

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, October 8, 2019
Minutes

Present:

Kimberly Terrell, Chair
Michelle Rewerts, Design. Dir.
Lisa Cooley (via phone)
Tom Hopkins
Tiffany Johnson
Amy Lampe
Anthony Stone
Patty Wallace
Karen Young

Absent: (* excused)

Michelle Hulse*
Romilda Jones
Monique Lozano
Steven Sanchez*

Facilitators:

Amy Fulk

Board Members:

Carmen Aguilar

Visitors:

Terry Ajuria
Charlene Jones
Mark Starford
Sean Stone
Peggy Wakefield

Staff:

Phil Bonnet, Executive Director
Lori Banales, Director of Client Services
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:05 p.m. on Tuesday, October 8, 2019, in the Brenda Smith Conference Room at Alta California Regional Center (Alta) to discuss: 1) Executive Director's Report; 2) Updates; 3) Public Comments/Announcements; and 4) Follow-up discussion on "Sexual Violence on Men with Disabilities". All present provided self-introductions.

- *Karen read aloud Alta's Vision*

Without objection, Tom Hopkins made the motion to adopt the CAC meeting minutes of September 10, 2019 as submitted.

1. ***Executive Director's Report***



- Phil asked for witnesses to Alta's Vision coming true.
 - Participating in the Special Olympics.
 - At their jobs – they are valued employees.
 - Out in the community, when your caregiver treats you respectfully.
- Those present discussed past and present television shows and movies where individuals with disabilities were portrayed by those that have disabilities and actors in a positive light.
- Alta is entering into the world of social media. Soon we will have a Facebook page, Twitter feed and Instagram.
 - Suggestions include:
 - Posting more pictures on the agency's website; they will draw more attention (include clients and their families, CAC, employees, etc.).

- Possibly having a commercial or ad on TV or the radio.
 - Have staff share what they do and why they do it.
- Yesterday, Alta held a meeting to share information about the Self-Determination Program (SDP). Individuals that want to participate in this program need to attend an orientation by November 15th, or they will get dropped from the list. The Department of Developmental Services (DDS) will then choose replacements for the open slots.
 - The individual's team of support is critical to getting served under SDP.
 - Alta's first client has started SDP and a few more are almost ready.
 - DDS allocated 179 slots to Alta for the initial rollout of the three-year project. 52 people have chosen to be taken off the list, so we are waiting for the department to select their replacements.
 - Service Coordinators (SCs) are contacting the other participants to make sure they attend a scheduled orientation by the deadline.
- Last year for the holidays, the CAC helped the people of Paradise that were affected by the wildfire. At the November meeting, Phil will bring some suggestions for the committee to consider for this year.
 - If you have any suggestions, please let him know.

2. Updates

- ◆ Peer Advocacy Network (PAN)
 - Amy L. shared that the group met today and started planning for the next Regional Meeting, which will be held in March 2020.
 - *A Touch of Understanding* will be presenting.
 - Each group will be putting on a skit/roll play.
 - PAN is now putting out a newsletter.
 - They shared information about Chapter meetings.
 - The SLT People First Chapter is holding two dances:
 - The first one will be held on Saturday, October 19th, from 3:45 to 6:45 p.m.; you must R.S.V.P. by October 12th.
 - Their winter dance is scheduled for Saturday, November 23rd, from 3:45 to 6:45 p.m.; you must R.S.V.P. by November 16th.
- ◆ Alta Board
 - The Board held a community "Meet & Greet", its Board meeting and a training at the Historic Cary House Hotel in Placerville at the end of September.
 - The Board voted on a new member – Carmen Aguilar, who is in attendance today.
 - The group reviewed Alta's 2020 Performance Contract, and the June and July financial reports.
 - They were provided updates from the various Board committees and also given information about the August statewide ARCA meeting.



- The next Board meeting is scheduled for Thursday, November 21st, at 4 p.m.

3. **Public Comments/Announcement**



- Lisa C. shared that if anyone would like to attend the Statewide Self-Advocacy Network (SSAN) meeting in Sacramento, they can attend by phone in a public place that isn't their home as long as they let someone know. More information is available through the State Council's Sacramento office.
- Rick Hodgkins is terming off of the DDS' CAC in November. If you are interested in representing Alta at the State level, please reach out to Nicole Patterson, with DDS, or David Lopez for more information.

4. **Follow-up discussion on "Sexual Violence on Men with Disabilities"**



- Mark Starford and Charlene Jones, with The Board Resource Center, shared information about the project that they initially talked to the CAC about in March of this year. Videos are posted on The Arc's website at www.talkaboutsexualviolence.org

The next CAC meeting will be on **Tuesday, November 12, 2019**, from 2 to 4 p.m. The meeting adjourned at 4:00 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet