

# **MHSA Addiction Recovery Joint Taskforce Meeting**

**Monday, July 9, 2012**

**9am-11am**

**Alta California Regional Center**

**2241 Harvard Street**

**Sacramento, CA 95815**

## **In attendance:**

### **ACRC:**

John Decker, Herman Kothe, Maureen Paine, Darline Dupree, Olivia Balcao, Jessica Romero, Dianne Kelley, Valarie Oldham, Mechelle Johnson, Tim Kuwazaki, Christina Lane, Lori Goselin-Kelly, Patti Diamond, Kevin Simpson, Maureen Paine, Rochelle Baiocchi

### **Non-ACRC:**

Lisa Fitzpatrick, CRC Health Group; Rene Oliver, MAAAP; Barbara Brown, Telecare; Valle Norte ACT; Lisa Beintker, ARPW; Tianna Roye, Bridges; Mike Smith, Bi-Valley Medical; John de Miranda, Consultant

### **Introductions, Purpose of MHSA Addiction Recovery and Developmental Disabilities Training Grant and Joint Task Force, Current Progress**

- Meetings for the Joint Task Force are going to be held quarterly instead of monthly
- John Decker provided an update on the progress of the MHSA grant (Joint Task Force has been developed, AOD agencies have been interviewed in the form of a needs assessment for training providers, an RFP for a peer mentoring program has not been released yet). We are starting year two of a three year grant.
- Goal of today's meeting was given as focusing on creation of curriculum for AOD providers. Feedback was encouraged from all attendees.

### **Discussion of Vendorization process at ACRC**

- John Decker and Olivia Balcao discussed the vendorization process at ACRC. Explained that it is not required for an RFP to be in place for development to occur. Many AOD agencies indicated during their interviews that they may be interested in becoming vendored w/ ACRC.
- Vendors must provide a specialized program for our clients. There is funding to provide these services as long as we can insure that the curriculum, teaching method, etc. is specifically geared toward clients with developmental disabilities.

- The first step for vendorization is to contact Community Services and Supports. Manager Jean Onesi's name was provided along with her email address [jonesi@altaregional.org](mailto:jonesi@altaregional.org). Olivia explained the interview process that is involved prior to vendorization. A Community Services Specialist will guide the prospective vendor through the process to include assisting in the development of the program design.

### **Status of Vendorization for Strategies for Change**

- Strategies for Change is located in South Sacramento and is currently serving our population
- They are developing outpatient drug treatment groups that are specialized for our population.
- They are in the program design phase of vendorization and are in the process of making revisions.
- After completion of their program design we will work on developing their rate. It is projected that their vendorization will be completed by the next Joint Task Force Meeting on October 15, 2012.

### **Outreach to AOD Agencies Leadership**

- John Decker reported that he attended the Executive Directors Meeting held in May 2012. This group consists of Executive Directors of AOD agencies from Sacramento County and is held at the Sac Co. AOD Office. John presented information to this group about the MHSA Grant.
- At the Executive Directors meeting the AOD providers were encouraged to participate in the Joint Task Force and needs assessment interviews at their agencies in the month of June.
- Project Consultant John de Miranda, described the needs assessment interviews that were held. Mr. de Miranda and John Decker met with eight directors with an overwhelmingly positive response to receiving training regarding substance abuse and developmental disabilities. The directors understood that this project could help improve the competencies of their employees not just with individuals with developmental disabilities but also for others with cognitive disabilities or limitations.
- The needs assessment showed that there was considerable interest in learning about ACRC and the services provided here. Also, how they might be able to help their clients reconnect if they had been regional center clients in the past. Many clients have children who may require services. Those clients with children suffering from fetal alcohol syndrome, premature birth, severe low birth weight may qualify for Early Intervention Services.
- Discussion with the providers included: The need to define AOD issues in more concrete terms for a population that is developmentally delayed. An understanding that people with substance abuse issues may have had traumatic brain injuries tied to their substance abuse (accidents, etc.) Many providers disclosed that they simply were not aware of the entrance criteria for ACRC.
- Overall the agencies were eager to have in-service trainings for their staff.

### **Development of In-Service Training for AOD Agencies:**

- Discussion led by Consultant John de Miranda regarding upcoming trainings to AOD agencies. Mr. de Miranda indicated that agencies disclosed that a typical training would be one to two hours long. He also shared that North Bay Regional Center had done a labor intensive study that found that 250 of their clients would benefit from treatment.
- The agencies indicated it would be helpful if a brief screening tool for counselors or other staff to use to determine if an individual may have a developmental disability could be developed. SC Christina Lane indicated that she could contact a school district she works with to see what instrument they're using. Director Balcao indicated that law enforcement uses a tool that may be found in their Police Officers Standards and Training's (POST) materials. John Decker will follow up with Sacramento County Jail Psych Services and see what tool they're using. John Decker will also follow up with ACRC's intake department and see what they're using. Supervisor Kevin Simpson indicated that he can check with the National Association for Dual Diagnosis as they may have helpful information.
- Discussion about creating our own tool with the following types of questions: "did you have problems in school" "highest grade completed" "were you in special education" "did you have an IEP" "did you have a head injury or high fever as a child" "are you a regional center client"
- The providers in attendance indicated they felt the tool would be helpful. Screening tool will be introduced after the trainings for providers have been done.
- It may be helpful to include Alta workers in intake appointments with agencies. It would also be beneficial to let the agencies know what kind of vendors that we fund for our clients (residential service providers, ILS workers, etc.)
- Outline of information to be provided during training:
  - What is developmental disability
  - Regional center services, EI services, eligibility,
  - Developmental services terminology cheat sheet
  - Use of case studies
  - Adapting curriculum, counseling method to work with individuals with developmental disabilities.
- Trainings could be videotaped and later provided online
- Members of the Joint Task Force that work for ACRC were encouraged to volunteer to participate in the trainings.

### **Development of In-Service Training for ACRC Service Coordinators**

- ACRC Training Supervisor Patti Diamond answered questions and presented information about providing an In-Service training for ACRC Service Coordinators regarding substance abuse related issues. Patti indicated that free training is always needed and that ACRC tries to offer one training a month for staff. ACRC also tries to give a month's notice before the trainings start. ACRC is in the process of

receiving new software to create online training modules that may be able to be utilized for this training grant.

- Tianna Roye from Bridges indicated that their agency frequently provides training to CPS and they would be able to provide training at ACRC. Tianna will be in contact with Patti Diamond and setting up these trainings will be a discussion point at the next meeting.
- It would be helpful to have cheat sheets with different abbreviations and acronyms utilized by the AOD providers. List of substances – signs for SCs to be aware of & list of contact people that Service Coordinators from Alta could utilize.

**Next Meeting October 15, 2012 @ Alta California Regional Center 9am**

- John de Miranda and John Decker will provide the **proposed curriculum for training AOD providers** in advance of the next meeting so that it can be reviewed and finalized. Volunteers will be solicited to participate in the trainings for AOD providers.
- We will share the information we learned over the prior months and put it toward developing a user friendly **screening tool**.
- John Decker will talk to North Bay Regional Center to get information about how they conducted their study on clients needing AOD Treatment.