

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, October 10, 2023
Minutes

Present:

Amy Lampe, Chair
Tom Hopkins, Design. Dir.
Lisa Cooley
Jacie Oakley
Michelle Rewerts
Steven Sanchez
Anthony Stone
Kimberly Terrell
Patty Wallace
Karen Young

Visitors:

Desiree Boykin
Dan Lake
Robert Levy
Peter Mendoza
Kelly Pennington
Ashley Robertson
Jemel Willams

Absent: (* excused)

Barbara Crow
Tiffany Johnson*
Romilda Jones

Facilitators:

Amy Fulk

Staff:

Lori Banales, Executive Director
Jennifer Bloom, Director of Client Services
Tracy Brown, Associate Client Services Director
Mechelle Johnson, Director of Client Services
Reyva Johnson, Client Advocate
Herman Kothe, Training Manager
David Lopez, Client Advocate
Jacob Miller, Client Advocate
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met on Tuesday, October 10, 2023, at 2:06 p.m. to discuss: 1) Executive Director's Report; 2) Client Friendly IPP Signature Page Update; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

Without objection, Amy Lampe made the motion to adopt the CAC meeting minutes of September 12, 2023, as submitted.

1. ***Executive Director's Report***



- Lori welcomed Dan Lake, Alta's Board President, and Kelly Pennington, Alta's Board Vice President, who are joining us today.
- This committee is working on several initiatives:
 - CAC members are working with Alta staff to update the Client Friendly Individual Program Plan (IPP) signature page.
 - Helping Alta develop the Supported Decision-Making (SDM) training materials for staff, clients/families and the community, at large.
 - The Department of Developmental Services (DDS) has charged the State Council on Developmental Disabilities (SCDD) with developing training materials for the entire state. The

workgroup continues to meet with Robin Black, Alta's Legal Services Manager, who appreciates the input from the CAC's volunteers.

- The CAC's Meet & Greet is scheduled for November 14th, prior to the regularly scheduled meeting. While there are a finite number of seats at the table, there is always room for client voices to be heard. The CAC brings client ideas back to the Board for consideration.
 - Members will be reading aloud slides of the updated CAC PowerPoint presentation.
- Lori would like to turn over the agenda to the CAC Chair, Amy L., and Alta's Client Advocates – David, Jacob and Reyva.
 - She will continue to participate in the meetings.
- The new *Alta Connections* was released last week. All of the agency's newsletters are posted on the website and are available in multiple languages.
 - Mechelle highlighted the October issue.
- Lori noted that Alta is trying to maximize our agency's efficiencies and assist with ongoing transportation issues. Effective October 1st, Alta is contracted with R&D Transportation.
 - Over the next several months, Lori would like CAC members to share how clients are moving through this transition.
- Two conferences will be held this month; reminder – Alta is able to fund one conference registration per fiscal year (FY).
 - The MIND Institute's Annual Aprendiendo Juntos, or "Learning Together" Spanish Conference on October 28th.
 - The 37th Annual Supported Life Conference "Inspiring Unity through Common Goals and Creativity" will be held October 26th & 27th.
 - The Direct Support Professionals (DSP) Collaborative between Valley Mountain Regional Center (VMRC) and Alta will be a highlighted session.

2. Client Friendly IPP Signature Page Update

- Herman noted that the charge of this workgroup is to make the IPP's signature page more client friendly.
 - The group envisions modeling the end-product after DDS' "A Consumer's Guide to The Lanterman Act".
 - Their vision is to develop "A Client's Guide to My Individual Program Plan (IPP)".
 - They continue to work on the language and content.

3. Updates

- ◆ Peer Advocacy Network (PAN)
 - Amy L. shared that the group met today and discussed the September 30th Regional Meeting. 54 people attended and the evaluations were positive.



- They will start planning for the next Regional Meeting soon. The next meeting is scheduled for November.
- ◆ Alta Board
 - Tom shared that the Board met on September 28th in Davis.
 - Dr. EunMi Cho was voted on as a new Board member.
 - The Board approved an Operations Case Management System Upgrade Contract and a DDS Vacaville Property Acquisition Contract.
 - They also authorized Alta's line of credit with U.S. Bank and accepted the DDS Final Audit Report for the 2020-21 and 2021-22 FYs.
- ◆ ARCA-CAC
 - The next meeting is scheduled for October 27th from 10 to 11 a.m.
- ◆ DDS-CAC
 - They are holding a special meeting on October 16th.

4. **Public Comments/Announcement**



- The next People Planning Together Training is scheduled for October 24th & 25th at Alta's Woodland office. Jacob & Reyva will be assisting with this training.
 - Please help promote this opportunity with clients that may be interested.
 - This training helps clients identify what is going well in their life and what can be improved upon, so that their life is what they want it to be.
 - If you are interested, please reach out to Jacob & Reyva for the link to register.
 - Lisa W. will also email the flyer to CAC members.
- On October 30th, the California Statewide Self-Advocacy Network (SSAN) is hosting an Employment Webinar; registration is required.

The next CAC meeting is scheduled for **Tuesday, November 14, 2023**.
The meeting adjourned at 3:23 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Lori Banales