



**Alta California**

Regional Center

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Sacramento, CA 95815

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**Alta California Regional Center (ACRC)**  
**Self-Determination Advisory Committee Meeting (SDAC)**  
**Wednesday, May 11, 2022**  
**1:00 P.M. to 3:00 P.M.**  
**Minutes**

<b>Members:</b>	<b>Present</b>	<b>Absent</b>	<p align="center"><b>Legend:</b></p> <p>SA – Self-Advocate            FA – Family Advocate            SP – Service Provider</p>
Benita Shaw, FA	X		
Carmen Delgado, FA	X		
Daniel Meadows, SA	X		
Karen Mulvany, FA	X		
Kelsey Handcock, DRC	X		
Kenya Martinez, FA	X		
Kimberly Terrell, SA		X	
Lisa Cooley, SA (Chair)	X		
Lisa Hooks	X		
Meena Kalyanasundaram, FA		X	
Pam Choh, Community Resource Partner		X	
Tom Hopkins, SA		X	
Tracy Ligtenberg, FA	X		
William Reed		X	
<b>Non-members Present:</b>			
Mechelle Johnson, ACRC Jennifer Bloom, ACRC Tracy Brown, ACRC Johnny Xiong, ACRC Faye Tait, ACRC Kelsey Reyne, ACRC Samantha Carr, PCS Janet Roberts, PCS Jean Onesi, ACRC	Joe Hernandez, SCDD Johnny Granados Melanie Gonzales Marie Delgado Sophia Agafonow, DDS Cindy Le, HCBS Specialist Rachel Palmer Teefy- Progressive Employment Concepts Amanda Pelaccio		

**1. Call to Order by Lisa Cooley, Chair**

Welcome & Introductions (1:17 P.M.) There was no quorum. Agenda items were handled as informational until a quorum was established.

**2. Approval of Agenda & Minutes (from February 9, 2022)—Lisa Cooley**

A quorum was established at 1:45 pm. Chairperson Lisa Cooley requested the committee vote on the approval of the agenda and minutes from the March 9, 2022 SDAC meeting.

**M/S/C** (Daniel/Benita) Made the motion to approve the agenda and meeting minutes of March 9, 2022.

**3. ACRC SDP Updates—Mechelle Johnson, Jennifer Bloom, Tracy Brown & Johnny Xiong**

- a. 024 reimbursement process for Independent Facilitator (IF) or Person Centered Planner (PCP):
  - ❖ Jean Onesi CSS Manager (j.onesi@altaregional.org)-addressed the question, does one need to be vendored to provide a Person Centered Plan (PCP)?
    - Yes, because service code 024 requires vendorization. There is a minimal application to fill out so ACRC can pay you as a vendor. DDS confirmed the ACRC approach is correct. Tracy Brown recommended that IF/PCPs living and working in Alta's catchment area contact Community Services immediately to initiate vendorization under 024, so reimbursement does not get held up.
    - If you are an IF/PCP that lives outside of Alta's catchment area, but are working with Alta Clients, it is recommended that 024 vendorization first be completed by your local regional center.
    - Vendorization outside of your regional center's catchment area is considered a courtesy vendorization. ACRC will reach out to gather the necessary documents to complete the vendorization/courtesy vendorization request.
    - Once a(PCP) is vendored they will sign up for our E-billing process. Accounting Department can assist with the e-billing

sign-up process. <https://www.altaregional.org/accounting-billing-current-service-providers>

- o Questions- Contact Community Services Department [vendorrequest@altaregional.org](mailto:vendorrequest@altaregional.org). Allow 30-45 days for processing. If longer than 30-45 days reach out to Mechelle or Jean.
  - o Question- If the IF is preparing a PCP for a client, the IF should contact the Service Coordinator to submit the 024 request? Answer: If the IF is not actively working with an SC or client then IF should go to our website and submit a letter of interest/intent to become vendored for PCP/IF. Courtesy vendorization does not need to be client-specific.
  - o For billing or service questions contact Kelsey Reyne in CSS at [kreyne@altaregional.org](mailto:kreyne@altaregional.org)
- b. Social Recreation & HCBS Compliance – Cindy Le, ACRC HCBS Specialist ([cle@altaregional.org](mailto:cle@altaregional.org))
  - ❖ DDS released new guidance for SDP and HCBS on March 17, 2022, outlining specific situations and categories needing assessment.
    - Family, clients, and provider complete the assessment tool together; available in several languages on DDS' website
    - Client, family, and provider will check off if they agree, sign, then provide a copy to the regional center and FMS
    - If not in agreement, or regional center has concerns about compliance, HCBS Specialist will be contacted to work with provider
    - An assessment is required if the setting is designed to serve groups of individuals with developmental disabilities, vendored or non-vendored
    - These are just examples and should not be used to determine if a setting needs to be assessed or not. The planning team or clients and families should assess and discuss specific settings/services based on each individual's needs before determining if an assessment is necessary.
  - ❖ Where service falls in each category below will depend on how it is set up

- **Not disability-specific and not congregated:** No assessment necessary, but do ensure person-centered practices are respected. Examples: Paint night, karate class, swim class, and gymnastics where it's designed for people of all ages and abilities. Anyone with an interest can take the classes.
- **Congregated, but not disability-specific:** No assessment necessary. Examples: ski lessons, golf lessons (Eagles Golf), city soccer, and some summer day camps for kids. These programs also offer activities to the greater community
- **Disability-specific, but not congregated:** No assessment necessary. Examples: Adaptive swimming with an instructor, but in a public pool or in an open group lesson. Specialized tours, trips for individuals with disabilities to Disneyland, etc. Supported Life Conference, TASH conference
- **Disability-specific and congregated:** Do assess. Examples: Some overnight camps, hippo therapy, art classes being provided to individuals with disabilities at a non-licensed site, some music therapy services designed for individuals with disabilities. Gigi's play house- services designed specifically for individuals with Down Syndrome, located in Roseville. Dream Catchers- has a theater and glass making classes designed specifically for people with disabilities, PEERS.
  - Benita Shaw/Lisa Cooley-further discussion or clarification regarding specific situations for CAMP or Out of Home Respite should be addressed to the Service Coordinator. ACRC will provide support and guidance to our SCs and Client Service Managers.

#### **4. Grant Funding Sub-Committee Update—Benita Ayala**

- Leap of Faith  
Virtual bootcamp meetings have been scheduled for June and will be funded using SDAC dollars. There will be morning and evening sessions. A flyer was shared on May 10th.

#### **5. Translation Services Update**

- Kelsey Handcock- No updates at this time.

**6. Committee Vote to hold one SDAC meeting in the evening, per quarter and approve dates and times for these meetings**

- Update-Tabled until the legislature decides on the Bill impacting Bagley Keene meeting requirements to continue remote meetings. Evening meetings will be hybrid: remote or in person. **M/S/C** (Kenya/Karen) Kenya motioned to table the item until the Bill is passed.

**7. Progressive Employment Proposal-Presentation for use of Implementation funds followed by Committee Vote**

- Update-Rachel Palmer Teefy- Independent Facilitator discussed a proposal to train more Independent Facilitators.
- Still a need for Independent Facilitators.
  - **Person-Centered Thinking Training:** We propose holding two of these trainings (maximum of 30 people per training). Each training will consist of 6, 3-hour sessions. This training focuses on empowering individuals receiving supports to have the most positive control over a life that they find meaningful.
  - **Person-Centered Plan Facilitation Training:** We propose holding two of these trainings (maximum of 30 people per training). Each training will consist of 4, 2-hour sessions. This training will provide an overview of the philosophy behind person-centered planning, planning requirements, the various approaches to planning, and the role of the facilitator.
  - **Independent Facilitation Training:** We propose holding four of these trainings (maximum of 30 people per training). Each training will consist of 4, 2-hour sessions. This training will provide an overview of the role of the Independent Facilitator, led by the team of Independent Facilitators at Progressive Employment Concepts and individuals who are currently participating in Self-Determination.
    - The IF will receive a certificate of completion. DDS is working on certification requirements for IF's.
    - Karen asked a question about some IFs that choose to not support client's with negotiating contracts for Service Providers.
    - Rachel's response was that negotiating contracts is part of the IF's training.
- Benita suggests-this item be reviewed by the committee and to be tabled for the next meeting.
- Karen asked for the proposal to be attached to the next agenda so the SDAC can vote on it.

**8. Committee discussion on the idea to identify unmet service needs for potential SDP providers (Tracy, Karen); Committee Vote**

- Update-Karen Mulvany - to create a way to gather and combine SDP participants' data on needed SDP services and share. The goal is to create a single page for businesses that are interested in providing those services, and help Participants and their IFs to connect with them.
- Suggestion by Tracy Brown- Independent Facilitator can make the process easier for providers and should help with this. Post needed services by SDP service codes.
- Karen Mulvany- Will need a vote to establish a subcommittee.
- Mechelle Johnson- ACRC is here to provide assistance.
- Tracy Brown- Suggest SDP network website to look at what is available. Karen might draft information on the demand for services and possibly pair with service provider SDP network websites to pinpoint where services are needed.
- This will be a standing agenda item moving forward.

**M/S/C** (Karen/Kenya) Made the motion for the SDAC to form a subcommittee to pursue the idea to identify unmet service needs for potential SDP providers.

**9. Plan for drafting and timing of SDP Progress Reports and Recommendations – discussion and Committee Vote**

- Karen shared that we sent an ACRC SDP progress reports with recommendations at the beginning of this year.
- It was sent to DDS and ACRC to show the program growth. Karen to draft a report for the first half of 2022 and will share it at the next meeting.

**10. Update on SDAC Ad Hoc Committee**

- Karen Mulvany- Committee voted to dissolve the Ad Hoc Committee and it will no longer be a standing item on the agenda, but individuals involved with this work may report to the SDAC as issues and requests arise.
- Herman Kothe and Karen Mulvany will present at the Provider Advisory Committee on June 9.

**11. Action Items pending from prior SDAC meeting:**

- Action items to be deferred to the next meeting.
  - a. Rachael Palmer to provide update on PEC SP services.

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- b. Discuss and vote on holding a quarterly evening SDAC meeting.
- c. Share date of additional Leap of Faith Boot Camp Orientation.
- d. Discuss social/recreational services and how that is reflected in SDP. (ACRC approved new policy at recent Board meeting, waiting on DDS approval of policy).
- e. Discuss funding for \$2500 for PCP/getting into SDP. Is it for Person Centered Planning, Independent Facilitation, or both?
- f. Who should be assigned to draft up regular progress reports from ACRC to DDS?
- g. DDS directive issued 11/4/2021 at: [https://www.dds.ca.gov/wp-content/uploads/2021/11/Participant\\_Choice\\_Specialists\\_October\\_2021.pdf](https://www.dds.ca.gov/wp-content/uploads/2021/11/Participant_Choice_Specialists_October_2021.pdf)
- h. Committee to decide priority areas for SDP implementation funding. Should this be disused with a sub-committee or form a committee?

### **12. Public Comment Period**

### **13. SDAC Member Comment Period**

- Kenya- DREDF is cosponsoring Bill 1663, Supportive Decision-Making which is an alternative to conservatorship.
- Carmen Delgado- is looking for SLS services. Twice last week she received comments from service providers not knowing about SDP or how to bill for services. She asked a question: are others experiencing this? Carmen will follow up with the Ombudsman's office.

### **14. Future Dates for 2022 SDAC monthly meetings:**

- June 8, 2022, 1-3 pm
- July 13, 2022, 1-3 pm
- August 10, 2022, 1-3 pm
- September 14, 2022, 1-3 pm
- October 12, 2022, 1-3 pm
- November 9, 2022, 1-3 pm

### **15. Identify agenda items for next meeting**

- A. Rachel Palmer- How are average rates determined?

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- B. *How will the rate study be implemented in SDP budgets?*
- C. *When a family has created their own PCP, but wants to hire an IF, can they use the \$2500 in initial funding for Independent Facilitation only?*

**16. Meeting adjourned at 3:14 PM**