

**Alta California Regional Center (ACRC)
Self-Determination Advisory Committee Meeting (SDAC)
Wednesday, November 4, 2020
1:00 P.M. to 3:00 P.M.
Minutes**

Members:	Present	Absent
Lisa Cooley, SA	X	
Joyce McNair, FA	X	
Benita Ayala, FA	X	
Kelsey Handcock, DRC	X	
Daniel Meadows, SA		X
Karen Mulvany, FA	X	
Kenya Martinez, FA	X	
Kimberly Terrell, SA		X
Luis Rivera, FA		X
Meena Kalyanasundaram, FA		X
Niccole Pitz, FA		X
Tom Hopkins, SA		X
Teresa Schmalz, FA	X	
Others Present:		
Lori Banales, ACRC Brittany Mangum, ACRC Mechelle Johnson, ACRC Tracy Brown, ACRC Jennifer Bloom, ACRC David Lopez, ACRC Herman Kothe, ACRC	Joseph Hernandez, SP Sonya Bingaman, SCDD Joe Martinez, SP	Carmen D., PA Daniel W., SP Valerie B., SP Nicole D., SP Carol H., SP
Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider		

1. Call to Order by Lisa Cooley, Chair

Welcome & Introductions (1:00 P.M.)

2. Approval of Agenda & Minutes (from September 9, 2020)

It was moved/seconded and carried to approve the agenda and minutes with the following changes. No Abstentions.

The following changes will be made to the minutes from 9-9-20:

- The name Nicole D. was listed twice as an attended and the duplication will be removed
- Karen Mulvany's title will be changed to reflect she is a member Sacramento RAC
- Page 3, add "However the PCP process must be used to develop the IPP under SDP. The written plan is not a requirement, but is what many clients choose to do."
- Page 4, the link will be added under "link below."

3. SDP General Information Update— Mechelle Johnson, Jennifer Bloom, & Tracy Brown, ACRC

One of our SDAC members has resigned. Karen Mulvaney, a member of Sacramento RAC, has joined SDAC. Karen as been a continuous participant in the SDAC.

There are currently six clients in SDP

- PCP-9 completed, In progress 7
- Budget-completed 6, In Process 2
- Spending Plan completed 4: In process 5
- FMS completed 6; In process 2
- SDP IPP Completed 6, In Process 2

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FMS vendored agencies:

- Aveanna (formerly Premiere)
- Community Interface Services (CIS)
- GT Independence, and ARCC Center
- Tracy Stein vendored (to serve 1 client at their request)

Not vendored but on the DDS website:

- Mains'I and The Emelyn Group.

There are four Agencies in various stages of the vendorization process for PCP.

September 28th and 29th, Jen Bloom participated in the GT Independence Webinar: Self-Determination Lunch and Learn.

Trainings since the September meeting:

- October 29th, SPD Budget and Spending Plan training provided by Aveanna & Autism Society-SCLARC
- October 20th, ACRC Hosted Aveanna FMS Community Training
- October 15th, SCDD HCBS Residential Meeting
- October 5th, ARCA (North/South) Regional Centers SDP Meeting
- October 2nd, ACRC/DDS SDP Meeting
- Oct 19th & Sept 21, ACRC HCBS SDP work group
- September 29th, ACRC/GT Independence Meeting

Thirteen clients in the DDS second pull have not completed orientation. An Everbridge message was sent on October 6th encouraging clients/families to schedule orientation.

Of the 88 clients in the DDS second pull, 48 have declined indicating current services are meeting their needs, "lots going on." as well as "waiting until its available to everyone." There were 2 no response, 1 "focusing on new job," and 4 cases closed/inactive.

Client Services Managers are adding a monthly SDP discussion topic in unit meetings across the agency. SDP Tools was a topic on the agenda

for a Client Services Manager meeting last month, but due to time constraints, Jen did not present and planned to email. However, the information seems too detailed to simply share via email. Our next step is to present to our managers on the individual budget, using the DDS FAQ, and supplementing with the ACRC SDP Implementation Process document.

As of now, there is no indication from DDS if there will be a 3rd pull for the rollout of SDP.

4. ACRC's Next Steps (A Work in Progress) – Joyce McNair

The document, ACRC Next Steps, has not needed updating, so it is current.

Progressive Employment Concepts is now doing the Person-Centered Thinking Training and had their first training on 11/3. All 20 spots were quickly taken by family members, ACRC SCs, direct support professionals, and program managers. Several folks are interested in SDP. The last session will be Thursday 11/19. Progressive will start to plan for the Independent Facilitator training which will take place during the months of January and February.

5. SDP Virtual Resource Fair—Mechelle Johnson

There is a forum for people to share their successes and ask questions. Mechelle presents this idea to the group as something we can hold. This is a great way to get people together and motivated.

There is a positive response to the idea. Mechelle will gather more information to get this idea into an action. Sonya volunteers to host this on Zoom.

Will vendors or community members be included in this Resource Fair?
This will be open to anyone who is interested.

Will this be hosted solely by ACRC or will there be help from Committee?
Mechelle thinks it would be a good idea and would like to partner with SDAC to host this. Lori proposes an idea as who to open it up to everyone, but does not want to overwhelm the system. We need to come up with pieces that people can "start" with before they actually begin SDP and have things they can do prior to.

Should we host one for just participants and another for potential participants?

We need to figure out how to do this in a proactive way, but with efficiency. We currently have 6 people who are in SDP. We are still learning how to make this run smoothly.

Karen acknowledges that SDP will evolve and change. How are service providers going to learn how to adapt with an ever changing/evolving program? This is going to be questions providers will have.

It would be good to have input from those working directly with the 6 participants.

Sonya recommends after the Virtual Fair, to host a monthly training as people start hearing more about SDP.

It would be helpful if there was a timeline for this process. There is a timeline an FMS agency (Aviana) and Joyce will make sure that is distributed. Aviana is willing to share their timeline.

Lori would like to get together to figure out what trainings would look like and who should be invited. There could be 2 meetings- one open for ideas and another to get a plan together. ADHOC group volunteers: Karen, Lisa, Benita, & Carmen Delgado

6. Zoom Update for Committee Meeting—Benita Ayala

Sonya will host these meetings starting in January and share the links with Brittany to put on ACRC's website as well as in the agendas.

Dates need to be determined for interviews for the People Planning Together Training. Kenya, Daniel, and Lisa are on this committee. Kenya recommends conducting the interviews on a Friday. Lisa is available on both Friday and Saturday.

7. Public Comment Period- Public

Kenya let the group know that Disability Rights, Education, and Defense Fund will serve as the Parent Training Information Center in the Sacramento Region. Warmline will serve as the Family Resource Center. Families should call DREDF if they are seeking technical information and training for families regarding their child's IEP.

The IF list is available and Sonya will share this. There are no providers that specifically say "Sacramento." This will be a work in progress and will consist of providers who would like to be on the list. There are providers on the list from across the state. If you know of anyone who

would like to be added to this list, please contact Sonya. There is no verification conducted to be placed on this list. The requirements to be an Independent Facilitator are very minimal- if you have attended a 2-hour training, then you are qualified.

There are 2 State Council SDP Groups hosted online. These are great to follow if you or someone you know is interested in SDP. It is a good resource for seeing and sharing forums.

Lori explains there is no linear timeline for the Regional Center. She will work with Herman to try to depict something that would show potential SDP timelines.

Joyce motions to change the time for SDAC meetings to 1-3 pm instead of 10 am -12 pm. Karen seconds this motion.

8. Identify agenda items for next meeting:

- Description of SDP on ACRC's Website

9. Dates for Future Meetings:

- January 13, 2021, 1 PM- 3 PM
- March 10, 2021, 1 PM- 3 PM
- May 12, 2021, 1 PM- 3 PM
- July 14, 2021, 1 PM- 3 PM
- September 8, 2021, 1 PM- 3 PM
- November 10, 2021, 1 PM- 3 PM

10. Meeting adjourned at 2:32 PM

