

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, January 12, 2021
Minutes

Present:

Kimberly Terrell, Chair
Lisa Cooley
Tom Hopkins
Amy Lampe
Michelle Rewerts
Steven Sanchez
Anthony Stone
Karen Young

Visitors:

Jackie Armstrong
George Lewis
Jacie Oakley
Amanda Parker
Ashley Robertson
Cindy Ruder

Board Member:

Kelly Pennington

Absent: (* excused)

Patty Wallace*, Design. Dir.
Michelle Hulse*
Tiffany Johnson*
Romilda Jones*

Staff:

Phil Bonnet, Executive Director
Lori Banales, Deputy Executive Director
John Decker, Director of Community
Services
David Lopez, Client Advocate
Lisa West, Executive Secretary

Facilitators:

Amy Fulk

The Client Advisory Committee (CAC) met at 2:03 p.m. on Tuesday, January 12, 2021, by Webex/teleconference to discuss: 1) Executive Director's Report; 2) Updates; 3) Spotlight – National Core Indicators; and 4) Public Comments/Announcements. All present provided self-introductions.

Without objection, Michelle Rewerts made the motion to adopt the CAC meeting minutes of November 10, 2020 as submitted.

**change in agenda was noted*

1. ***Executive Director's Report***



- Phil hopes that everyone's holidays were fun, but safe; his were very different.
 - Those present shared what they did over the holidays; some spent time with their "pandemic pods".
- He remembers writing a letter to Alta staff saying that we would be closing our offices and working remotely for ten days....now it's ten months later.
- Phil and his management team have been working with Alta's ten county Health Departments that oversee our area to advocate for our clients to have priority in receiving the vaccine.
 - Those individuals that live in long-term care facilities and congregate settings are now receiving vaccinations.
- Alta staff are meeting with service providers to discuss setting up vaccine clinics throughout our catchment area. The more people that get

vaccinated, the less likely individuals will get sick. Phil believes this will likely take some time, so he encouraged everyone to continue being safe.

- Yesterday, three of Alta's Board committees met and strategic planning was a topic of discussion. Phil explained that a Strategic Plan would include the agency's guiding principles and he noted that the CAC's input is critically important to this agency. Your CAC representative will bring this group's ideas to the Board for further discussion. He would like members to think about what Alta could do to provide a better future for our clients. Thoughts include:
 - Improve opportunities for employment
 - Increase housing and transportation options
 - Better assistance clients with transitioning from school
- We have learned a lot during the current health crisis that we may continue to utilize once it is over. Phil often uses the "MBWA" technique (management by wandering around) as the Executive Director of Alta and he misses it.

2. **Updates**



- ◆ Peer Advocacy Network (PAN)
 - David shared information about the National Core Indicators' (NCI's) Quality Assessment Project.
 - The group worked on the agenda and flyer for the March 27th Regional Meeting.
- ◆ ARCA-CAC
 - The next virtual meeting is scheduled for this Friday, January 15th.
- ◆ DDS-CAC
 - Spotlight from two members that were leaving the group.
 - The group held their elections.
 - Received a presentation on "health passports", which documents your health information to assist doctors if you are traveling.
 - The next meeting is scheduled for Wednesday, February 17th, from 10 a.m. to 1:30 p.m.

3. **Spotlight – National Core Indicators w/George Lewis**



- George shared information regarding NCI's Quality Assessment Project.
 - Individuals will be contacted if they are chosen to participate. Answers remain anonymous and participation is voluntary.
 - You may have already heard about this project at other self-advocacy meetings. Please help spread the word.

4. **Public Comments/Announcement**



- Amy L. will be participating in Special Olympics Basketball on January 26th via Zoom. Fitness Classes will also be held January 18th through 20th, beginning at 5:30 p.m.

The next CAC meeting will be on **Tuesday, February 9, 2021**, from 2 to 4 p.m. The meeting adjourned at 3:29 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Phil Bonnet