8 p.m., at the Millennium Family Entertainment Center, located at 901 Spiva Avenue in Yuba City. Cost is \$2 per person.
- Karen shared that Easter Seals is holding their Annual Haunted House from October 23rd to October 31st, in Yuba City. \$3 general admission, \$1 children, and \$1 for people served by the regional center.
- Runway 18 is coming to the Folsom Community Center on Sunday, November 4th. This fundraiser supports inclusive playgrounds.
- The next Self-Determination Advisory Committee meeting is scheduled for Wednesday, November 14th, from 10 a.m. to noon at Alta's Sacramento office.
- WeEmbrace is having an inclusive Halloween Party for kids and adults. Admission is free. The party will be held on Saturday, October 27th, from 4:30 to 7 p.m. at Chinmaya Triveni in Sacramento.
- Working with the MIND Institute, Lisa C. just completed a video interview for African American parents who have had their children diagnosed with a developmental disability.
- Don't forget to vote – either by mail-in ballot or in person on November 6th.

The next CAC meeting will be on **Tuesday, November 13, 2018**, from 2 to 4 p.m. The meeting adjourned at 3:38 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet