

Alta California Regional Center
Client Advisory Committee Meeting
Tuesday, January 11, 2022
Minutes

Present:

Amy Lampe, Chair
Patty Wallace, Design. Dir.
Lisa Cooley
Barbara Crow
Tom Hopkins
Tiffany Johnson
Jacie Oakley
Michelle Rewerts
Steven Sanchez
Anthony Stone
Kimberly Terrell
Karen Young

Visitors:

Terry Ajuria
Robert Levy
Ashley Robertson

Absent: (* excused)

Romilda Jones

Facilitators:

Amy Fulk

Staff:

Jennifer Bloom, Associate Client
Services Director
Tracy Brown, Associate Client Services
Director
John Decker, Director of Community
Services
Camelia Houston, Director of Intake &
Clinical Services
Mechelle Johnson, Director of Client
Services
David Lopez, Client Advocate
Lisa West, Executive Secretary

The Client Advisory Committee (CAC) met at 2:04 p.m. on Tuesday, January 11, 2022, by Webex/teleconference to discuss: 1) Executive Director's Report; 2) Housing Presentation; 3) Updates; and 4) Public Comments/Announcements. All present provided self-introductions.

Without objection, Amy Lampe made the motion to adopt the CAC meeting minutes of November 9, 2021 as submitted.


1. ***Executive Director's Report***




- John, the Director of Community Services, was asked to speak on Lori's behalf. Happy New Year – welcome 2022!
- On Alta's website, we have posted our new quarterly "Alta Connections" newsletter, which was released on January 3rd. It's for clients, service providers, staff and our agency's community partners. Each newsletter will feature a talented artist – this addition features Lindsay Platz. Additionally, the newsletter includes a message from Lori Banales, Alta's Executive Director, and features a staff spotlight.
 - John gave a detailed overview of the newsletter.
- COVID-19 is still going very strong in our community.
 - Sacramento County has doubled the positive cases since January 2021.
 - It appears that unvaccinated individuals are more likely to get sick.

- Alta is currently hiring for an Associate Client Advocate, who will work alongside David and provide assistance to clients.
 - Those present provided valuable feedback about qualities to consider for this new position. This individual should be responsible, knowledgeable, hard-working, and know that they are advocating for every client (not just themselves).
 - Jen B. also believes it's important that they are a good listener and someone who looks for new ways to solve issues.
- Alta's Board is beginning the strategic planning process. Lori has asked this committee to choose which strategic focus area that we can develop some activities around.
 - John reminded everyone what the four focus areas are: housing/living options, employment, client and family supports, and community inclusion and engagement.
 - This committee is most interested in housing/living options.
 - Once committee members learn more about Alta's new Housing Access Services, they can act as advocates for other clients.
 - Not everyone is aware of what is available to them. Accessibility, both inside and outside of the dwelling, is important.
 - Possible activities include:
 - Develop videos of different living arrangements that are available to our clients – CAC members can be showcased in these videos.
 - Partner with local housing organizations, seek letters of supports, participate in public testimonies, etc.

2. **Housing Presentation**

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- John gave a brief update on several housing projects that Alta has been working on in the strategic planning focus area discussion.

3. **Updates**

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- ◆ Peer Advocacy Network
 - Amy L. shared that the group met today and discussed plans for the next Regional Meeting, which will be held virtually on Saturday, March 26th, from 10 a.m. to 2 p.m.
 - Presentations will highlight housing and COVID vaccines.
 - They also talked about how each chapter is doing with their virtual meetings.
 - Marysville People First Chapter has been working on transportation advocacy with Peter Mendoza, with the State Council on Developmental Disabilities (SCDD).
 - The next meeting is scheduled for February 8th.
 - ◆ Alta Board
 - Patty shared that the Board met on November 18th.

- The Board approved the 2022 Performance Contract, the 2022 Board Training Plan, the updated Resource Development Policy and the strategic planning process, timeline and focus areas.
- Lori has now been the Executive Director of Alta for six months!
 - She shared that Alta will be releasing a quarterly newsletter in January 2022.
 - She provided the Board with a list of newly opened programs, as well as those programs that have closed since the September Board meeting.
 - She reviewed the September 30th dashboard indicators with the Board – the same dashboard that she reviewed with this group at the November CAC meeting.
- ◆ ARCA-CAC
 - The group continues to discuss housing information that can be shared with clients and families.
 - The next meeting is scheduled for Friday, January 14th.
- ◆ DDS-CAC
 - At the last meeting, two individuals shared their personal stories about domestic violence.
 - The next meeting is scheduled for February 16th.

4. **Public Comments/Announcement**



- David continues to encourage committee members to let him know if they hear about a presentation that might be of interest to the CAC. He would like to keep this group active and provide opportunities to learn about different subjects.

The next CAC meeting will be on **Tuesday, February 8, 2022**, from 2 to 4 p.m. The meeting adjourned at 3:07 p.m.

Lisa West
Executive Secretary

cc: ACRC Board of Directors
Lori Banales