

Alta California Regional Center
Board of Directors

BOARD POLICY

ALTERNATIVE and COMPLEMENTARY TREATMENTS and PRACTICES

1. Introduction:

Advocates of access to quality health care recognize the availability of alternative and complementary practice and its approaches to the health care for consumers and families [definition by the American Academy of Family Physicians (AAFP)]. The AAFP advocates the evaluation of these alternative treatments and complementary practices through various means, including evidence-based outcomes research, as to their efficacy and effectiveness.

2. Policy:

It is the policy of the Alta California Regional Center that, as in all decisions affecting consumers and their families, the Planning Team is the critical decision-maker as to appropriate services and supports. This is true in considering alternative and complementary treatments and practices. In accordance with the Lanterman Act, the Planning Team will assess the needs of each individual consumer. The Planning Team will evaluate alternative treatments and complementary practices, complete any necessary consultation and explore alternative resources.

Adopted: 5/18/00
Revised: 11/16/00
Reviewed: 11/7/02