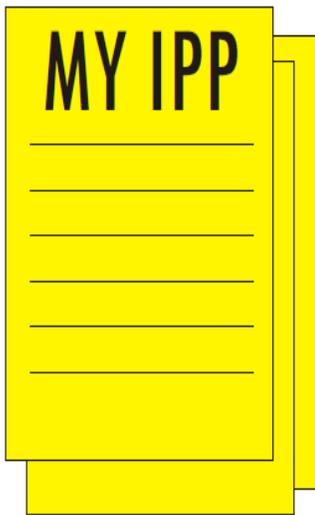


THE SELF-DETERMINATION PROGRAM

The Department of Developmental Services is developing a new program called the Self-Determination Program that will let participants have more control over selecting their services and supports.



HELP MAKE THE CHOICES THAT AFFECT YOUR LIFE

1. Participate in the development of your Individual Program Plan (IPP) through a Person-Centered planning process.
2. Accept greater control and responsibility regarding the services and supports you need to achieve your goals.
3. You will still have a Service Coordinator to assist you. In addition, you may choose to use an Independent Facilitator (IF) to help plan and get services and supports.

YOUR INDIVIDUAL BUDGET

1. You will be given a specific budget to purchase the services and supports that you need to achieve your plan.
2. You must use a Financial Management Service (FMS) vendored by Alta California Regional Center (ACRC) to pay for your services.
3. You will be able to pick which providers or individuals deliver your services. They will require a background check but will not have to be vendored.



**CHANGE
AHEAD** ↑



Steps of the Self-Determination Program

HOW TO GET INFORMATION

- Learn more at www.altaregional.org or www.dds.ca.gov
- Attend an informal session on Self-Determination
- Ask your Service Coordinator to put your name on the “interested list “

HOW TO GET ON THE LIST

1. Attend a mandatory **Self-Determination Information Meeting** organized by Alta California Regional Center (ACRC).
2. After you have participated in the Informational Meeting, if you still think that Self-Determination is a good option for you or your family member, ask your Service Coordinator to put your name on the “**Official List**” of those interested in enrolling in the Self-Determination Program. Being on the list does not guarantee you will be selected as part of the first 2,500 participants statewide.

HOW TO BE SELECTED

1. ACRC will send the “**Official List**” of those interested to DDS.
2. DDS will select the 2,500 enrollees from among those who have attended a **Self-Determination Information Meeting**. The selection takes into consideration regional center, ethnicity, age, gender, disability and diagnosis to ensure those selected represent the statewide regional center population.
3. Those selected will be contacted by ACRC to enroll in Self-Determination Trainings to begin participation in the Program.
4. After the initial three year rollout, all people receiving regional center services will have the choice to participate in the Self-Determination Program.